

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2.</p> <p>Senior Center closed <i>Have a Safe and Happy</i> L•A•B•O•R DAY September 2nd</p> <p>★ ★ ★</p>	<p>3.</p> <p>8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 9 am Get Strong 2:15 pm Fitness Rm Orientation 5:30 - 6:30 pm Shag: Advanced \$ 5:30-6:30 pm Yoga \$</p>	<p>4.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Puzzles/Games 9 am-4pm Ladder Golf 12 pm Phase 10</p>	<p>5.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 12 pm Phase 10</p>	<p>6.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 10-11 am Walk With Ease 11:30 am Cornhole 12 pm Phase 10 2 pm Fun on the Wii</p>
<p>9.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9am - 2 pm Old Timey Game Day 10-11 am Walk With Ease 12 pm Phase 10 12:30-1:30 pm Chair Yoga \$</p>	<p>10.</p> <p>8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9 am Get Strong 12 pm-3pm Table Tennis 2:15 pm Fitness Rm Orientation 5:30 - 6:30 pm Shag: Advanced \$ 5:30-6:30 pm Yoga \$</p>	<p>11.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Puzzles/Games 9 am-4pm Ladder Golf 11 am - 1pm Line Dance I & II \$ 12 pm Phase 10</p>	<p>12.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 12 pm Phase 10</p>	<p>13.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 11:30 am Cornhole 12 pm Phase 10 2 pm Fun on the Wii</p>
<p>16.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9am - 2 pm Old Timey Game Day 10 am Emergency Preparedness 12 pm Phase 10 12:30-1:30 pm Chair Yoga \$</p>	<p>17.</p> <p>8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9 am Get Strong 12 pm-3pm Table Tennis 2:15 pm Fitness Rm Orientation 5:30 - 6:30 pm Shag: Advanced \$ 5:30-6:30 pm Yoga \$</p>	<p>18.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Puzzles/Games 9 am-4pm Ladder Golf 11 am - 1pm Line Dance I & II \$ 12 pm Phase 10</p>	<p>19.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9 am Senior's Day at the Fair 12 pm Phase 10</p>	<p>20.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 11:30 am Cornhole 12 pm Phase 10 2 pm Fun on the Wii</p>
<p>23.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9am - 2 pm Old Timey Game Day 12 pm Phase 10 12:30-1:30 pm Chair Yoga \$</p>	<p>24.</p> <p>8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 9 am Get Strong 12 pm-3pm Table Tennis 2pm BINGO with Cigna 2-4 pm Pumpkin String Art \$ 2:15 pm Fitness Rm Orientation 5:30 - 6:30 pm Shag: Advanced \$ 5:30-6:30 pm Yoga \$</p>	<p>25.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Puzzles/Games 9 am-4pm Ladder Golf 11 am - 1pm Line Dance I & II \$ 12 pm Phase 10</p>	<p>26.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 12 pm Phase 10</p>	<p>27.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 11:30 am Cornhole 12 pm Phase 10 2 pm Fun on the Wii</p>
<p>30.</p> <p>8:30 am-4:30 pm Book Nook 8:30 am-4:30 pm Computer Lab 8:30 am-4:30 pm Fitness Room 8:30 am-4:30 pm Puzzles/Games 9am - 2 pm Old Timey Game Day 12 pm Phase 10 12:30-1:30 pm Chair Yoga \$</p>	<p align="center">Davidson County Senior Services September 2019 <i>Thomasville Activity Calendar</i></p> <p align="right">\$- Indicates class has a fee</p>			