

# Lexington Activities Calendar October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM AHOY 9:30 Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Crafter's Circle 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>3</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 10:00 AM Bean Bag Toss <b>10:45-11:45 AM 4 Ever Fit</b> 12:00-2:00 PM Indoor Walking Club 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30-4:30 PM Mahjong Club 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>4</b> 8:00-4:30 PM Billiards <b>8:30 AM -12:30 PM Remarkable You Health Screening</b> 8:00-4:30 PM Fitness Room 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Bridge <b>2:00-4:00 PM Matter of Balance</b> 2:00-4:00 PM Legal Aid (appointment only) Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>5</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Dancercise <b>10:45-11:45 AM 4 Ever Fit</b> 12:00-2:00 PM Indoor Walking Club <b>12:00-12:45 PM Chair Yoga</b> 1:00-4:00 PM Canasta <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, Cards Outdoor Walking Trail	<b>6</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM Fit-Wise 12:00-2:00 PM Indoor Walking Club 11:30 AM-4:30 PM Table Tennis 12:30-4:30 PM Rook Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail
<b>9</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM AHOY 9:30 Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Crafter's Circle 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>10</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00 AM-11:00 AM Blood Pressure Checks 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss <b>10:45-11:45 AM 4 Ever Fit</b> 12:00-2:00 PM Indoor Walking Club 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>11</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Bridge <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>12</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Dancercise <b>10:45-11:45 AM 4 Ever Fit</b> 12:00-2:00 PM Indoor Walking Club <b>12:00-12:45 PM Chair Yoga</b> 1:00-4:00 PM Canasta <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, Cards Outdoor Walking Trail	<b>13</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM Fit-Wise 12:00-2:00 PM Indoor Walking Club 11:30 AM-4:30 PM Table Tennis 12:30-4:30 PM Rook Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail
<b>16</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM AHOY <b>9:00-11:00 AM Computer 202</b> 9:30 Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Crafter's Circle 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>17</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation 2:30-4:30 PM Mahjong Club Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail Food and Nutrition Services and Medicaid (by appointment)	<b>18</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY <b>9:00-11:00 AM Computer 202</b> 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Bridge <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>19</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Dancercise 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Canasta 2:00-4:00 PM Senior Singles Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>20</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM Fit-Wise <b>9:00-11:00 AM Computer 202</b> 12:00-2:00 PM Indoor Walking Club 11:30 AM-1:30 PM Table Tennis 12:30-4:30 PM Rook <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail
<b>23</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM AHOY <b>9:00-11:00 AM Computer 202</b> 9:30 Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Crafter's Circle 1:30-2:30 PM Yo-Chi Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>24</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 12:00-4:00 PM Massage Therapy (by appointment) 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>25</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:00-10:00 AM AHOY <b>9:00-11:00 AM Computer 202</b> 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Bridge <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>26</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Dancercise 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Canasta <b>2:00-4:00 PM Matter of Balance</b> Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>27</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM Fit-Wise <b>9:00-11:00 AM Computer 202</b> 12:00-2:00 PM Indoor Walking Club 11:30 AM-4:30 PM Table Tennis 12:30-4:30 PM Rook Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail
<b>30</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 8:00-11:00 AM Computer Lab 9:00-10:00 AM AHOY <b>9:00-11:00 AM Computer 202</b> 9:30 Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 1:00-4:00 PM Crafter's Circle <b>2:00-4:00 PM Aromatherapy</b> Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail	<b>31</b> 8:00-4:30 PM Billiards 8:00-4:30 PM Fitness Room 9:30-10:30 AM Bingo 10:00 AM Bean Bag Toss 12:00-2:00 PM Indoor Walking Club 12:30-4:30 PM Rook 1:00-2:00 PM DVD Exercise 1:30-3:30 PM Senior Chorus 2:30 PM Fitness Room Orientation Book Exchange, Puzzles, Games, and Cards Outdoor Walking Trail			