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Announcement: Ribbon Cutting for New Walking Trail at Lake Thom-A-Lex

Thomasville, NC – On May 3, 2017, the Davidson County Board of Commissioners held a ribbon cutting at Lake Thom-A-Lex Park in Thomasville. The event was to highlight the completion of the new 1.1-mile walking trail along the lake. The walking trail is an initiative in the Lake Thom-A-Lex Master Plan and was recently completed after three years of intermittent volunteer work. Along with several members of the Board of County Commissioners, there were representatives from the Cities of Thomasville and Lexington, the Lake Thom-A-Lex Commission, the Davidson County Parks and Recreation Commission and TRIP in attendance at the ribbon cutting. The initial speaker was Jen Hames, Health Promotion Coordinator with the Davidson County Health Department. She thanked the volunteers involved with this project for their hard work and stressed the importance of having a new opportunity for physical activity in Davidson County. “67% of county residents are either overweight or obese and this is another strategy to help our residents get the recommended amount of daily physical activity”, said Hames. The Park is owned by the Cities of Lexington and Thomasville, and is the water reservoir for both cities. Davidson County Parks and Recreation Department operates the Park. The park has had many improvements over the past few years.

The park also has four picnic shelters that are available to rent during the week and on weekends. Many area families take their children to the playground at the park. The park is well known for its great bass and crappie fishing.

Current improvements include: a new boat launch pier, new educational trail that is 1.1 miles long, and kayak rentals.