



555-B West Center Street Ext. • Lexington, NC • 27295

Tel: 336.242.2290 • Fax: 336.236.7515

211 West Colonial Drive • Thomasville, NC • 27360

Tel: 336.474.2754 • Fax: 336.236.7521

Thessia Everhart-Roberts, B.S., M.A.  
*Director of Senior Services*

# COMMUNITY DIRECTORY FOR AGING RESOURCES

Davidson County Department of Senior Services

2019

555-B West Center Street Extension, Lexington, NC 27295 | (336) 242-2290

211 West Colonial Drive, Thomasville, NC 27360 | (336) 474-2754

[www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)

Email: [seniorservices@davidsoncountync.gov](mailto:seniorservices@davidsoncountync.gov) • Web: [www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)





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## EMERGENCY NUMBERS

Ambulance .....	911
Animal Control .....	(336) 249-0131
Community Health & Human Service Resources ...	211
Directory Assistance .....	411
Fire .....	911
North Carolina Road Conditions.....	511
Police.....	911
Poison Control .....	1-800-222-1222

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Phone: (336) 474-2754  
Fax: (336) 236-7515

## PERSONAL NUMBERS

Hospital: \_\_\_\_\_

Doctor: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

Power Company: \_\_\_\_\_

Water Company: \_\_\_\_\_

Relative: \_\_\_\_\_

Neighbor: \_\_\_\_\_

## ABUSE AND NEGLECT

### **Davidson County Adult Protective Services**

*Accepts reports of abuse, neglect, and exploitation of adults age 18 and over*

Location: 913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2839

Website: <https://www.co.davidson.nc.us/407/Adult-Protective-Services>

Hours: Monday - Friday: 8:00am – 5:00pm

After Hours, Weekends, Holidays: (336) 249-0131 - ask for on-call social worker

### **Family Services of Davidson County**

*Provides counseling for domestic violence victims, addictions, anxiety, stress, sexual assault support & assistance; family counseling, credit counseling. Services are provided through insurance, sliding scale fees, grant programs and Employee Assistance Programs.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Website: [www.fsd.org](http://www.fsd.org)

Hours: Monday – Thursday: 8:30am – 7:00pm

Friday: 8:30am - 3:00pm

## ADULT DAY CARE / ADULT DAY HEALTH

### **Carolina SeniorCare / PACE Program**

*Program of all-inclusive care for the elderly with chronic care needs*

Location: 802 East Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: 1-833-223-4476 TTY: 1-800-735-2962

Website: [www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

Email: [Info@CarolinaSeniorCare.org](mailto:Info@CarolinaSeniorCare.org)

Hours: Monday – Friday: 8:00am – 5:00pm; Access to care is available 24 hours/day

### **The Life Center of Davidson County**

*Provides quality day care and day health for older adults and impaired adults*

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

Hours: Monday – Friday: 7:15am – 5:30pm

## ADVOCACY

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person; advocates for and educates seniors*

Location: 1513 Sunday Drive, Suite 312, Raleigh, NC 27607

Phone: (866) 389-5650

Website: [www.aarp.org/nc](http://www.aarp.org/nc)

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias*

#### **Charlotte Office**

Location: 3800 Shamrock Drive, Charlotte, NC 28215

Phone: (704) 532-7390

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Toll-Free: 1-800-228-8738

TDD: 1-866-403-3073

24/7 Crisis Line: 1-800-272-3900

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

### **Disability Rights NC**

*Serves children and adults with disabilities living in NC; provides advocacy and legal services at no charge for people with disabilities living in North Carolina*

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: (919) 856-2195

Toll-Free: 1-877-235-4210

TTY: 1-888-268-5535

Website: [www.disabilityrightsn.org](http://www.disabilityrightsn.org)

Email: [Info@DisabilityRightsNC.org](mailto:Info@DisabilityRightsNC.org)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Division of Health Service Regulation – Complaint Hotline**

*Oversees medical, mental health and long-term care facilities and emergency medical services to ensure safe and appropriate care is being administered; complaints may be shared with this unit via phone, fax or postal mail*

Location: Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699-2711

Phone: 1-800-624-3004, Monday – Friday, 9:00am – 12:00pm and 1:00 – 4:00pm

Fax: (919) 715-7724

Website: [www.ncdhhs.gov/dhsr/ciu/filecomplaint.html](http://www.ncdhhs.gov/dhsr/ciu/filecomplaint.html)

### **NC Senior Tar Heel Legislature**

*Promotes citizen involvement and advocacy concerning aging issues before the NC General Assembly; there is one delegate to the Senior Tar Heel Legislature from each of the 100 counties in the state*

Website: <http://ncseniortarheellegislature.org/index.html>

### **Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program**

*An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of Nursing and Adult Care Home residents.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Website: <https://www.ptarc.org/services/area-agency-on-aging/long-term-care>

Ombudsman: Davidson County Representative  
Hours: Monday – Friday: 8:30am – 5:00pm

## ANIMAL RESOURCES

### **Animal Control**

*Controls abandoned and unattended animals*

Website: <https://www.co.davidson.nc.us/155/Animal-Control>

Phone: (336) 249-0131 Trap Requests: (336) 242-2904

Hours: Monday – Friday, 8:00am – 10:00pm

### **Davidson County Animal Shelter**

*Protects, feeds and houses the stray, injured, abused or unwanted animals in the county*

Location: 490 Glendale Road, Lexington, NC 27292

Phone: (336) 357-0805

Website: <https://www.co.davidson.nc.us/149/Animal-Shelter>

### **The Humane Society of Davidson County**

*Advocates for animals, provides spay & neuter assistance and transport, offers a sick & injured fund and a pet food pantry; investigates animal cruelty cases and hosts adoption fairs. Pet food pantry is available the 1<sup>st</sup> Wednesday of each month from 1:00 – 2:00pm.*

Location: 108 Hamilton Road, Lexington, NC 27295

Mailing Address: P.O. Box 1791, Lexington, NC 27293

Phone: (336) 248-2706

Website: [www.humanesocietyofdavidsoncounty.org](http://www.humanesocietyofdavidsoncounty.org)

Email: [DavidsonHumane@yahoo.com](mailto:DavidsonHumane@yahoo.com)

## BEREAVEMENT & GRIEF SERVICES

### **Family Services of Davidson County**

*Provides individual, couple, family and group counseling services to all ages*

Location: 1303 Greensboro Street Ext, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Website: [www.fsdco.org](http://www.fsdco.org)

Hours: Monday – Thursday: 8:30am – 7:00pm, Friday: 8:30am - 3:00pm

### **Hospice of Davidson County**

*Provides programs that help individuals move toward an appropriate grief response and adjust to a loss; provides individualized grief counseling on site and in the home*

Location: 200 Hospice Way Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: 1-800-768-4677

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Trellis Supportive Care, Winston-Salem**

*Provides individualized and group grief counseling services*

Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: (336) 768-3972

24/7 Toll-Free: 1-888-876-3663

Website: <https://www.trellissupport.org/>

## BLIND & VISUALLY IMPAIRED

### **EyeCare America**

*If you are a U.S. citizen or legal resident age 65+, have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care, you may be eligible for free eye care services. If eligible, you can schedule a free comprehensive eye exam with a participating ophthalmologist. The program does not cover the cost of eyeglasses, prescription drugs, hospital services or fees from other medical professionals.*

Phone: 1-877-887-6327 Monday – Friday, 5:00 – 9:00am

Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

Email: [eyecareamerica@aao.org](mailto:eyecareamerica@aao.org)

### **NC Library for Blind and Physically Handicapped**

*Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual or physical disability.*

Location: 1841 Capital Boulevard, Raleigh, NC 27635

Phone: (919) 733-4376

Toll-Free: 1-888-388-2460

Website: <https://statelibrary.ncdcr.gov/lbph>

Email: [NClibph@ncdcr.gov](mailto:NClibph@ncdcr.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

### **NC Lions Clubs (Help with Glasses)**

*Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens. Please call for specific eligibility requirements.*

Location: 7062 Camp Dogwood Drive, Sherrill's Ford, NC 28673

Mailing Address: P.O. Box 39, Sherrill's Ford, NC 28673

Phone: 1-828-478-2135

Toll-Free: 1-800-662-7401

Website: [www.nclionsinc.org](http://www.nclionsinc.org)

Email: [NCLions@nclionsinc.org](mailto:NCLions@nclionsinc.org)

Hours: Monday – Friday: 8:30am – 5:00pm

### **Script Talk**

*A talking prescription service for the visually impaired. Ask your pharmacy if they could set up prescriptions with ScriptTalk labels. Initial setup may take one week, then later prescriptions can be filled quickly.*

Walmart, Hwy 150 and Rite Aid, Parkway Plaza, WS, already have the setup in place.



Website: [www.envisionamerica.com](http://www.envisionamerica.com)

### **Services for the Blind, Davidson County**

*Provides a variety of services to persons who are blind or visually impaired for the entire spectrum of vision loss to help with medical eye care (MEC), maintaining independence in the home and community, as well as obtaining and maintaining competitive employment through training and accommodations. Disability awareness and sensitivity training available at no cost.*

Contact: Santana Boyd, Social Worker

Phone: Davidson County: (336) 474-2709

Email: [Santana.boyd@dhhs.nc.gov](mailto:Santana.boyd@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/assistance/vision-loss>

### **Services for the Blind, Winston-Salem District Office**

Location: 4265 Brownsboro Rd. Suite 100, Winston-Salem, NC 27106

Phone: (336) 896-2227

## CANCER SERVICES

### **American Cancer Society**

*Offers information on cancer, prevention/staying healthy, support, treatment, and research*

Location: 7027 Albert Pick Rd Suite 104, Greensboro, NC 27409

Phone: (336) 834-0844 Hours: Monday – Friday: 8:30am – 5:00pm

24/7 Crisis Line: 1-800-227-2345

Website: [www.cancer.org](http://www.cancer.org)

Email & live chat are available through website at:

[www.cancer.org/aboutus/howwehelpyou/contactus/index](http://www.cancer.org/aboutus/howwehelpyou/contactus/index)

### **Cancer Services of Davidson County**

*Offers a variety of services, free of charge, for qualified clients. Please call for information and eligibility guidelines. Can provide emotional and financial support (if meet qualifications), physical needs (equipment and wigs) and support groups.*

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

Hours: Monday – Thursday: 9:00am – 5:00pm

Friday: 9:00am – 12:00pm

## COMMUNICATION SERVICES

### **Cap-Tel North Carolina**

*Cap-Tel uses voice recognition technology to display verbatim captions of the conversation on the telephone's screen, allowing the person to hear and read all comments*

Phone: (800) 233-9130

Website: <https://www.captel.com/states/north-carolina/>

Hours: 24/7 access

### **ClearCaptions**

*ClearCaptions provides phone captioning allowing the user to read the words spoken on a phone call*

Phone: 1-866-246-7850

Website: <https://clearcaptions.com/>

### **Relay North Carolina**

*Statewide service that connects standard telephone users with people who are deaf, hard of hearing, or deaf-blind using TTYs*

Website: [www.relaync.com](http://www.relaync.com)

Hours: 24/7 access

TTY 711 or (800) 735-2962

Telebraile 711 or (800) 735-2962

Voice Carry Over 711 or (877) 735-8260

### **Safelink Wireless Lifeline Program**

*Provides free cell phone services to eligible households; provided by TracFone Wireless Inc. Eligibility and income requirements must be met and vary by state. Limited to one person per household*

Correspondence: SafeLink Wireless PO Box 220009 Milwaukie, OR 97269-0009

Phone: For Enrollment and Plan Changes Support: 1-800-Safelink (723-3546)

Hours: Monday – Saturday, 8:00am – 10:00pm; Sunday 8:00am – 7:00pm

Website:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

### **Organization Links:**

Division of Services for the Deaf & the Hard of Hearing – [www.dsdhh.dhhs.state.nc.us](http://www.dsdhh.dhhs.state.nc.us)

Eastern North Carolina School for the Deaf (Wilson) - [www.encsd.net](http://www.encsd.net)

Hearing Loss Association of North Carolina - [www.nchearingloss.org](http://www.nchearingloss.org)

North Carolina American Sign Language Teachers Association- <https://aslta.org/>

North Carolina Association of the Deaf - [www.ncadeaf.org](http://www.ncadeaf.org)

North Carolina Black Deaf Advocates (National Web Page) - [www.ncbda.org](http://www.ncbda.org)

North Carolina Deaf Blind Association - [www.ncdba.org](http://www.ncdba.org)

North Carolina Registry of Interpreters for the Deaf- <https://northcarolinarid.org/>

North Carolina School for the Deaf (Morganton) - [www.ncsd.net](http://www.ncsd.net)

North Carolina Vocational Rehabilitation – [www.dvr.dhhs.state.nc.us](http://www.dvr.dhhs.state.nc.us)

## COMPUTER TRAINING

### **Davidson County Community College**

*Please call or go to website for schedule of computer courses offered*

Location: 297 DCCC Road, Thomasville, NC 27360

Phone: (336) 249-8186

Website: [www.davidsonccc.edu](http://www.davidsonccc.edu)

Hours: Monday - Friday: 8:00am – 5:00pm

### **Davidson County Senior Services**

*Computer classes are offered for Davidson County residents age 55 and over at the Lexington and Thomasville locations. Please call the Senior Center to find out when classes are currently scheduled. When classes are scheduled, registration is required.*

#### **Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

#### **Thomasville Office:**

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

## CONSUMER PROTECTION

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors. Can provide discounts on health insurance, automobile insurance, cell phones, dental, life insurance and possibly others.*

Location: 1513 Sunday Drive, Suite 312, Raleigh, NC 27607

Phone: 1-866-389-5650

Website: [www.aarp.org/nc](http://www.aarp.org/nc)

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

### **Better Business Bureau of Central and Northwest NC**

Location: 529 College Road, Suite G, Greensboro, NC 27410

Phone: (336) 852-4240

Website: <https://www.bbb.org/us/nc/greensboro>

Hours: Monday – Friday: 8:30am – 4:30pm

### **NC Attorney General**

*Protects NC citizens from crime and consumer fraud*

Location: 9001 Mail Service Center, Raleigh, NC 27699

Phone: (919) 716-6400

Website: <https://www.ncdoj.gov/>

Hours: Monday – Friday: 8:00am – 5:00pm

### **NC Department of Insurance**

*Answers questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified diseases and other coverages*

Location: 325 North Salisbury Street, Raleigh, NC

Phone: (855) 408-1212

Website: [www.ncdoi.com](http://www.ncdoi.com)

Hours: Monday – Friday, 8:00am – 5:00pm

## COUNSELING

### **CareNet Counseling – Wake Forest Baptist Health**

*Provides counseling specific to older adults for issues such as grief, depression, family conflicts, anxiety, health, spiritual growth and more*

Location: 403 South Hawthorne Rd, Winston-Salem, NC 27103

Phone: (336) 716-0855

Website: [www.carenetnc.org](http://www.carenetnc.org)

### **Davidson County Senior Services – Options Counseling**

*Options counseling is an interactive process where individuals receive guidance as they make informed choices about long-term services and supports*

Location: 555-B West Center St Ext, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/360/Counseling-Services>

### **Family Services of Davidson County**

*Provides individual, group, couple and family counseling services to all ages*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Website: [www.fsdco.org](http://www.fsdco.org)

Hours: Monday – Thursday: 8:30am - 7:00pm

Friday: 8:30am - 3:00pm

### **Friendship Line at Institute on Aging**

*The Friendship Line is both a crisis intervention center and a “warm” line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+*

24/7 Toll-Free: 1-800-971-0016

Website: [www.ioaging.org/services/all-inclusive-health-care/friendship-line](http://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

Email: [FriendshipLine@ioaging.org](mailto:FriendshipLine@ioaging.org)

### **Loneliness Toolkit**

*Resources to help fight loneliness and social isolation. More information provided in the link below.*

Website: <http://populationhealth.humana.com/documents/Loneliness-Toolkit.pdf>

### **National Suicide Prevention Lifeline**

*The Lifeline is free, confidential, and always available. Help a loved one, a friend, or yourself deal with trauma.*

Phone: 1-800-273-8255 (24/7, free and confidential)

Website: [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Silver Linings for Seniors, Inc.**

*Senior counseling for mindful living; mental health counseling, group therapy and meditation and relaxation training. Will provide services in the home*

Location: 1250 SE Maynard Road, Suite 204, Cary, NC 27511

Phone: (919)348-8130

Website: [www.silverliningsnc.com](http://www.silverliningsnc.com)

**DEAF & HARD OF HEARING**

**Free Guide to Financial Assistance for Hearing Aids through the Better Hearing Institute**

*Please contact Davidson County Senior Services to receive your free guide or download the guide from the website listed below.*

Phone: (800) 327-9355

Website: [https://www.hearing.org/hearingorg/document-server/?cfp=hearingorg/assets/File/public/HIA\\_Financial-Assistance-Guide.pdf](https://www.hearing.org/hearingorg/document-server/?cfp=hearingorg/assets/File/public/HIA_Financial-Assistance-Guide.pdf)

**HEAR Now**

*Application-based program that provides hearing help to low-income individuals; call to discuss eligibility*

Phone: (800)-328-8602

Website: <https://www.starkeyhearingfoundation.org/hear-now>

**NC Division-Services for Deaf & HOH (get one free hearing aid or phone every 6 years)**

*DSDHH can help advocate for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf-Blind and assist with communication needs (sign language interpreting, hearing aids, assistive technology, telecommunication needs, captioning services, video relay services); assist in accessing appropriate community resources (legal, financial, medical, employment, housing, education, etc.); provide information and support in achieving full participation in daily life; provide consultation and education to community agencies, organizations, employers and service providers in meeting the needs of people with hearing loss; and provide opportunities for borrowing books, CDs, DVDs, videos and other materials from their Regional libraries. DSDHH can also provide telephones and other related equipment to eligible NC residents with a hearing loss or speech impairment.*

Location: 122 North Elm Street Suite 900, Greensboro, NC 27401

Phone: (336) 273-9692

Toll-Free Voice: (888) 467-3413

Video Phone: (336) 429-5644

TTY: (336) 273-5842

Hours: Monday – Friday: 8:00am – 5:00pm; can also leave a voice message 24/7 to receive a return call

Website: [www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm](http://www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm)

**Services for the Deaf & Hard of Hearing of Davidson County**

Location: 8 Franklin Street, Lexington, NC 27292

Phone: (336) 899-8331

TTY: (336) 224-5048

Website: [www.sdhhdc.org](http://www.sdhhdc.org)

Email: [SDHHDC@triadbiz.rr.com](mailto:SDHHDC@triadbiz.rr.com)

Hours: Monday – Friday: 8:00am – 3:00pm

## DEMENTIA & ALZHEIMER'S

### **Alzheimer's Association**

*Provides education and support to those facing Alzheimer's and other dementias, including those living with the disease, caregivers, health care professionals and families*

#### **Greensboro Chapter Information:**

Location: 4615 Dundas Drive, Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: 8:00am – 5:00pm

24/7: 1-800-272-3900

Website: [www.alz.org](http://www.alz.org)

### **Duke Family Support Program**

*A no-cost service for all NC families and professionals caring for someone with a memory disorder and other cognitive disorders of late life*

- Personalized tips for caregivers
- The Caregiver newsletter
- Telephone or email help with care decisions
- Help locating support groups and education programs
- NC Project C.A.R.E. – care consultation and respite services for caregivers with family members at home

Phone: (919) 660-7510 or (800) 646-2028

Website: [www.dukefamilysupport.org](http://www.dukefamilysupport.org)

Email: [Natalie.leary@duke.edu](mailto:Natalie.leary@duke.edu)

#### **Information and Support Groups:**

[www.wakehealth.edu/Alzheimers/Resources/Public.htm](http://www.wakehealth.edu/Alzheimers/Resources/Public.htm)

[www.alz.org](http://www.alz.org), 24 hour Helpline 1-800-272-3900

[www.AlzNC.org](http://www.AlzNC.org), (800) 228-8738

[www.KnowItAlz.com](http://www.KnowItAlz.com) Resources and Blog

[www.caregiveraction.org](http://www.caregiveraction.org)

- Also, see Support Groups page 50

## DENTAL SERVICES

### **Affordable Dentures & Implants**

*Offers dentures, extractions and implants at affordable rates*

Toll-free: 1-800-336-8873

Website: [www.affordabledentures.com](http://www.affordabledentures.com)

COLFAX Location: 3911 Teamster's Place, Colfax, NC 27235

Phone: (336) 546-6112

Hours: Monday – Friday, 7:00am – 4:00pm

WINSTON SALEM Location: 1027 Hanes Mall Blvd, Winston Salem, NC 27103

Phone: (336) 283-6895

Hours: Monday – Friday, 8:00am – 5:00pm

**Davidson Medical Ministries Clinic**

*Ministers to the needs of those in our community who lack the resources to access quality health care*

Location: 32 Kirkwood Avenue, Lexington, NC 27292

Phone: (336) 243-7475-main office, (336) 243-3201-Dental clinic number

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org) \*copay is \$30 per service, must be a patient of Medical Ministries Clinic

Hours: Monday – Thursday: 8:00am – 5:00pm, Friday: 8:00am - 1:00pm

**Dental Life Network**

*Donated Dental Services program provides free, comprehensive dental treatment to the country's most vulnerable people with disabilities or who are elderly or medically fragile \*\*lengthy wait lists*

Location: 1800 15th Street, Suite 100, Denver, CO 80202

Phone: (919) 677-9001

Website: [www.dentallifeline.org](http://www.dentallifeline.org)

**ECU School of Dental Medicine**

**Community Service Learning Center – Davidson County**

*Faculty, student, and resident providers offer comprehensive general dental services for adults, children, and special needs patients. Appointment required. Dental care is provided at a reduced cost. Medicaid and most dental insurance plans are accepted. Offer a reduced fee scale program by application only. Emergency services are provided on a walk-in basis.*

Location: 1235 Davidson Community College Road, Thomasville, NC 27360

Phone: (336) 236-0165

Website: [www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm](http://www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm)

Hours: Monday – Friday: 8:00am – 5:00pm

**North Carolina Dental Society Foundation Missions of Mercy**

*Program offers portable free dental clinics conducted over a two-day period, each held in a NC host city. Clinic programs rotate throughout the state each year NCMOM dental services are provided to adults with income less than 200% of the Federal Poverty Level Guidelines.*

Location: 1600 Evans Road, Cary, NC 27513

Phone: (919) 677-1396

Toll-Free Phone: (800) 662-8754

Website: [https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-\(mom\)](https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-(mom))

**Samaritans Dental**

*Eligibility requirements: no dental insurance, must be 18 years old or older, \$35.00 copay*

Phone: (336) 652-2093



## DISABILITY-RELATED SERVICES

### **The Adaptables, Inc.**

*Advocacy and assistance for individuals with disabilities*

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: (336) 767-7060

Website: [www.theadaptables.com](http://www.theadaptables.com)

Email: [TheAdaptables@theadaptables.com](mailto:TheAdaptables@theadaptables.com)

Hours: Monday – Friday: 8:30am – 4:30pm

### **Alzheimer's Association**

*Provides education and support to those facing Alzheimer's and other dementias, including those living with the disease, caregivers, health care professionals and families*

#### **Greensboro Chapter Information:**

Location: 4615 Dundas Drive, Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: 8:00am – 5:00pm

24/7: 1-800-272-3900

Website: [www.alz.org](http://www.alz.org)

### **The Arc Davidson County**

*An advocacy organization that supports people with intellectual and developmental disabilities*

Location: 1900 South Main Street Lexington, NC 27292

Phone: (336) 248-2842

Fax: (336) 224-2173

Website: [www.arcdavidson.org](http://www.arcdavidson.org)

Email: [TeresaMckeeon@ArcDavidson.org](mailto:TeresaMckeeon@ArcDavidson.org)

Hours: Monday – Friday: 8:30am – 5:00pm

### **CAP/DA (Community Alternative Program for Disabled Adults)**

*Supportive Care Solutions serves Davidson County disabled adults age 18 and over, eligible for Medicaid, must meet other requirements. Alternative to nursing home placement; allowing eligible recipients to receive care at home rather than going into nursing home.*

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: (336) 859-5555

Website: [www.scsolutions.org](http://www.scsolutions.org)

Email: [Lisa.Matney@SCSolutions.org](mailto:Lisa.Matney@SCSolutions.org) or [Melissa.Swink@SCSolutions.org](mailto:Melissa.Swink@SCSolutions.org)

### **Disability Rights of North Carolina**

*Disability Rights NC is a 501(c)(3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC.*

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: (919) 856-2195

Toll Free: (877) 235-4210



TTY: (888) 268-5535

Website: [www.disabilityrightsn.org](http://www.disabilityrightsn.org)

### **Easter Seals of North Carolina**

*Helps people with disabilities and mental health challenges as well as their families live, learn, work and play in their communities*

Location: 5171 Glenwood Avenue, Suite 211, Raleigh, NC 27612-3266

Phone: (800) 662-7119

Website: [www.eastersealsucp.com](http://www.eastersealsucp.com)

### **First in Families of the Southern Piedmont**

*Supports people with developmental disabilities and traumatic brain injury and their families throughout NC*

Phone: (704) 261-1550

Website: [www.fifnc.org](http://www.fifnc.org)

### **Independent Living Rehabilitation Program**

*Offers a variety of services including guidance, rehabilitation, home and vehicle modifications, skills training, certain equipment purchases, assistance with leisure activities, and personal assistance services among many others if eligible.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: (336) 784-2700

Toll-Free: 1-877-699-7578

Website: [www.ncdhhs.gov/dvrs/pwd/ils.htm](http://www.ncdhhs.gov/dvrs/pwd/ils.htm)

Hours: Monday – Friday: 8:00am – 5:00pm

### **The Job Accommodation Network (JAN)**

*Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.*

Phone: 1-800-526-7234

TTY: 1-877-781-9403

Website: [www.askjan.org](http://www.askjan.org)

Hours: Monday – Friday: 9:00am – 6:00pm

### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities*

Location: 820 Grimes Boulevard, Lexington, NC 27293

Phone: (336) 224-6071

Website: [www.monarchnc.org](http://www.monarchnc.org)

Hours: Monday – Thursday: 8:00am – 6:00pm, Fridays: 8:00am - 5:00pm

Walk- In Assessment Clinic: Monday - Thursday 8:00am - 3:00pm, Friday 8:00am - 1:00pm

### **NC Assistive Technology Program**

*Provides device demonstration, short-term device loans and reutilization of assistive technology*

Location: 131 Miller Street, Winston Salem, NC 27103  
Phone (Voice & TTY): (336) 716-8030  
Website: [www.ncexchange.org](http://www.ncexchange.org)  
Hours: Monday – Friday: 8:00am – 4:30pm  
Eligibility: Must be NC Resident; No age requirement; No income requirement

### **NC License Plate Agency**

*Handicap sign or license plate*

#### **Lexington Office:**

Location: 27 Plaza Parkway, Lexington, NC 27292  
Phone: (336) 248-2720  
Hours: Monday – Friday: 9:00am – 5:00pm

#### **Thomasville Office:**

Location: 1033 Randolph Street, Suite 13, Thomasville, NC 27360  
Phone: (336) 476-5070  
Hours: Monday – Friday: 9:00am – 5:00pm

Website: <https://www.dmv.org/nc-north-carolina/disabled-drivers.php>

### **Social Security Administration**

#### **Salisbury Office:**

Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147  
Phone: 1-877-405-3157  
TTY: (704) 636-4394;  
Hours: Tuesday, Thursday & Friday: 9:00am – 4:00pm  
Wednesday: 9:00am - 12:00pm

#### **National Office:**

Phone: 1-800-772-1213 available 24/7 for recorded information  
Toll-Free TTY: 1-800-325-0778  
Website: [www.ssa.gov](http://www.ssa.gov)

### **Vocational Rehabilitation**

*Provides counseling, training, education, transportation, job placement, assistive technology and other support services to people with disabilities*

Location: 2201 Brewer Road, Winston Salem, NC 27127  
Phone: (336) 784-2700  
Toll-Free: (877) 699-7578  
Website: [www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)  
Hours: Monday – Friday: 8:00am – 5:00pm

## EDUCATION

### **AARP**

*Provides educational information and classes on health and wellness, caregiving, employment, financial planning, computer training and more*

Location: 1513 Sunday Drive, Suite 312, Raleigh, NC 27607  
Phone: (866) 389-5650  
Website: [www.aarp.org/nc](http://www.aarp.org/nc)

Email: [NCAARP@aar.org](mailto:NCAARP@aar.org)

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

Location:

3800 Shamrock Drive, Charlotte, NC 28215  
4615 Dundas Drive Suite 103, Greensboro, NC 27407  
1305 Navaho Drive Suite 101, Raleigh, NC 27609

Phone:

Charlotte: (704) 532-7390  
Greensboro: (336) 285-5920  
Raleigh: (919) 832-3732

Toll-free: 1-800-228-8738

TDD: 1-866-403-3073

24/7 Crisis Line: 1-800-272-3900

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

### **Davidson County Community College**

Location: 297 DCCC Road, Thomasville, NC 27360

Phone: (336) 249-8186

24/7 Support Number: (336) 249-8186

Website: [www.davidsonccc.edu](http://www.davidsonccc.edu)

Business Office Hours: Monday – Friday: 8:00am – 5:00pm

### **Davidson County Cooperative Extension Office**

Location: 301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2080

Website: <https://davidson.ces.ncsu.edu/>

Hours: Monday – Friday: 8:00am – 5:00pm

### **Davidson County Senior Services**

#### **Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

#### **Thomasville Office:**

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Fairgrove Family Resource Center**

*Parenting classes are offered on Monday nights from 6:00pm – 8:30pm. Cost is \$30 per person; \$50 per couple. Preregistration is required.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

Email: [FGFRC@northstate.net](mailto:FGFRC@northstate.net)

Hours: Monday – Thursday: 9:00am – 1:00pm

### **Family Services of Davidson County**

*Can teach individuals the skills to cope with difficulties, prevent everyday problems from becoming more serious, and expand communication skills.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Mailing Address: P.O. Box 607, Lexington, NC 27293

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Website: [www.fsdcc.org](http://www.fsdcc.org)

Hours: Monday – Thursday: 8:30am – 7:00pm

Friday: 8:30am – 3:00pm

### **Novant Health Thomasville Medical Center**

*Diabetes Education Program, Health Screenings*

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 472-2000

Website: [www.novanthealth.org/thomasville-medical-center](http://www.novanthealth.org/thomasville-medical-center)

Hours: 24/7

### **Wake Forest Baptist Health – Lexington Medical Center**

*Community Health, Library, Diabetes Education, Health Screenings*

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Website: [www.lexington.wakehealth.edu](http://www.lexington.wakehealth.edu)

Hours: 24/7

## EMERGENCY ASSISTANCE

### **American Red Cross**

*The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.*

Location: 815 Phillips Avenue, High Point, NC, 27262

Phone: (336) 885-9121

National Hot Line Phone: 1-800-733-2767

Emergency Communication Service: 1-877-272-7337

Local Website: [www.redcross.org/nc/high-point](http://www.redcross.org/nc/high-point)

National Website: [www.redcross.org](http://www.redcross.org)

Hours: Monday – Friday: 8:30am – 5:00pm

### **Cooperative Community Ministry (CCM) in Thomasville**

*Thomasville residents can utilize the food pantry M, T, TH, F 8:00am -12:30pm, Wed. 11:30am-3:30pm, can also provide financial assistance with rent, utilities, and help with deposits 1x per year per person. Meals served 3x per week on Tuesday, Thursdays, and Fridays from 6:00-7:00pm.*

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Website: [www.ccmtville.com](http://www.ccmtville.com)

Email: [CCMTville@northstate.net](mailto:CCMTville@northstate.net)

Hours: Monday – Thursday: 9:00am - 4:00pm

Friday: 9:00am – 1:30pm

### **Crisis Ministry of Davidson County**

*Clothing bank is open on Mondays, Wednesdays, & Fridays from 8:30am – 4:00pm. Food bank is open Monday – Friday from 8:00am – 5:00pm. Adult shelter is open Monday – Sunday from 6:00pm – 6:30am. Call Crisis Ministry for more information regarding the family shelter (Genesis House).*

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Website: <http://fumclex.org/ministries/missions-outreach/crisis-ministry-of-davidson-county>

Email: [CrisisMinDC@yahoo.com](mailto:CrisisMinDC@yahoo.com)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Fairgrove Family Resource Center**

*Thomasville residents only: can provide assistance with past due utilities and rent/mortgage.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Website: [www.fgfrc.org](http://www.fgfrc.org)

Email: [FGFRC@northstate.net](mailto:FGFRC@northstate.net)

Hours: Monday – Thursday: 9:00am – 1:00pm

### **The Father's Storehouse**

*Gives donated appliances and other items to families in need. Will only give if there is a referral from a social worker, school, or other professional. Food Assistance Program requires picture ID and proof of food stamp amount; Clothing, Furniture, Houseware Assistance requires referral letter, and picture ID*

Location: 7 JW Thomas Way, Thomasville, NC 27360 (behind the police station)

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: (336) 475-4357

Website: [www.thefathersstorehouse.com](http://www.thefathersstorehouse.com)

Email: [TheFathersStore@aol.com](mailto:TheFathersStore@aol.com)

Hours: Food Assistance (no referral or appointment required):

Monday – Wednesday, 10:00am – 12:00pm & 3:00pm – 5:00pm

Clothing, Houseware Assistance (referral and appointment only)

### **Open Door Ministry in High Point**

*Can provide assistance with utilities-must call Friday mornings at 7:30am and leave contact information on answering machine. They will call back if they have funds available. Provide Father's Table-soup kitchen (no stipulations), Permanency Supportive housing program-places homeless in 1 bedroom house or apartment if qualify, provide a Men's shelter, and Cassell House-transitional living facility for homeless and jobless.*

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Website: [www.odm-hp.org](http://www.odm-hp.org)

Email: [L.Graham@odm-hp.org](mailto:L.Graham@odm-hp.org)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Salvation Army, Lexington**

*Provides emergency financial assistance when funds are available (can help with past due rent, electricity and water by appointment only). Must have ID, proof of income, proof of bills, and something that shows what your recent emergency was (shows why have fallen behind on bills). Also provides women's ministries, seasonal services, disaster services, Boys and Girls Club, & food and nutrition programs (soup kitchen and food assistance). Location: 314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292*

Mailing Address: P.O. Box 770, Lexington, NC 27292

Phone: (336) 249-0336

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

Email: [Les.Ashby@USS.SalvationArmy.org](mailto:Les.Ashby@USS.SalvationArmy.org)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Salvation Army, Thomasville**

*Provides Boys and Girls Club and Chapel at Thomasville location.*

Location: 10 Pine Street, Thomasville, NC 27360

Phone: (336) 472-7800 ext. 1 / (336) 472-7200 ext. 1 for social worker

Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Hours: Monday – Thursday: 1:00pm – 6:00pm

### **South Davidson Family Resource Center in Denton**

*Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month. Call for more information.*

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Hours: Monday – Wednesday: 8:30am - 12:00pm

## EMPLOYMENT & TRAINING

### **Davidson Works/ NC Works/ Career Center**

*Age 16 years & older; job search and workshops available without income eligibility; training, internship, scholarship have income requirements; Partner with Urban League (age 55+ assistance)*

**Lexington Office:**

Location: 220 E. 1<sup>st</sup> Avenue, Extension, Lexington, NC 27292

Phone: (336) 242-2065

Website: [www.co.davidson.NC.US/172/davidsonworks](http://www.co.davidson.NC.US/172/davidsonworks)  
[www.NCworks.gov](http://www.NCworks.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

**Thomasville Office:**

Location: 211 West Colonial Drive, Suite 119, Thomasville, NC 27360

Phone: (336) 474-2655

Website: [www.co.davidson.NC.US/172/davidsonworks](http://www.co.davidson.NC.US/172/davidsonworks)  
[www.NCworks.gov](http://www.NCworks.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

**Division of Workforce Solutions (DWS) at Thomasville Career Center**

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 472-3116

Website: [www.ncworks.gov](http://www.ncworks.gov)

Hours: Monday – Friday: 8:30am – 4:30pm

**Lexington Urban League**

*Provides job training and helps find work for seniors.*

Phone: (336) 236-3227

Hours: Tuesday & Thursday: 8:00am – 4:00pm

**Goodwill Career Connections Center**

*Offers skills assessments, career coaching, resume and cover letter writing, assistance with applications, computers with high-speed internet access and interview simulators, Project Re-entry. There are no eligibility requirements & service is free of charge.*

Location: 719 West Center Street, Lexington NC 27292

Phone: (336) 236-8020

Hours: Monday, Thursday and Friday: 8:30am – 6:00pm,

Tuesday and Wednesday 8:30am - 7:00pm

Website: <https://www.goodwillnwc.org/train/skills-classes/>

**South Davidson Family Resource Center**

*Job search assistance*

Phone: (336) 859-5399

Hours: Monday – Wednesday 8:30am – 12:00pm

Location: 338 West Salisbury Street, Denton, NC 27239

**Winston-Salem Urban League**

*Senior Employment Program*

Location: 201 West 5<sup>th</sup> Street, Winston-Salem, NC 27101

Phone: (336) 725-5614

Website: [www.wsurban.org](http://www.wsurban.org)

Hours: Monday – Friday: 9:00am – 5:00pm



## END OF LIFE PLANNING

### **Begin the Conversation**

*An education initiative to help people talk about and document their advance care wishes*

Phone: 1-877-473-4103

Website: [www.begintheconversation.org](http://www.begintheconversation.org)

### **Chaplaincy and Clinical Ministries – WFBH Lexington Medical Center**

*Provides free end-of-life planning. Call Rev. Dianne Horton to schedule an appointment.*

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 238-4560

Website: [www.lexington.wakehealth.edu/Pastoral-Care.htm](http://www.lexington.wakehealth.edu/Pastoral-Care.htm)

### **Got Plans?**

*Promotes advance care planning so that communities are educated and engaged in the process*

Phone: 1-888-876-3663

Website: [www.gotplans123.org](http://www.gotplans123.org)

Email: [GotPlansNC@gmail.com](mailto:GotPlansNC@gmail.com)

### **Hospice of Davidson County**

*Guides patients and family members through the advance care process*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: (800) 768-4677

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

Hours: Monday – Friday, 8:00am – 5:00pm

## FINANCIAL MANAGEMENT

### **AARP**

*Provides resources for creating a budget, managing debt, saving and investing, taxes, retirement planning and more*

Location: 1513 Sunday Drive, Suite 312, Raleigh, NC 27607

Phone: (866) 389-5650

Website: [www.aarp.org/nc](http://www.aarp.org/nc)

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

### **Davidson County Community Action**

*Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.*

Location: 911 S. Talbert Blvd. Lexington, NC 27292



Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360  
Mailing address: P.O. Box 389 Lexington, NC 27293  
Phone: (336) 249-0234 or (336) 313-0726 (Thomasville)  
Website: [www.communityaction.agency](http://www.communityaction.agency)  
Email: [davidsoncounty@communityaction.agency](mailto:davidsoncounty@communityaction.agency)  
Hours: Monday-Friday 8:30am-5:00pm; Thomasville: Tuesday - 2:00pm - 5:00pm,  
Wednesday - 9:00am - 5:00pm  
Food Assistance Program Hours: Thursdays: 9:00am - 12:00pm, and 2:00pm - 4:00pm  
(food assistance available one time per month)

### **Family Service of the Piedmont – Consumer Credit Counseling**

Location: The Slane Center 1401 Long Street, Highpoint, NC 27262 / Lexington Housing  
CDC 21 W 2<sup>nd</sup> St. Lexington, NC 27292  
Phone: (336) 889-6108 (High Point) / (336) 373-8882 (Lexington)  
Website: <http://www.fspcares.org/financial-stability/>  
Hours: Monday – Friday: 8:30am - 12pm and 2:00pm - 3:30pm

### **Financial Pathways of the Piedmont Senior Financial Care (SFC) Program**

*Senior Money Management program for 60 years+; most services are free or low fee based on ability to pay.*

Location: 8064 North Point Boulevard, Suite 204, Winston-Salem, NC 27106  
Phone: (336) 896-1191  
Website: [www.financialpaths.org](http://www.financialpaths.org)  
Email: [Info@FinancialPaths.org](mailto:Info@FinancialPaths.org)  
Hours: Monday – Friday: 8:30am – 5:00pm

## FOOD ASSISTANCE

### **Cooperative Community Ministry**

*Referral from Department of Social Services, must reside in Thomasville area, ID or proof of residence required.*

Location: 10 West Guilford Street, Thomasville, NC 27360  
Phone: (336) 476-1842  
Website: [www.ccmtville.com](http://www.ccmtville.com)  
Email: [CCMTville@northstate.net](mailto:CCMTville@northstate.net)  
Hours: Monday – Thursday: 9:00am – 11:00pm & 1:00 – 3:30pm  
Friday: 9:00am – 1:30pm

### **Crisis Ministry of Davidson County**

*Clothing bank is open on Monday's, Wednesday's, & Friday's from 9:00am – 12:00 pm and 1:30pm - 3:30pm. Food bank is open Monday – Friday from 8:00am – 5:00pm. Adult shelter is open Monday – Sunday from 6:00pm – 6:30am. Call Crisis Ministry for more information regarding the Family shelter (Genesis House).*

Location: 107 East First Avenue, Lexington, NC 27292  
Phone: (336) 248-6684  
Website: <http://fumclex.org/ministries/missions-outreach/crisis-ministry-of-davidson-county>  
Email: [CrisisMinDC@yahoo.com](mailto:CrisisMinDC@yahoo.com)

Hours: Monday – Friday: 8:00am – 5:00pm

**Davidson County Community Action**

*Offers economic Self-Sufficiency program which focuses on past due rent and utilities; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided.*

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Website: [www.communityaction.agency](http://www.communityaction.agency)

Email: [davidsoncounty@communityaction.agency](mailto:davidsoncounty@communityaction.agency)

Hours: Monday-Friday 8:30am - 5:00pm,

Food Assistance Program Hours: Thursdays: 9:00am - 12:00pm, and 2:00pm - 4:00pm  
(food assistance available one time per month)

**Fairgrove Family Resource Center**

*Eligible families must complete an application by going into the center. Clients may come every 30 days for a food box.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

Email: [FGFRC@northstate.net](mailto:FGFRC@northstate.net)

Hours: Monday – Thursday: 9:00am – 1:00pm

**The Father's Storehouse**

*Provides a food pantry, lunch, hygiene items, clothing and blankets; also guest speakers. Seniors age 60+ and widows on certain dates. Call for dates. Bring income proof, current address, such as a bill. Arrive at 8:00am; doors open at 8:45am.*

Location: 7 JW Thomas Way, Thomasville, NC

Phone: (336) 475-4357

Website: [www.thefathersstorehouse.com](http://www.thefathersstorehouse.com)

**Grace Episcopal Church**

*Provides assistance in the form of a meal and grocery supplies to food insecure individuals and families*

Location: 419 S. Main Street, Lexington, NC

Phone: (336) 249-7211

Hours: Saturdays 11:00am – 12:00pm

**Greater Things Outreach Center Food Pantry (Davidson County residents only)**

*New applications are accepted on Tuesdays & Thursdays 6:00 - 7:15pm; Wednesdays- 10:00 - 11:15am*

*\*Park in rear of building after 4:00pm on Tuesday/Thursday and after 9:00am on Wednesday*

*\*First visit: Complete application; bring all required paperwork*

Bring: **Photo ID (must bring each time you visit)**

Proof of address for you and each adult over 18 living in your home, such as utility bill, Medicaid card, or government mail or bank information.

(Cannot accept personal mail or driver's license as proof of residence.)

For children living in your home under 18: Medicaid card, school record with current address or their birth certificate.

Location: 6282 Old Hwy 52, Welcome, NC

Phone: (336) 619-0171

Website: [www.gtocfood.org](http://www.gtocfood.org)

Email: [gtoc@triad.twcabc.com](mailto:gtoc@triad.twcabc.com)

Hours: Tuesday/Thursday - 6:00 - 7:30pm (no entry after 7:30pm); Wednesday -10:00 – 11:45am (no entry after 11:45am); Optional Bible Study Tuesdays and Thursdays - 5:30pm

**North Lexington Baptist Church**

Location: 201 Mize Road, Lexington, NC 27295

Phone Office: (336) 237-0397 serviced Monday & Friday: 8:00am – 3:00pm

Phone Outreach: (336) 248-6285 serviced Tuesdays: 4:30 – 6:30pm

Website: [www.nlbcfaith.org](http://www.nlbcfaith.org)

Email: [NLBCOffice@lexcominc.net](mailto:NLBCOffice@lexcominc.net)

Eligibility: ID and income guidelines

**Open Door Ministry (High Point)**

*Three meals are provided six days per week; three meals on Sunday (no Sunday lunch). All are welcome.*

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Website: [www.odm-hp.org](http://www.odm-hp.org)

Email: [LGraham@odm-hp.org](mailto:LGraham@odm-hp.org)

Hours: Monday – Friday: 8:00am – 5:00pm

**Open Hands of Davidson County**

*Meal, music, and message service each Monday night at 6:30pm at two locations: First Reformed UCC, 102 East Center Street, Lexington, NC and Wesley Heights UMC, 100 Western Blvd, Lexington, NC. Our office at 100 East 1<sup>st</sup> Street provides a hot breakfast on MWF at 8:30am, family food boxes (once every 30 days), emergency street food (once every two weeks), clothing closet, emotional support, devotions 9:30am Monday-Friday, Diaper Bank of NC (once every 30 days), laundry services (once a week) for those living on street, and various other programs to help the homeless and marginalized in our community.*

Location: St. Stephens UMC/Open Hands Mercy Station, 100 East 1<sup>st</sup> St., Lexington, NC

Phone: (336) 242-6142

Contact: Bob Harmon at [bobharmonOH@yahoo.com](mailto:bobharmonOH@yahoo.com)

Website: [www.openhandsdavidsoncounty.org](http://www.openhandsdavidsoncounty.org)

Hours: Monday - Wednesday 9:00am-5:00pm; Thursday 9:00am - 3:00pm; Friday 9:00am - 12:00 Noon

**Pastor's Pantry**

Location: 307 North State Street, Lexington, NC 27292

Phone: (336) 249-8824, Ext. 303

Website: [www.pastorspantry.org](http://www.pastorspantry.org)

Email: [PastorsPantry@lexcominc.net](mailto:PastorsPantry@lexcominc.net)

Eligibility: Age 60+ unless the need is immediate for emergency food; income and expense guidelines in place as well as ID

Hours: Monday – Thursday: 8:00am – 4:00pm

**Salvation Army of Davidson County**

*Provides emergency financial assistance when funds are available. Also provides women's ministries, seasonal services, disaster services, & food and nutrition programs.*

Location: 314 W. Ninth Avenue, Lexington, NC 27292

Phone: (336) 249-0336

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

Hours: Monday – Friday: 8:00am – 5:00pm

**Second Harvest Food Bank of Northwest NC**

Location: 3655 Reed Street, Winston-Salem, NC

Phone: (336) 784-5770

Website: [www.hungernwnc.org](http://www.hungernwnc.org)

**South Davidson Family Resource Center (Denton)**

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Eligibility: Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month

Hours: Monday – Wednesday: 8:30am – 12:00pm

**Sunnyside Ministry**

Location: 319 Haled Street, Winston-Salem, NC

Phone: (336) 724-7558

Website: <https://sunnysideministry.org/>

**Upper Room Food Ministry**

Location: 11185 Hwy 8 Southmont

Phone: (336) 798-3097

Hours: Monday and Wednesday 8:30am - 12:00 Noon

Call for documentation to bring.

**West Davidson Food Pantry, Least of These Ministries, Inc.**

Location: 4600 W Old US HWY 64, Lexington, NC 27295

Phone: (336) 787-4357

Eligibility: Must live in zip code 27295 (or part of 27299); must have financial needs

Hours: Tuesday & Thursdays: 4:00pm – 7:00pm

**\*\*Call Davidson County Senior Services for a list of local church-based food pantries (336-242-2290)**

## FOOD ASSISTANCE/MEALS

Sunday: 12:30pm Grace Episcopal Church, 419 S. Main Street, Lexington, NC

Monday: 8:30am Breakfast - Open Hands 200 E. 1<sup>st</sup> Street, Lexington, NC  
11:30am Salvation Army, 314 W. Ninth Avenue, Lexington, NC  
6:30pm Open Hands – Wesley Heights UMC, 100 Western Blvd. and First Reformed UCC, 100 East Center Street (enter on 1<sup>st</sup> Street side), Lexington, NC. Call (336) 242-6142 for ride information.

Tuesday: 8:30am Salvation Army, 314 W Ninth Avenue, Lexington, NC  
11:30am Salvation Army, 314 W. Ninth Avenue, Lexington, NC

Wednesday: 8:30am Breakfast Open Hands, 200 E. 1<sup>st</sup> Street, Lexington, NC  
11:30am Salvation Army, 314 W. Ninth Avenue, Lexington, NC  
5:30 - 7:00pm Macedonia UMC, 10890 NC-8, Lexington, NC 27292; third Wednesday of every month; Call (336) 798-3097; Trans. available  
7:00pm Mile 2 Church, 21 W. 7<sup>th</sup> Avenue, Lexington, NC

Thursday: 8:30am Salvation Army, 314 W Ninth Avenue, Lexington, NC  
11:30am Salvation Army, 314 W. Ninth Avenue, Lexington, NC  
6:30pm Tyro UMC, 4484 NC Hwy 150 – call (336) 853-7459 for ride information

Friday: Same as Wednesday  
Canaan UMC- The Lords Table (twice/month) 1760 Shady Grove Church Rd., Winston Salem, NC 27107 – call (336) 769-2782

Saturday: 11:00am 1<sup>st</sup> Saturday of each month at High Rock Church near Walmart.  
Call (336)237-1126.

## FRAUD & SCAM

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.*

Location: 1513 Sunday Drive, Suite 312, Raleigh, NC 27607

Phone: 1-866-389-5650 or 1-800-646-2283 (AARP Fraud Center)

Website: [www.aarp.org/nc](http://www.aarp.org/nc)

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

### **Better Business Bureau of Central NC**

Location: 529 College Road, Suite G, Greensboro, NC 27410

Phone: (336) 852-4240

Website: <https://www.bbb.org/us/nc/greensboro>

Hours: Monday – Friday: 8:30am – 4:30pm

**Davidson County Sheriff's Office**

Phone: (336) 242-2100

**NC Department of Justice**

Phone: 1-877-5-NO-SCAM (1-877-566-7226)

## HOLIDAY SERVICES

**Pastor's Pantry**

*Provides holiday meal for seniors age 60+. Must complete intake.*

Phone: (336) 249-8824, Ext. 303

Hours: Monday - Thursday 8:00am - 4:00pm

Website: [www.pastorspantry.org](http://www.pastorspantry.org)

**South Davidson Family Resource Center**

*Works with local churches to provide Thanksgiving meals for those in need. Christmas dinner for seniors and takes applications for holiday gifts for seniors (The Giving Tree).*

Location: 338 W. Salisbury Street, Denton, NC

Phone: (336) 859-5399

Hours: Monday - Wednesday 8:30am - 12:00pm

**Thanksgiving Meal at the Journey Church of Lexington**

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: (336) 843-4053

Website: <http://thejourney.church/>

## HOME CARE SERVICES

**CAP/DA – Supportive Care Solutions**

*Special Medicaid program allowing those 18+ who face nursing home placement the possibility of staying in the home. Provides a package of services to meet individual needs.*

Phone: (336) 859-5555

Location: 56 West Salisbury Street, Denton, NC 27239

Website: [www.scsolutions.org](http://www.scsolutions.org)

**Davidson County Senior Services In-Home Service Program**

*Provides in-home care including home management, personal care, and respite for seniors age 60 and over in Davidson County. Please call for eligibility requirements and screening. May have waiting list.*

**Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Davidson County Social Services Adult Services**

*Adult Services programs include Adult Protective Services, Adult Placement Services, Adult Day Care/Day Health, Guardianship, In-Home Services, Special Assistance-In Home (for full Medicaid eligible and meet criteria for Assisted Living), and Licensing and Monitoring of Adult Care Homes and Adult Day Care/Health*

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: (336) 242-2839

Website: <https://www.co.davidson.nc.us/376/Adults>

Hours: Monday - Friday: 8:00am – 5:00pm

### **North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)**

*NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Are not able to provide financial assistance. Must be age 65 or older.*

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 1-877-506-2226

Website: [www.ncbam.org](http://www.ncbam.org)

Hours: Monday – Friday: 9:00am – 5:00pm

**\*\*Call Davidson County Senior Services for list of local home health agencies (336) 242-2290**

## HOME MODIFICATION & REPAIRS

### **Independent Living Rehabilitation Program**

*Provides home modifications to those who are disabled, recovering from illness, those recovering from stroke, or spinal cord injury. Must be owner occupied home and qualify based on income.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: (336) 784-2700

Website: [www.ncdhhs.gov/dvrs/pwd/ils.htm](http://www.ncdhhs.gov/dvrs/pwd/ils.htm)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Lexington Housing CDC**

*Offers an Urgent Repair program for the elderly and disabled to receive accessibility modifications and home improvements (grab bars, floor repair, electrical, plumbing, roof repair); a bi-annual volunteer work group for high school students can help with painting porches and decks, handicap ramps, and caulking*

Location: 21 West Second Street, Lexington, NC 27292

Phone: (336) 236-1675

Website: [www.lhcdc.org](http://www.lhcdc.org)

Email: [LexingtonCDC@yahoo.com](mailto:LexingtonCDC@yahoo.com)

Eligibility: Age 62+ or disabled (on disability); must own home; income based

Hours: Monday – Friday: 9:00am – 5:00pm

### **North Carolina Baptist Aging Ministry (NCBAM – Volunteer Organization)**

*Agency requests individuals contact them directly or if a social worker refers, the individual requesting services must be with the social worker at the time of referral.*



Mailing Address: P.O. Box 338, Thomasville, NC 27361

Eligibility: 65+

Phone: 1-877-506-2226

Website: [www.ncbam.org](http://www.ncbam.org)

Hours: Monday – Friday: 9:00am – 5:00pm

### **NC USDA Rural Development**

Location: 847 Curry Drive, Suite 104, Asheboro, NC 27205

Phone: (336) 629-4449, ext. 4

Website: <https://www.rd.usda.gov/nc>

Eligibility: Different by county; income, # in household, credit score & credit status may apply; age 62+ is grant based; age 61 and under is loan based

Hours: Monday – Friday: 8:00am – 4:30pm

### **Piedmont Triad Regional Council (PTRC) - Housing Rehabilitation Program**

*Assists eligible individuals in Alamance, Davidson, Guilford, Rockingham, Stokes, and Surry Counties. If your home is in need of serious repairs, you may qualify for home rehabilitation assistance through this program.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Website: [www.ptrc.org](http://www.ptrc.org)

Eligibility: Must be an elderly (62 years +) or disabled, or a family member, homeowner or a homeowner living in a home with lead base paint hazards with children under age 6 present.

Hours: Monday – Friday: 8:00am – 4:30pm

### **Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program**

*Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Please call or go to website for specific eligibility requirements. Income guidelines do apply.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Website: [www.ptrc.org/weatherization](http://www.ptrc.org/weatherization)

Hours: Monday – Friday: 8:00am – 4:30pm

### **Safe Tub LLC**

*Safe Tub LLC is dedicated to making tub areas safer at a price that's affordable. Safe Tub LLC converts your existing tub into a Walk-In Shower using the QUICK TUB® WALK THRU INSERT, the QUICK TUB® CAP and install Safety Grab Bars that exceed specifications by the ADA.*

Phone: (336) 663-2911

Website: [www.safetubllc.com](http://www.safetubllc.com)

Email: [info@safetubllc.com](mailto:info@safetubllc.com)



## HOUSING (SENIOR)

### **\*\*List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

## HOUSING (TEMPORARY)

### **Crisis Ministry of Davidson County**

*Adult shelter is open Monday – Sunday from 6:00pm – 6:30am. Call Crisis Ministry for more information regarding the Family shelter (Genesis House)*

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Website: <http://crisisministryofdavidsongcounty.org/>

Email: [CrisisMinDC@yahoo.com](mailto:CrisisMinDC@yahoo.com)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Davidson County Transitional Services**

*A crisis intervention referral agency; safe house placement for women*

Location: 11 Farmview Rd., Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: (336) 472-0625, After hours crisis line: (336) 596-4151

Hours: By Appointment

Website: <https://dctsinc.org/>

### **Family Services of Davidson County**

Location: 1303 Greensboro St Ext, Lexington, NC 27295

Mailing Address: P.O. Box 607, Lexington, NC 27293

Phone: (336) 249-0237 or (336) 476-0050

24/7 Crisis Line: (336) 243-1934

Website: [www.fsdcc.org](http://www.fsdcc.org)

Hours: Monday – Thursday: 8:00am – 7:00pm

Friday: 8:30am – 3:00pm

## I.D. CARDS, LICENSES & RECORDS

### **Driver's License Office**

#### **Lexington**

Location: 2314 South Main Street, Lexington, 27292

Phone: (336) 248-5179

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

Eligibility: I.D. or driver's license eligibility requirements plus fee; under age 18 limited learner permit, age 18+ regular driver's license or learner permit

Hours: Monday – Friday: 8:00am – 5:00pm

#### **Thomasville**

Location: 1033 Randolph Street Suite 16, Thomasville, 27360

Phone: (336) 472-7334

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

Eligibility: I.D. or driver's license eligibility requirements plus fee; under age 18 limited learner permit, age 18+ regular driver's license or learner permit  
Hours: Monday – Friday: 8:00am – 5:00pm

## INFORMATION & REFERRAL

### **211**

*A statewide general information call line*

Location: 875 Walnut Street, Suite 150B, Cary, NC 27511

Phone: 1-888-892-1162 or 2-1-1

Website: <https://www.nc211.org/>

Hours: 24/7 by dialing 2-1-1

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.*

Location: 1513 Sunday Drive, Suite 312, Raleigh, NC 27607

Phone: 1-866-389-5650

Website: [www.aarp.org/nc](http://www.aarp.org/nc)

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

### **AgingCare Website**

*Connecting families with elder care, senior housing and caregiver support*

Website: <https://www.agingcare.com/>

### **BenefitsCheckUp**

*BenefitsCheckUp is a free service of the National Council on Aging (NCOA).*

*BenefitsCheckUp asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions from the website below, you will get a report created just for you that describes the programs you may get help from.*

Website: [www.benefitscheckup.org](http://www.benefitscheckup.org)

### **Davidson County Public Library System**

*Online information resources available on website*

Website: [www.co.davidson.nc.us/library](http://www.co.davidson.nc.us/library)

### **Davidson County Senior Services**

*DCSS helps senior adults find the resources they need*

Location: 555-B West Center Street Ext., Lexington, NC 27295

Phone: (336) 242-2290

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

### **Davidson County Public Libraries**

#### **Denton Library**

Location: 310 West Salisbury Street, Denton, NC 27239-0578

Phone: (336) 859-2215

Website: <https://library.cityofdenton.com/>

Hours: Monday & Thursday, 9:00am – 8:00pm

Tuesday, Wednesday & Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

### **Lexington Library**

*Information DIAL (Directory Information Assistance Line)*

Location: 602 S. Main Street, Lexington, NC 27292

Phone: (336) 242-2040

DIAL Phone: (336) 242-2005

Website: <https://www.lexpublib.org/>

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 9:30am – 3:00pm

### **North Davidson Library**

Location: 559 Critcher Drive, Welcome, NC 27374

Phone: (336) 242-2050

Website: <https://www.co.davidson.nc.us/287/North-Davidson-Public-Library>

Hours: Monday, 9:30am – 8:00pm

Tuesday – Thursday, 9:30am – 7:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

### **Thomasville Library**

Location: 14 Randolph St., Thomasville, NC 27360

Phone: (336) 474-2690

Website: <https://www.co.davidson.nc.us/290/Thomasville-Public-Library>

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 9:30am – 3:00pm

### **West Davidson Library**

Location: 246 Tyro School Road, Lexington, NC 27295

Phone: (336) 853-4800

Website: <https://www.co.davidson.nc.us/291/West-Davidson-Public-Library>

Hours: Monday, 12:00pm - 8:00pm

Tuesday – Thursday, 9:00am - 6:00pm

Friday, 9:00am - 5:30pm

Saturday, 10:00am - 2:00pm

### **The Job Accommodation Network (JAN)**

*Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.*

Phone: 1-800-526-7234

TTY: 1-877-781-9403

Website: [www.askjan.org](http://www.askjan.org)

Hours: Monday – Friday: 9:00am – 6:00pm

## INSURANCE INFORMATION

### **Affordable Care Act**

Phone: 1-800-318-2596

TTY: 1-855-889-4325

Website: [www.healthcare.gov](http://www.healthcare.gov)

Hours: 24/7

### **Senior Health Insurance Information Program (SHIIP)**

*Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance*

Location: 420 N. Salisbury Street Ext., Lexington, NC 27292 (Davidson Medical Ministries)

Phone: (336) 243-3232 (ask for SHIIP help)

Website: <https://www.ncdoi.com/shiip/Default.aspx>

## LEGAL SERVICES

### **Legal Aid of NC, Inc.**

*Legal assistance can be provided in the following situations: powers of attorney, wills, food stamps, social security, veterans' benefits, frauds and scams, etc.*

Location: 122 North Elm Street, Suite 700, Greensboro, NC 27401

Initial Appointments: 1-877-579-7562 M-F: 9:00am - 11:00am, 1:00pm - 3:00pm,

Website: [www.legalaidnc.org](http://www.legalaidnc.org)

Eligibility: 60+; must call for appointment

*At Davidson County Senior Services, Lexington the first Wednesday each month; at Davidson County Senior Services, Thomasville the second Monday each month*

### **NC Department of Labor**

*Enforces various acts set forth by the NC General Assembly*

Mailing Address: 1101 Mail Service Center, Raleigh, NC 27699

Phone: 1-800-625-2267 or (919) 807-2796

Website: [www.nclabor.com](http://www.nclabor.com)

Hours: Monday – Friday: 8:00am – 5:00pm

### **NC Lawyer Referral Service**

*The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation.*

Location: NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

Phone: 1-800-662-7660

Website: [www.ncbar.org/public-pro-bono/lawyer-referral-service/for-the-public](http://www.ncbar.org/public-pro-bono/lawyer-referral-service/for-the-public)

Eligibility: Attorneys participating in the LRS agree to charge no more than \$50 (price increase effective for referrals made beginning January 2010) for the first 30 minutes of the initial consultation.

Hours: 24/7 online at [www.ncbar.org/public-pro-bono/lawyer-referral-service/nc-find-a-lawyer](http://www.ncbar.org/public-pro-bono/lawyer-referral-service/nc-find-a-lawyer)

### **The Elder Law Clinic, Wake Forest University School of Law**

*The Elder Law Clinic is a program held during the school year helping Wake Forest law students gain practical experience under the supervision of an attorney; providing free legal services to those who qualify. Must be 60 years and older. Also, must have low to moderate income. Call to complete an eligibility questionnaire. After the questionnaire is reviewed, you will be notified if your name has been added to the waiting list.*

Location: 1834 Wake Forest Road, Winston-Salem, NC 27109

Mailing Address: Worrell Professional Center, P.O. Box 7206, Winston-Salem, NC 27109

Phone: (336) 758-5061

Website: [www.elder-clinic.law.wfu.edu](http://www.elder-clinic.law.wfu.edu)

Email: [EClinic@WFU.edu](mailto:EClinic@WFU.edu)

Hours: Monday – Friday: 8:30am – 5:00pm

Types of Cases Handled:

Wills, Powers of Attorney, Medicaid for Long-Term Care, Medicare, Guardianship, Nursing Home Concerns, Fraud, Consumer & Debt Problems

## LGBTQ RESOURCES

### **Alternative Resources of the Triad (ART)**

*ART is a charitable organization whose mission is to be actively involved with the Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) community of the Triad (Greensboro, High Point, Winston-Salem, NC and surrounding communities). ART works to support the GLBTQ community by (1) serving as an information portal and referral source and (2) by maintaining an ongoing, visible, and positive educational and supportive presence in the community.*

Website: [www.outtriad.org](http://www.outtriad.org)

Email: [Info@OutTriad.org](mailto:Info@OutTriad.org)

### **NC Transgender Unity Website**

*Provides information and resources for transgender people, significant others, and friends of transgender people.*

Email: [NCTGUnity@yahoo.com](mailto:NCTGUnity@yahoo.com)

### **Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Winston-Salem**

*PFLAG is a national non-profit organization dedicated to promoting the health and well-being of gay, lesbian, bisexual, and transgender (GLBT) persons through support, education and advocacy. PFLAG's Winston-Salem chapter serves Forsyth and the surrounding North Carolina counties. PFLAG Winston-Salem serves the GLBT community and their families and friends through various offerings and activities, including a monthly chapter meeting, social events, special-interest programs, educational workshops and awards banquets to recognize those who have promoted acceptance in our community.*

Mailing Address: P.O. Box 24334, Winston-Salem, NC 27114

Phone: (336) 448-4250

Website: [www.pflagws.org](http://www.pflagws.org)

Email: [Info@pflagws.org](mailto:Info@pflagws.org)

## MEDICAL ALERT SYSTEMS

### **\*\*List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

### **Cellular Medical Alert Systems**

*This is an internet link that can offer some information about medical alert systems that work through cellular phones. Individuals must verify this information independently and evaluate what would work best for their situation.*

Website: <https://www.theSeniorlist.com/2013/05/a-list-of-mobile-cellular-based-medical-alert-system-providers/>

### **Guardian Alert 911**

Phone: 1-800-953-5211, ext. 2

Website: <https://www.guardianalert-911.com/>

- One-time fee (no monthly charges)
- Allows immediate access to 911
- Free shipping

### **Help Personal Response Systems**

Phone: 1-866-672-4852

Website: <https://helpforyou.com/>

Help Personal Response System Local Number at Piedmont Home Care:  
(336) 248-8212

- 24 hour monitoring by central office
- Monthly monitoring fee
- No installation fees
- Medication Reminder on device
- No activation fees; no cancellation fee

### **LifeStation**

Phone: 1-866-329-4484

Website: <https://www.lifestation.com/>

- 24 hour monitoring by central office
- No long-term contract
- Free shipping
- No additional costs aside from monitoring fee unless you choose for additional services

### **Philips Lifeline**

Phone: 1-855-332-7799

Philips Lifeline Local Number at Forsyth Hospital: (336) 718-5746

Website: <https://www.lifeline.philips.com/>

- 24 hour monitoring by central office
- Monthly monitoring fee
- Installation fee (ask if they have specials for free activation/installation)
- No long-term contract; no cancellation fee

### **Walgreens Ready Response Medical Alert System**

Phone: (877) 642-5646

- 24 hour monitoring by central office
- Monthly monitoring fee
- No installation fees; no long-term contract

## MEDICAL CENTERS

### **Novant Health Express Care**

Location: 1977 Cotton Grove Road, Lexington, NC 27292

Phone: (336) 243-3000

Hours: Monday – Friday, 7:30am – 7:30pm; Saturday, 8:00am – 6:00pm; Sunday 8:00am – 4:00pm

### **Novant Health Forsyth Medical Center**

Location: 3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: (336) 718-5000

Website: [www.novanthealth.org/forsyth-medical-center.aspx](http://www.novanthealth.org/forsyth-medical-center.aspx)

Hours: 24/7

### **Novant Health Rowan Regional Medical Center**

Location: 612 Mocksville Avenue, Salisbury, NC 28144

Phone: (704) 210-5000

Website: [www.novanthealth.org/rowan-medical-center.aspx](http://www.novanthealth.org/rowan-medical-center.aspx)

Hours: 24/7

### **Novant Health Thomasville Medical Center**

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 472-2000

Website: [www.novanthealth.org/thomasville-medical-center.aspx](http://www.novanthealth.org/thomasville-medical-center.aspx)

Hours: 24/7

### **VA Hospital, Salisbury**

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000

Website: [www.salisbury.va.gov](http://www.salisbury.va.gov)

Hours: 24/7

### **Wake Forest Baptist Health High Point Medical Center**

Location: 601 North Elm Street, High Point, NC

Phone: (336) 878-6000

24/7 Emergency Number: (336) 878-6009

Website: [www.highpointregional.com](http://www.highpointregional.com)

Hours: 24/7

### **Wake Forest Baptist Health Lexington Medical Center**

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Website: [www.lexington.wakehealth.edu](http://www.lexington.wakehealth.edu)

Hours: 24/7

### **Wake Forest Baptist Medical Center**

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: (336) 716-2255

Website: [www.wakehealth.edu](http://www.wakehealth.edu)

Hours: 24/7

## MEDICAL CLINICS

### **DMHC (Doctors Making House Calls)**

North Carolina provider of home-based primary care; \$95 fee plus services; ask about insurance filing

Phone: (844) 932-5700

Website: <https://www.doctorsmakinghousecalls.com/>

### **Davidson Health Services, Davidson Medical Ministries**

Before services can be provided, ALL clients must provide necessary paperwork to determine their eligibility; must be resident of Davidson County. Documentation must be presented to prove residency. To be seen on the Charitable Clinic side of Davidson Medical Ministries Clinic, a patient must have NO insurance. Those who have Medicaid, Medicare or private insurance can still be seen at DMMC. All patients must provide some form of picture ID. Proof of household income and expenses must be provided.

#### **Lexington**

Location: 420 North Salisbury Street, Lexington, NC 27292

Mailing Address: P.O. Box 584, Lexington, NC 27293

Phone: (336) 243-7475 Pharmacy: (336) 243-3214

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

Hours: Monday - Thursday: 8:00am – 5:00pm Friday: 8:00am - 1:00pm

#### **Thomasville**

Location: 611 Randolph Street, Thomasville, NC 27360

Phone: (336) 474-4585

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

Hours: Monday – Friday (hours vary)

### **Elohim House Call Doctors**

Location: 5009 Bennington Way, High Point, NC 27262

Phone: (336) 905-7174

Email: [elohimhousecalldoctors@gmail.com](mailto:elohimhousecalldoctors@gmail.com)

### **J. Paul Sticht Center – Geriatric Assessment**

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: (336) 713-8250

Website: <https://www.wakehealth.edu/Locations/Facilities/Sticht-Center-on-Aging-and-Rehabilitation>

Hours: Monday – Friday: 8:00am – 5:00pm



**Town Center Podiatry**

*Dr. Jah provides podiatric home services*

Location: Archdale, NC

Phone: (336) 875-5917

## MEDICAL COMPLAINTS

**Medical Review of NC**

Phone: 1-800-722-0468

**NC Medical Board**

*For doctor complaints*

Phone: 1-800-253-9653

## MEDICAL EQUIPMENT & LOAN CLOSETS

**Cancer Services of Davidson County**

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

Hours: Monday – Thursday: 9:00am – 5:00pm

Friday: 9:00am – 12:00pm

**Discount Medical Supplies**

Phone: 1-888-444-6741

Website: <http://www.discountmedicalsupplies.com/>

**Family Medical Supply**

Location: 218 Anna Lewis Drive, Lexington, NC 27292

Phone: (336) 248-3700

Hours: Monday – Friday: 9:00am – 5:30pm

**Greensboro Medical Supplies**

Location: 2310 Battleground Ave., Greensboro, NC 27408

Phone: (336) 420-4923

Hours: 9:00am - 5:30pm Monday - Friday, 11:00am - 2:00pm Saturday

Website: [www.greensboromedicalsupplies.com](http://www.greensboromedicalsupplies.com)

**NC Assistive Technology Project**

*Provides device demonstration, short-term device loans and reutilization of assistive technology*

Location: 131 Miller Street, Winston Salem, NC 27103

Phone (Voice & TTY): (336) 716-8030

Website: [www.ncatp.org](http://www.ncatp.org)

Website: [www.ncexchange.org](http://www.ncexchange.org) (previously owned device listings for sale)

Hours: Monday – Friday: 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

### **Tyro United Methodist Church**

*Hospital Loan Closet which can provide items for loan such as walkers, rollators, shower chairs, bedside chairs free of charge*

Location: 4484 S NC HWY 150, Lexington NC 27295

Phone: (336) 853-7459

Website: [www.tyroumc.org](http://www.tyroumc.org)

Email: [Tyro@tyroumc.org](mailto:Tyro@tyroumc.org)

Hours: Monday – Friday: 8:30am – 5:00pm

## MEDICAID INFORMATION

### **Davidson County Department of Social Services**

*Social Services determines eligibility for several Medical Assistance Programs based on a variety of guidelines, primarily in the areas of income, financial resources, living arrangements and in some cases medical conditions*

Location: 913 Greensboro St., Lexington, NC 27292

Phone: (336) 242-2500

Website: <https://www.co.davidson.nc.us/424/Medical-Assistance-Medicaid>

How to Apply: You can apply online, but it is recommended that you come to Social Services to apply as this will be your eligibility date.

### **Medicaid Customer Service Center**

*Provider and beneficiary information on Medicaid and NC Health Choice policies and procedures*

Phone: (888) 245-0179

Hours: Monday – Friday: 8:00am – 5:00pm

Website: [www.ncdhhs.gov/dma/medicaid/contacts.htm](http://www.ncdhhs.gov/dma/medicaid/contacts.htm)

## MEDICARE INFORMATION

### **Social Security Administration**

Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 1-877-405-3157

TTY 1-704-636-4394

National Phone Number: 1-800-772-1213

Website: [www.ssa.gov](http://www.ssa.gov)

Eligibility: Age 65+

Hours: Tuesday, Thursday & Friday: 9:00am – 4:00pm; Wednesday: 9:00am – 12:00pm

## MEDICARE PART D INFORMATION

### **Senior Health Insurance Information Program (SHIIP)**

*Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance*

Location: 420 N. Salisbury Street Ext., Lexington, NC 27292 (Davidson Medical Ministries)

Phone: (336) 243-3232 (ask for SHIIP help)

Website: <https://www.ncdoi.com/shiip/Default.aspx>

### **Social Security Administration**

Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: 1-877-405-3157

TTY: (704) 636-4394

National Phone Number: 1-800-772-1213

Website: [www.ssa.gov](http://www.ssa.gov)

Eligibility: Age 65+

Hours: Tuesday, Thursday & Friday: 9:00am – 4:00pm; Wednesday: 9:00am – 12:00pm

## **MENTAL HEALTH & SUBSTANCE ABUSE SERVICES**

### **Cardinal Innovations Healthcare Solutions**

*Community Operations Center, Covers Cabarrus, Davidson, Rowan, Stanly and Union counties). Manages Mental Health, Intellectual/Developmental Disabilities and Substance Use/Addictions Services*

Location: 245 LePhillip Court NE, Concord, NC 28205

Phone: 1-800-939-5911

Toll-Free Anonymous Concern Line: 1-888-213-9687

Website: [www.cardinalinnovations.org](http://www.cardinalinnovations.org)

Hours: 24/7

### **Davidson County Stop Prescription Abuse Now (DCSPAN)**

Location: 915 Greensboro Street, Lexington, NC 27293

Mailing Address: P.O. Box 439, Lexington, NC 27293

Website: [www.dcspan.com](http://www.dcspan.com)

Email: [DCSPAN@DavidsonCountyNC.gov](mailto:DCSPAN@DavidsonCountyNC.gov)

### **Davidson County Transitional Services**

*Provides substance abuse and addiction support services*

Location: 11 Farmview Rd., Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: (336) 472-0625, After hours crisis line: (336) 596-4151

Hours: By Appointment

Website: <https://dctsinc.org/>

### **Daymark Recovery Services**

*An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advances access/emergency walk-in services during regular business hours 8am - 8pm Monday – Friday.*

Location: 1104 A South Main Street (Suite A), Lexington, NC 27292

Phone: (336) 242-2450

Fax: (336) 249-9920

Daymark Mobile Crisis/Engagement Unit: 1-866-215-9552

Hours: Monday – Friday: 8:00am – 8:00pm

Website: <http://www.daymarkrecovery.org/>

### **Family Services of Davidson County**

*Now offers 50B (protective order) E-filing from their office location in conjunction with the Court system.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Mailing Address: P.O. Box 607, Lexington, NC 27293

Phone: (336) 249-0237

24/7 Phone: (336) 243-1934

Website: [www.fsd.org](http://www.fsd.org)

Hours: Monday – Thursday: 8:30am – 7:00pm

Friday: 8:30am – 3:00pm

### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities*

Location: 820 Grimes Boulevard, Lexington, NC 27293

Phone: (336) 224-6071

Website: [www.monarchnc.org](http://www.monarchnc.org)

Hours: Monday – Thursday: 8:00am – 6:00pm, Fridays: 8:00am - 5:00pm

Walk- In Assessment Clinic: Monday - Thursday 8:00am - 3:00pm, Friday 8:00am - 1:00pm

### **Novant Health Thomasville Medical Center Behavioral Health**

*Only admits adults 55+, specializes in geriatric psychiatry*

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 474-3465

Website: <https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

Hours: Monday – Friday: 7:00am – 5:00pm

### **Passageways - Psychosocial Rehabilitation Program**

Location: 220 East 1st Street Extension, Suite 6, Lexington, NC 27292

Phone: (336) 242-2406

### **Path of Hope, Inc.**

*Formerly Alcoholics Anonymous*

Location: 1675 East Center Street, Lexington, NC 27292

Mailing Address: P.O. Box 1824, Lexington, NC 27293

Phone: (336) 248-8914

Website: [www.apathofhope.org](http://www.apathofhope.org)

Email: [PathOfHope@lexcominc.net](mailto:PathOfHope@lexcominc.net)

Hours: Monday – Friday: 8:00am – 5:00pm

## **NURSING HOMES, RETIREMENT HOMES & ASSISTED LIVING FACILITIES**

**\*\*List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

**\*\*List available from Social Services – Adult Services Unit**

Lexington Phone: (336) 242-2500

**NC Division of Health Service Regulation**

*The Division of Health Service Regulation oversees medical, mental health and adult care facilities, emergency medical services, and local jails. NCDHHS checks to see that people receiving care in these facilities are safe and receive appropriate care.*

Website: <https://www2.ncdhhs.gov/dhsr/>

## NUTRITION

**Congregate Meals through Davidson County Senior Services**

**Denton:**

*Denton Civic Center*

Location: 459 Salisbury Street, Denton, NC 27239

Phone: (336) 859-2542

**Lexington:**

*Davidson County Senior Center, Lexington*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 236-3118

**Southmont:**

*Community Center*

Location: 184 Owens Road, Lexington, NC 27292

Phone: (336) 798-2933

**Thomasville:**

*Davidson County Senior Center, Thomasville*

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2667

**Welcome:**

*First Baptist Church*

Location: 404 Welcome-Arcadia Road, Lexington, NC 27295

Phone: (336) 731-8434

Website: <https://www.co.davidson.nc.us/361/Nutrition-Programs>

Eligibility: Age 60+

Hours: Monday – Friday: 9:00am – 1:00pm with lunch being served at approximately 11:00am

**Davidson County Cooperative Extension Office**

*Provides nutrition education*

Location: 301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2080

**Davidson County Social Services, FNS – SNAP (formally food stamps)**

*Benefits may be used to purchase most foods at participating stores*

Location: 913 Greensboro St., Lexington, NC 27292

Phone (Lexington): (336) 242-2500  
Phone (Thomasville): (336) 474-2760  
Hours: Monday – Friday, 8:00am – 5:00pm  
Website: <https://www.co.davidson.nc.us/417/Food-Nutrition>

### **Meals on Wheels for Davidson County**

*Home-delivered meals for Davidson County residents 60+*

#### **Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295  
Phone: (336) 242-2290  
Website: <https://www.co.davidson.nc.us/337/Senior-Services>  
Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)  
Hours: Monday – Friday: 8:00am – 5:00pm

#### **Thomasville Office:**

Location: 211 West Colonial Drive, Thomasville, NC 27360  
Phone: (336) 474-2754  
Website: <https://www.co.davidson.nc.us/337/Senior-Services>  
Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)  
Hours: Monday – Friday: 8:00am – 5:00pm

Eligibility: Age 60+

### **Meals on Wheels for Lexington City**

Phone: (336) 248-8010 or (336) 248-4934

### **Meals on Wheels for Thomasville City**

Phone: (336) 324-6402

### **Mobile Meals of High Point**

Mailing Address: P.O. Box 6666, High Point, NC 27262  
Phone: (336) 882-7676

### **Salvation Army of Davidson County**

*Provides food & nutrition programs*

Location: 314 West Ninth Avenue, Lexington, NC 27292  
Phone: (336) 249-0336  
Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)  
Email: [Les.Ashby@USS.SalvationArmy.org](mailto:Les.Ashby@USS.SalvationArmy.org)  
Hours: Monday – Friday: 8:00am – 5:00pm

## PRESCRIPTION ASSISTANCE

### **Coast2CoastRx**

*Save on dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – for more information, please contact the number listed below*

Phone: 1-800-931-8872  
Website: [www.coast2coastrx.com](http://www.coast2coastrx.com)

### **FamilyWize Prescription Savings Card**

The NCOA (National Council on Aging) and FamilyWize Prescription Savings Card is free to everyone. Even if you have insurance, show the FamilyWize card to make sure you get the best price – FamilyWize or insurance.

4 Steps to Save:

1. Print the card or download on your phone
2. Find a participating pharmacy
3. Show the card to your pharmacist
4. Ask for the best price

Toll-Free Phone: 1-800-222-2818

Website: [www.familywize.org](http://www.familywize.org)

### **Medication Drop Box (DCSPAN)**

Medicine drops are a convenient and safe way for you to dispose of your unused or expired prescription over-the-counter medications

Locations:

#### **Lexington Locations**

##### **Davidson Medical Ministries**

Location: 420 North Salisbury Street, Lexington, NC 27292

Phone: (336) 243-7475 Pharmacy: (336) 243-3214

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

Hours: Monday - Thursday: 8:00am – 5:00pm, Friday: 8:00am - 1:00pm

##### **Medical Park Pharmacy**

Location: 2316 S. Main Street, Lexington, NC 27292

Phone: (336) 248-5161

Website: <https://lexington.wakehealth.edu/Medical-Park-Pharmacy.htm>

Hours: Monday - Friday 9:00am - 6:00pm, Saturday 9:00am - 1:00pm

#### **Thomasville Locations**

##### **Davidson Medical Ministries**

Location: 611 Randolph Street, Thomasville, NC 27360

Phone: (336) 474-4585

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

Hours: Monday – Friday (hours vary)

##### **Novant Thomasville Medical Center (Pain Management Clinic)**

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 474-7922

Website: <https://www.novanthealth.org/thomasville-medical-center.aspx>

Hours: Monday - Friday 7:00am - 5:00pm

### **North Carolina Baptist Aging Ministry (NCBAM) – Red Bag**

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Must be age 65 or older. NCBAM sales Red Bags to store medicine for \$3 each.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 1-877-506-2226



Website: <http://www.ncbam.org/downloads.html>

Hours: Monday – Friday: 9:00am – 5:00pm

### **NC Med Assist**

*The Senior Care program is a pharmacy resource for adults 65 and over. If Medicare Part D prescription benefits run out during the year, seniors can utilize the program to learn about other prescription medicine options. Free consultation services regardless of income levels. Also provides a mobile free pharmacy for individuals who are low-income and in need with free over the counter medicine. Check website for schedule.*

Location: 4428 Taggart Creek Rd., Suite 101, Charlotte, NC 28208

Phone: (866) 331-1348

Office Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://medassist.org/senior-care/>

Website: <https://medassist.org/otc-medicine-program/>

### **Partnership for Prescription Assistance (PPA)**

*The PPA program was created to make it easier for low-income, uninsured or Medicare patients to get free or nearly free prescription medicines through existing patient assistance programs. A patient or patient advocate simply completes an online application (link provided below) with basic information about prescription medicines, income, and current prescription medicine coverage and the PPA matches the patient with assistance programs for which they may be eligible. Must use an email address.*

Phone: 1-888-477-2669

Website: [www.pparx.org](http://www.pparx.org)

## RECREATION & SELF-ENRICHMENT

### **Davidson County Recreation Department**

Location: 555-D West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2285

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

Hours: Monday – Friday: 8:00am – 5:00pm

### **Davidson County Senior Centers**

#### **Lexington Center:**

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

#### **Thomasville Center:**

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Lexington Parks and Recreation**

Location: 28 West Center Street, Lexington, NC 27292

Phone: (336) 248-3960

Website: [www.lexindagtonnc.net](http://www.lexindagtonnc.net)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Special Olympics Davidson County**

*Offers free year –round sports training and athletic competition for adults with intellectual disabilities. Giving them the opportunities to develop physical fitness, demonstrate courage, build their self-esteem, experience joy and the sharing of their skill and friendships with other athletes, their families, and the community.*

Location: Davidson County Parks & Recreation Department 555-D West Center Street Ext., Lexington, NC 27293

Phone: (336) 242-2285

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

Hours: Monday – Friday: 8:00am – 5:00pm

### **Thomasville Parks & Recreation**

Location: One East Main Street, Thomasville, NC 27360

Phone: (336) 475-4280

Website: <https://www.thomasville-nc.gov/government/departments/parks-and-recreation-1>

Hours: Monday – Friday: 8:00am – 5:00pm

## RESPITE CARE

### **Carolina SeniorCare / PACE Program**

*PACE is a program of all-inclusive care for the elderly age 55 and over. Please call office for information on other eligibility requirements.*

Location: 802 E Center St, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: 1-888-351-7227

Website: [www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

Email: [Info@CarolinaSeniorCare.org](mailto:Info@CarolinaSeniorCare.org)

Hours: Monday – Friday, 8:00am – 5:00pm

### **Davidson County Senior Services**

*Respite relief can be provided for caregivers who provide 24/7 supervision to an adult 60+. Please call for other eligibility requirements.*

#### **Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

#### **Thomasville Office:**

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)  
Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)  
Hours: Monday – Friday: 8:00am – 5:00pm

### **The Life Center of Davidson County**

*Quality day health & day care for older adults and impaired adults. Please call office for more information.*

Location: 601 West Center Street, Lexington, NC 27292  
Phone: (336) 249-2155  
Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)  
Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)  
Hours: Monday – Friday, 7:15am – 5:30pm

## REVERSE MORTGAGE

### **Davidson County Community Action**

*Helps low income families find the resources they need*  
911 S. Talbert Blvd. Lexington, NC 27292  
Mailing Address: PO Box 389 Lexington, NC 27293  
Phone: (336) 249-0234  
Email: [davidsoncounty@communityaction.agency](mailto:davidsoncounty@communityaction.agency)  
Hours: Monday - Friday: 8:30am - 5:00pm  
Website: [www.communityaction.agency](http://www.communityaction.agency)

### **Financial Pathways of the Piedmont**

*Works to help seniors 60 and older improve the management of their finances, including reverse mortgage counseling*  
Location: 7820 North Point Blvd, Ste 100, Winston-Salem, NC 27106  
Phone: 1-888-474-8015 / (336) 896-1191  
Hours: Monday – Friday, 8:30am – 5:00pm  
Website: <http://financialpaths.org/>

## SOCIAL SECURITY BENEFITS

### **Social Security Administration**

Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147  
Phone: 1-877-405-3157  
TTY: (704) 636-4394  
National Phone Number: 1-800-772-1213  
Website: [www.ssa.gov](http://www.ssa.gov)  
Hours: Tuesday, Thursday & Friday, 9:00am – 4:00pm; Wednesday, 9:00am – 12:00pm

## SUPPORT GROUPS

### **Arc of Davidson County**

*Offers quarterly information meetings for parents and families of people with intellectual and developmental disabilities*  
Phone: (336) 248-2842

### **Autism Society of Davidson County**

*Please call the number below for meeting dates*

Phone: (336) 505-4680

### **Cancer Services of Davidson County**

*Offers two support group meetings a month, please call for dates*

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

Hours: Monday – Thursday: 9:00am – 5:00pm

Friday: 9:00am – 12:00pm

### **Caregiver Support Groups**

#### **Alzheimer/Dementia Support Group**

*Alzheimer's Association Caregiver Telephone Support Group*

Contact: Ashley Stevens

Phone: 1-800-272-3900

*Alzheimer's Resources and Blog*

[www.knowitalz.com](http://www.knowitalz.com)

*Brookdale Lexington Assisted Living, Alzheimer's & Dementia Care*

Location: 161 Young Drive, Lexington, NC 27292

Phone: (336) 238-1700

Website: [www.brookdale.com](http://www.brookdale.com)

*Life Center of Davidson County*

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

*Second Presbyterian Church*

*Precious Memories: A worship service for individuals with dementia and their caregivers*

Location: 200 Cotton Grove Road, Lexington NC 27292

Phone: (336) 596-3894

Contact: Brian Rummage

Website: [www.2ndPresLexington.org](http://www.2ndPresLexington.org)

*Thomasville Chamber of Commerce*

*Care for the Caregiver Support Group*

Location: 941 Randolph Street, Thomasville, NC 27360

Phone: (336) 475-6134

Email: [ThomasvilleChamber@thomasvillechamber.net](mailto:ThomasvilleChamber@thomasvillechamber.net)

#### **Brain Injury Support Group**

*Charlotte Resource Office at Carolinas Rehabilitation*

Phone: (704) 355-3558

Website: <https://atriumhealth.org/medical-services/specialty-care/rehabilitation/brain-injury>

**Parkinson's Support Group:**

*Life Center of Davidson County*

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

**Carolina SeniorCare**

Location: 802 E Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Website: <https://www.carolinaseniorcare.org/services>

**Epilepsy of Davidson County**

*Friends Helping Friends; meets once a month*

Phone (336) 300-4681 or (336) 238-2314

Email: [EpilepsyofDavidsonCounty@gmail.com](mailto:EpilepsyofDavidsonCounty@gmail.com)

**Family Services of Davidson County**

Location: 1303 Greensboro Street Extension, Lexington, NC 27292

Phone: (336) 249-0237

Website: [www.fsd.org](http://www.fsd.org)

**Grief Support Group**

*Held at the Macedonia United Methodist Church on the 1<sup>st</sup> Thursday of the month at 10:00 - 11:00am (except May, June and July).*

Location: 10890 NC-8, Lexington, NC 27292

Phone: (336) 798-3097

**Hospice of Davidson County**

*Healing Journeys held at the Hospice House on the 2<sup>nd</sup> Friday of each month at 1:00pm.  
Lunch on the 4<sup>th</sup> Tuesday of the month at 1:00pm.*

Location: 200 Hospice Way Lexington, NC 27292

Phone: (336) 475-5444

Phone: 1-800-768-4677

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

Hours: Monday – Friday: 8:00am – 5:00pm

**Stroke Survivor Support Group**

Location: Novant Health Forsyth Medical Rehabilitation, 1<sup>st</sup> Floor  
Forsyth Stroke Group

When: 2<sup>nd</sup> Wednesday 1:30pm - 2:30pm

Location: Novant Health Forsyth Medical Center, Winston-Salem

Phone: (336) 718-5284

Location: Wake Forest Baptist Health High Point Medical Center  
Phone: (336) 878-6888

### **Therapeutic Alternatives**

*Provides Geriatric Adult Specialty Teams which provide training on mental health topics that impact the elderly in areas such as dementia and other mental health conditions. Trainings are free.*  
Phone: (336) 224-2626

### **Trellis Supportive Care**

Location: 101 Hospice Lane, Winston-Salem, NC 27103  
Phone: (336) 769-3972  
Website: <https://www.trellissupport.org/>  
Hours: 24/7 coverage at (888) 876-3663 or (336) 768-3972

**\*\*Contact your local medical center, church or Davidson County Senior Services for active support groups.**

## TAXES

### **Davidson County Senior Services / Davidson County Tax Coalition**

*Volunteer AARP counselors trained in cooperation with the IRS provide counseling and income tax for preparation February through April*  
Location: 555-B West Center St. Ext., Lexington, NC 27295  
Phone: (336) 242-2290  
Location: 211 West Colonial Dr., Thomasville, NC 27360  
Phone: (336) 474-2754  
**\*\*Call for appointment at either location during tax season**

### **Davidson County Tax Department**

Location: 913 Greensboro Street, Lexington, NC 27292  
Phone: (336) 242-2160  
Phone for Collections: (336) 242-2180  
Phone for Listings and Appraisals: (336) 242-2161  
Website: <https://www.co.davidson.nc.us/355/Tax-Assessor>  
Hours: Monday – Friday: 7:30am – 6:00pm

### **IRS**

Address: 1677 Westbrook Plaza, Suite 160, Winston-Salem, NC 27103  
Phone for Local Winston-Salem Office: (336) 659-2740  
Phone: 1-800-829-1040  
Website: [www.irs.gov](http://www.irs.gov)  
Hours: Toll-Free 1-800-829-1040 available Monday – Friday: 7:00am – 7:00pm  
Local Winston-Salem Office available Monday – Friday: 8:30am – 4:30pm (closed for lunch 12:00pm – 1:00pm)

### **NC Department of Revenue**

*State tax information*

Mailing Address: P.O. Box 25000, Raleigh, NC, 27640  
Phone: 1-877-252-3052  
Phone for Individual Income Tax Refund Inquiry: 1-877-252-4052  
Phone for Tax Fraud Hotline: 1-800-232-4939  
Website: [www.dornc.com](http://www.dornc.com)  
Hours: Monday – Friday: 8:00am – 5:00pm

## TELEPHONE REASSURANCE

### **Davidson County Sheriff's Office**

*Provides well checks on the elderly upon request; must live alone to qualify*

Location: 2511 E. US Hwy 64, Lexington, NC 27292

Phone: (336) 242-2100

### **Friendship Line at Institute on Aging**

*The Friendship Line is both a crisis intervention center and a "warm" line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+*

24/7 Toll-Free: 1-800-971-0016

Website: [www.ioaging.org/services/all-inclusive-health-care/friendship-line](http://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

Email: [FriendshipLine@ioaging.org](mailto:FriendshipLine@ioaging.org)

**\*\*Please see Medical Alert Systems or Volunteer Assistance for further assistance in this area.**

## TRANSPORTATION

### **Carolina Custom Transportation**

*Provides custom transportation for medical appointments, non-emergency trips to the hospital, and other convenience transportation needs*

Location: 8111 Old US Hwy 52, Lexington, NC 27295

Phone: (336) 754-2155

Website: [www.carolinacustomtransportation.com](http://www.carolinacustomtransportation.com)

### **Davidson County Department of Transportation**

Location: 945 North Main Street, Lexington, NC 27292

Phone: (336) 242-2250

Phone for seniors age 60+: (336) 242-2947

Phone for Medicaid recipients: (336) 242-2272 (for medical transportation through Medicaid)

Website: <https://www.co.davidson.nc.us/258/Transportation>

Hours: Monday – Friday: 8:00am – 5:00pm

### **Davidson County Rescue Squad's Non-Emergency Transport**

*Davidson County Rescue Squad has been providing Non-Emergency Transport Services for over 3 years. Patients with any of the following conditions can be transported:*

*Fractures, Abnormal Labs, Psychiatric Evaluation, Sick with no Priority Symptoms, Scheduled Doctors' Appointments, Any patient that is Hemodynamically Stable,*



Patients with tracheotomy that are not on a ventilator, unless there is a nurse or respiratory therapist to accompany the patient, and much more. They transport to all areas of the state and out-of-state. With long distance transports, they request you give as much notice as possible to allow for planning and preparation.

Phone (Main Line): (336) 500-0435

Phone: (336) 249-9339

### **Disabled American Veteran (DAV) Transportation**

DAV operates a fleet of vehicles around the country to provide free transportation to VA medical facilities for injured and ill veterans.

Phone: (704) 638-9000, (704) 638-3825

Website: [www.dav.org/veterans/i-need-a-ride](http://www.dav.org/veterans/i-need-a-ride)

### **Providence Transportation**

Provides custom transportation for medical appointments, non-emergency trips to the hospital, and other convenience transportation needs

Location: 1040 Randolph Street Suite 32 Thomasville, NC 27360

Phone: (336) 472-7433

Website: <https://providencetransport.com/>

### **Thompson Transportation Services of Greensboro**

Phone: 1-855-474-3362

Location: Greensboro, NC

Website: [www.4ridenc.com](http://www.4ridenc.com)

## UTILITY ASSISTANCE

### **Cooperative Community Ministry**

Provides utility assistance for eligible applicants when funds are available. Requires a referral from Department of Social Services. Applicant must reside in Thomasville area, and must provide ID or proof of residence.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Website: [www.ccmtville.com](http://www.ccmtville.com)

Email: [CCMTville@northstate.net](mailto:CCMTville@northstate.net)

Hours: Monday/Tuesday/Thursday/Friday: 8:00am – 12:30pm

Wednesday: 11:30am - 3:30pm

### **Crisis Ministry of Davidson County**

Provides financial assistance for utilities when funds are available. Please call for eligibility requirements.

Location: 107 East First Avenue, Lexington, NC 27292

Phone: 336-248-6684, 336-248-5930

Website: <http://fumclex.org/ministries/missions-outreach/crisis-ministry-of-davidson-county>

Email: [CrisisMinDC@yahoo.com](mailto:CrisisMinDC@yahoo.com)

Hours: Monday – Friday, 8:00am – 5:00pm

### **Davidson County Community Action**

*Offers and Economic Self-Sufficiency program which focuses on past due rent and utilities; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided.*

Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Website: [www.communityaction.agency](http://www.communityaction.agency)

Email: [davidsoncounty@communityaction.agency](mailto:davidsoncounty@communityaction.agency)

Hours: Monday - Friday 8:30am - 5:00pm,

Food Assistance Program Hours: Thursdays: 9:00am - 12:00pm, and 2:00 - 4:00pm (food assistance available one time per month)

### **Davidson County Social Services, Emergency Assistance**

*Provides utility assistance to eligible applicants as long as funds are available. Must have a cut-off notice. Please call for eligibility requirements-must meet income and other guidelines.*

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: (336) 242-2500 - ask for utility assistance

Thomasville: (336) 474-2760 - ask for utility assistance

Website: <https://www.co.davidson.nc.us/422/Emergency-Assistance>

Hours: Monday – Friday, 8:00am – 5:00pm

### **Energy United Foundation**

*Provides assistance to families and individuals with urgent needs they cannot meet themselves*

Phone: 1-800-522-3793

Website: <https://www.energyunited.com/community/energyunited-foundation/>

### **Fairgrove Family Resource Center**

*Eligible families must complete an application by going into the center. In most cases, a referral from the Department of Social Services is required. Limited to citizens of eastern Davidson County and City of Thomasville residents.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

Email: [FGFRC@northstate.net](mailto:FGFRC@northstate.net)

Hours: Monday – Thursday: 9:00am – 1:00pm

### **Low Income Energy Assistance Program (LIEAP)**

*LIEAP gives families a one-time vendor payment to help pay their heating bills. Assistance varies from \$200, \$300 or \$400 depending on household size, income and heat source. Program runs from December through March.*

Applications are available through Davidson County Department of Social Services

Phone: (336) 242-2500

Hours: 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/423/Low-Income-Energy-Assistance>

### **Salvation Army, Lexington**

*Provides financial assistance for utilities when funds are available. Call for eligibility requirements.*

Location: 314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292

Mailing Address: P.O. Box 770, Lexington, NC 27292-0770

Phone: (336) 249-0336, ext. 21

Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Hours: Monday – Friday: 8:00am – 5:00pm

### **Salvation Army, Thomasville**

*Provides financial assistance for utilities when funds are available. Call for eligibility requirements with Duke Energy Special Assistance.*

Location: 10 Pine Street, Thomasville, NC 27360

Phone: (336) 472-7800, ext. 21

Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Hours: Monday – Thursday: 1:00 – 6:00pm

### **South Davidson Family Resource Center**

Location: 338 West Salisbury Street, Denton, NC 27239

Phone: (336) 859-5399

Website: <http://www.southdavidsonfrc.com/default.htm>

Hours: Monday – Wednesday, 8:30am – 12:00pm

## VETERANS' SERVICES

### **Community Link, Supportive Services for Veteran Families (SSVF)**

*SSVF targets very low income veterans and their families who are homeless or on the verge of homelessness.*

Phone: (704) 943-9490 / (800) 977-1969

Website: <http://communitylinknc.org/veterans/>

### **Davidson County Veterans' Services**

*Local office for information on veterans' services and benefits. Provides information for veterans residing in Davidson County.*

Location: 913 Greensboro Street, Suite 101, Lexington NC 27292

Phone: (336) 242-2039 or (336) 242-2037

Website: <https://www.co.davidson.nc.us/242/Veterans>

Hours: Monday – Friday: 8:00am – 5:00pm

### **NC4VETS**

Phone: (844) 624-8387

Website: [www.nc4vets.com](http://www.nc4vets.com)

### **NC Division of Veterans Affairs**

*Provides information for veterans.*

Location: 325 North Salisbury Street, Raleigh, NC 27601  
Mailing Address: 1315 Mail Service Center, Raleigh, NC 27699  
Phone: (919) 807-4250  
Website: [www.doa.state.nc.us/vets](http://www.doa.state.nc.us/vets)  
Hours: Monday – Friday: 8:00am – 5:00pm

### **Salisbury National Cemetery**

Location: 501 Statesville Boulevard, Salisbury, NC 28144  
Phone: (704) 636-2661

### **Skilled Nursing Care – NC State Veterans Home in Salisbury**

*99-bed home for Veterans*

Location: 1601 Brenner Avenue, Building #10, Salisbury, NC 28144  
Phone: (704) 638-4200

### **Veterans Administration (VA) Benefits**

*U.S. Department of Veterans Affairs*

*Provides information on veteran's benefits*

Location: 810 Vermont Avenue, NW Washington DC 20420

Phone: 1-800-827-1000

Veterans Crisis Line: 1-800-273-8255, Press 1

Website: [www.benefits.va.gov/compensation](http://www.benefits.va.gov/compensation)

Hours: 24/7

### **VA Health Care Benefits**

*U.S. Department of Veterans Affairs*

*Information on veterans' health care and benefits. Please call for information.*

Location: 810 Vermont Avenue, NW Washington DC 20420

Phone: 1-877-222-8387

TDD: 1-800-829-4833

Website: [www.publichealth.va.gov/exposures/benefits/health-care.asp](http://www.publichealth.va.gov/exposures/benefits/health-care.asp)

Hours: 24/7

### **VA Hospital, Kernersville**

*Provides medical care (in-patient, out-patient, medication) for veterans.*

*Please call (704) 638-9000 or 1-800-469-8262, ext. 3470 to speak to someone about eligibility requirements.*

Location: Kernersville Health Care Center at 1695 Kernersville Medical Parkway,  
Kernersville, NC 27284

Phone: (336) 515-5000

Automated Information: : 1-800-469-8262

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

### **VA Hospital, Salisbury**

*Provides medical care (in-patient, out-patient, medication) for veterans.*

*Please call (704) 638-9000 or 1-800-469-8262, ext. 3470 to speak to someone about eligibility requirements.*

Location: 1601 Brenner Avenue, Salisbury, NC 28144  
Phone: (704) 638-9000, (704) 638-3825  
Automated Information: 1-800-469-8262  
Website: [www.salisbury.va.gov](http://www.salisbury.va.gov)

### **VA Medical Foster Home Program**

*An alternative to nursing home or assisted living care for Veterans provided by the W.G. (Bill) Hefner VA Medical Center in Salisbury*  
Location: 1601 Brenner Avenue, Salisbury, NC 28144  
Phone: (704) 638-9000

### **VA Satellite Outpatient Clinic, Winston-Salem**

*Outpatient clinic for veterans. Please call for information.*  
Location: 190 Kimel Park Drive, Winston-Salem, NC 27103  
Phone: (336) 768-3296  
Toll-Free: 1-800-706-9126  
Website: [www.salisbury.va.gov/locations/Winston-Salem.asp](http://www.salisbury.va.gov/locations/Winston-Salem.asp)  
Hours: Monday – Friday: 8:00am – 4:00pm

### **Veterans Crisis Line**

*Voluntary, Confidential, Free and Professionally Staffed*  
Phone: 1-800-273-8255, Press 1

### **Veterans – Homebound**

*Home based primary care. Provided services include; dietician, nurse practitioner, social worker, occupational therapist and physical therapist. Contact your doctor to order.*

### **W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice Care**

*The VA Hospice Care Program is open to veterans who have an illness for which life-saving treatment is no longer practical. Each veteran must be enrolled in the VA Healthcare System.*  
Phone: (704) 647-5804 or (704) 638-9000, ext. 4128 or 4167

### **Warrior Bridge – Veterans Services**

*Provides a broad range of services to veterans with disabilities and their families*  
Phone (910) 401-5495  
Website: [www.warriorbridge.org](http://www.warriorbridge.org)

## VICTIM ASSISTANCE SERVICES

### **Family Services of Davidson County**

*Domestic Violence, sexual assault support/assistance; counseling.*  
Location: 1303 Greensboro Street Extension, Lexington, NC 27295  
Mailing Address: P.O. Box 607, Lexington, NC 27293  
24/7 Crisis Line: (336) 243-1934  
Phone: (336) 249-0237; (336) 476-0050  
Website: [www.fsdco.org](http://www.fsdco.org)

Hours: Monday – Thursday: 8:30am – 7:00pm  
Friday: 8:30am – 3:00pm

## VOLUNTEER OPPORTUNITIES / ASSISTANCE

### **Davidson County Senior Services**

*Volunteer opportunities available for delivering meals, office assistance, and more. Please call and ask for Volunteer Coordinator for more information on opportunities and eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday: 8:00am – 5:00pm

### **FaithHealth NC**

*FaithHealth staff, as well as volunteers from congregations and the community, offer health care ministries to anyone in the community in need. They provide support before, during, and after hospitalization. They help coordinate transportation, home visitation, food and medication assistance, and provision of emotional and spiritual support.*

Phone: (336) 716-3027-main office

Local contact for Davidson county: Diane Horton, Chaplain at Lexington Medical Center: (336) 238-4560-office

Website: [www.faithhealthnc.org](http://www.faithhealthnc.org)

Email: [FaithHealthNC@WakeHealth.edu](mailto:FaithHealthNC@WakeHealth.edu)

### **Guardian ad Litem**

*Volunteer opportunities available for advocating as Guardian ad Litem (GAL) appointed by the court to advocate for the best interests of an abused or neglected child. The GAL serves as an important voice for the child in court.*

Phone: (336) 242-6719

Website: <https://volunteerforgal.org/>

### **Hospice of Davidson County**

*Volunteer opportunities available. Call or go to website for more information.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: 1-800-768-4677

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

Hours: Monday – Friday: 8:00am – 5:00pm

### **North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)**

*NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Must be age 65 or older. The person requesting services should contact them directly or if a social worker is referring, they must be with the person at the time of referral.*

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: 1-877-506-2226  
Website: [www.ncbam.org](http://www.ncbam.org)  
Hours: Monday – Friday: 9:00am – 5:00pm

### **Pastors Pantry of Lexington**

*Volunteer opportunities available on a regular basis, when you have time, or as needed. Call or visit the website below for more information.*

Location: 307 N State St, Lexington, NC 27292  
Phone: (336) 249-8824  
Website: <https://pastorspantry.org/how-help/volunteer/>

### **United Way of Davidson County**

*Volunteer information and opportunities available. Please call or go to website for more information.*

Location: 11 Court Square, Suite 100, Lexington, NC 27292  
Mailing Address: P.O. Box 492, Lexington, NC 27293  
Phone: (336) 249-2532  
Website: [www.uwdavidson.org](http://www.uwdavidson.org)  
Hours: Monday – Thursday: 8:00am – 5:00pm  
Friday: 8:00am – 12:00pm

## WEATHERIZATION

### **Piedmont Triad Regional Council - Weatherization Assistance Program**

*Weatherization program helps low income, elderly, or disabled residents by improving energy efficiency. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Please call or go to website for specific eligibility requirements. Income guidelines do apply.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284  
Phone: (336) 904-0300  
Website: [www.ptrc.org/weatherization](http://www.ptrc.org/weatherization)  
Email can be accessed through the website  
Hours: Monday – Friday: 8:00am – 4:30pm