

# **HEALTH AND WELLNESS RESOURCE GUIDE**



**Davidson County, North Carolina  
December 2019**



## Counseling and Social Support Services

### **Alcoholics Anonymous**

(336)246-6636

<https://www.aa-carolina.org/davidson>

### **American Children's Home**

3844 NC Highway 8

Lexington, NC 27292

(336)357-7126

<https://www.ach-nc.org>

### **Baptist Children's Homes of NC**

201 East Idol Street

Thomasville, NC 27360

(336)474-1200

<https://www.bchfamily.org>

### **Cancer Services of Davidson County**

25 West 6th Avenue

Lexington, NC 27292

(336)249-7265

<https://www.cancerservicesofdc.org>

### **Cardinal Innovations**

1-800-939-5911

<https://www.cardinalinnovations.org>

### **Carolina Senior Care**

802 East Center Street

Lexington, NC 27292

(336)746-3500

<https://www.carolinaseniorcare.org>

### **Crisis Ministry of Davidson County**

107 East 1st Avenue

Lexington, NC 27292

(336)248-6684

<http://www.crisisministryofdavidsoncounty.org>



## Counseling and Social Support Services

### **Davidson County Adult Protective Services**

913 Greensboro Street  
Lexington, NC 27293  
(336)242-2839  
(336)242-249-0131 (after normal business hours)  
<https://www.co.davidson.nc.us/376/Adults>

### **Davidson County Child Protective Services**

913 Greensboro Street  
Lexington, NC 27293  
(336)242-2500  
(336)249-0131 (after normal business hours)  
<https://www.co.davidson.nc.us/408/Child-Protective-Services>

### **Davidson County Senior Services — Lexington**

555-B West Center Street Extension  
Lexington, NC 27295  
(336)242-2290  
<https://www.co.davidson.nc.us/337/seniorservices>

### **Davidson County Senior Services — Thomasville**

211 West Colonial Drive  
Thomasville, NC 27360  
(336)474-2754  
<https://www.co.davidson.nc.us/337/seniorservices>

### **Davidson County Transportation**

945 North Main Street  
Lexington, NC 27292  
(336)883-7278  
<https://www.davidson.nc.us/258/transportation>

### **Daymark Recovery Services**

1104-A South Main Street  
Lexington, NC 27292  
(336)242-2450  
(866)275-9552 (24-hour crisis hotline)  
<https://www.daymarkrecovery.org>



## Counseling and Social Support Services

### **Family Services of Davidson County**

1303 Greensboro Street Extension  
Lexington, NC 27295  
(336)249-0237  
(336)243-1934 (24-hour crisis line)  
<https://www.fsdco.org>

### **Hospice of Davidson County**

200 Hospice Way  
Lexington, NC 27292  
(336)475-5444  
<https://www.hospiceofdavidsong.org>

### **Monarch Behavioral Health**

820 Grimes Boulevard  
Lexington, NC 27293  
(336)224-6071  
(866)272-7826  
<https://www.monarchnc.org>

### **Nazareth Child and Family Connection**

16 East Center Street  
Lexington, NC 27292  
(336)300-7614  
<https://www.nazch.com>

### **NC Cooperative Extension**

301 East Center Street  
Lexington, NC 27292  
(336)242-2080  
<https://davidsong.ces.ncsu.edu>

### **Path of Hope**

1675 East Center Street Extension  
Lexington, NC  
(336)248-8914  
<https://www.apathofhope.org>



## Counseling and Social Support Services

### **Positive Wellness Alliance**

400 East Center Street  
Lexington, NC 27292  
(336)248-4646  
<https://www.positivewellnessalliance.org>

### **Services for the Blind—Davidson County**

211 West Colonial Drive  
Thomasville, NC 27360  
(336)474-2709

### **Services for the Deaf and Hard of Hearing**

8 Franklin Street  
Lexington, NC 27292  
(336)899-8331  
<https://www.sdhhdc.org>

### **Smart Start of Davidson County**

306 East US Highway 64  
Lexington, NC 27292  
(336)249-6688  
<https://www.partnershipforchildren.org>

### **The Arc of Davidson County**

1900 South Main Street  
Lexington, NC 27292  
(336)248-2842  
<https://www.arcdavidson.org>

### **The Life Center of Davidson County**

601 West Center Street  
Lexington, NC 27292  
(336)249-2155  
<https://www.lifecenterdavidson.com>



## Food Assistance

### **Cooperative Community Ministry**

10 West Guilford Street  
Thomasville, NC 27360  
(336)476-1842  
<https://www.ccmtville.com>

### **Davidson County Department of Social Services — Food and Nutrition Services**

913 Greensboro Street  
Lexington, NC 27293  
(336)242-2500  
<https://www.co.davidson.nc.us/417/Food-Nutrition>

### **Davidson County Department of Social Services — Food and Nutrition Services**

211 West Colonial Drive  
Thomasville, NC 27360  
(336)474-2760  
<https://www.co.davidson.nc.us/417/Food-Nutrition>

### **Davidson County Senior Services — Meals on Wheels**

(336)242-2290  
<https://www.co.davidson.nc.us/363/Meals-on-wheels>

### **Davidson County Senior Services — Congregate Nutrition**

Denton Civic Center  
459 Salisbury Street  
Denton, NC 27239  
(336)859-2542

### **Lexington Senior Center**

555-B West Center Street Extension  
Lexington, NC 27295  
(336)236-3118

### **Southmont Civic Center**

184 Owens Road  
Lexington, NC 27292  
(336)798-2933



## Food Assistance

### **Davidson County Senior Services — Congregate Nutrition (continued)**

Thomasville Senior Center  
211 West Colonial Drive  
Thomasville, NC 27360  
(336)474-2667

### **First Baptist Church—Welcome**

Welcome Arcadia Road  
Lexington, NC 27295  
(336)731-8434  
<https://www.co.davidson.nc.us/362/Congregate-Nutrition>

### **Davidson County WIC Program**

915 Greensboro Street  
Lexington, NC 27293  
(336)242-2330  
<https://www.co.davidson.nc.us/215/WOC>

### **Fairgrove Family Resource Center**

159 Myrtle Drive  
Thomasville, NC 27360  
(336)472-7217  
<https://www.fgfrc.org>

### **Greater Things Outreach Center**

6282 Old US Highway 52  
Welcome, NC 27374  
(336)619-0171  
<https://www.gtocfood.org>

### **Open Hands of Davidson County**

100 East 1st Street  
Lexington, NC 27292  
(336)242-6142  
<https://www.openhandsdavidsoncounty.org>



## Food Assistance

### **Pastor's Pantry**

307 North State Street  
Lexington, NC 27292  
(336)249-8824  
<https://www.pastorspantry.org>

### **Salvation Army**

314 West 9th Avenue  
Lexington, NC 27292  
(336)481-7324  
<https://www.salvationarmycarolinas.org/davidsoncounty>

### **South Davidson Family Resource Center**

338 West Salisbury Street  
Denton, NC 27239  
(336)859-5399  
<https://www.southdavidsonfrc.com>

### **The Father's Storehouse**

7 J.W. Thomas Way  
Thomasville, NC 27360  
(336)475-4357  
<https://www.thefathersstorehouse.com>

### **Upper Room Food Pantry**

11185 Highway 8  
Southmont, NC 27292  
(336)798-7777

### **West Davidson Food Pantry**

4600 West Old Highway 64  
Lexington, NC 27295  
(336)787-4357  
<https://www.facebook.com/wdfoodpantry>





## Health

### **Davidson County Health Department**

915 Greensboro Street  
Lexington, NC 27293  
(336)242-2300  
<https://www.co.davidson.nc.us/200/health>

### **Davidson Medical Ministries/ Davidson Health Services**

Lexington Office  
420 North Salisbury Street  
Lexington, NC 27292  
(336)243-7475

Thomasville Office  
611 Randolph Street  
Thomasville, NC 27360  
(336)474-4585  
<https://www.davidsonmedicalministries.org>

### **Novant Health Thomasville Medical Center**

207 Old Lexington Road  
Thomasville, NC 27360  
(336)472-2000  
<https://www.novanthealth.org/thomasville-medical-center>

### **Wake Forest Baptist Health Lexington Medical Center**

250 Hospital Drive  
Lexington, NC 27292  
(336)248-5151  
<https://lexington.wakehealth.edu>



## Health—Specialty

### **Accordius Health**

279 Brian Center Drive  
Lexington, NC 27292  
(336)249-7521  
<https://www.accordiushealth.com>

### **Alston Brook**

4748 Old Salisbury Road  
Lexington, NC 27292  
336-956-1132  
<https://www.alstonbrook.com>

### **Amedisys Home Health**

1630 Liberty Drive, Suite 100  
Thomasville, NC 27360  
(336)472-4449  
<https://www.amedisys.com>

### **American Red Cross — Piedmont Triad Chapter**

1501 Yanceyville Street  
Greensboro, NC 27415  
(336)333-2111  
<https://www.redcross.org>

### **BAYADA Home Health Care**

900 West Cooksey Drive, Suite G  
Thomasville, NC 27360  
(336)249-0382  
<https://www.bayada.com>

### **Brookdale Senior Living**

161 Young Drive  
Lexington, NC 27292  
(336)298-6801  
<https://www.brookdale.com>



## Health—Specialty

### **Brookstone Retirement Center**

2968 Old Salisbury Road  
Lexington, NC 27295  
(336)243-2500  
<https://www.brookstoneretirement.com>

### **Curis at Thomasville**

1028 Blair Street  
Thomasville, NC 27360  
(336)472-7771  
<https://www.thomasvillerehab.org>

### **ECU School of Dental Medicine: Davidson Community Service Learning Center**

1235 Davidson Community College Road  
Thomasville, NC 27360  
(336)236-0165  
<https://www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm>

### **Encompass Health—Home Health**

729 Vineyards Crossing  
Lexington, NC 27295  
(336)249-7813

### **Genesis Health Care—Abbotts Creek Center**

877 Hill Everhart Road  
Lexington, NC 27295  
(336)248-6644  
<https://www.geneshicc.com/AbbottsCreek>

### **Grayson Creek Assisted Living**

6781 Old US Highway 52  
Lexington, NC 27295  
(336)619-4036  
<https://www.slh-assistedliving.com>

### **Hilltop Living Center**

592 Hilltop Drive  
Linwood, NC 27299  
(336)853-8113



## Health—Specialty

### **Lexington Dialysis Center**

233 Anna Lewis Drive  
Lexington, NC 27292  
(336)248-6808

### **Lexington Health Care Center**

17 Cornelia Street  
Lexington, NC 27292  
(336)242-1349

### **Lexington Treatment Associates**

310 Murphy Drive  
Lexington, NC 27292  
(336)224-1919

### **Liberty Home Care & Hospice**

1007 Lexington Avenue  
Thomasville, NC 27360  
(336)472-0391

### **Mallard Ridge Assisted Living**

9420 North Highway 150  
Clemmons, NC 27012  
(336)775-2205  
<https://www.ridgecare.com/communities/mallard-ridge-assisted-living/>

### **Medi Home Health & Hospice**

315 South Talbert Boulevard  
Lexington, NC 27292  
(336)248-8212

### **Mountain Vista Health Park**

106 Mt. Vista Health Park Road  
Denton, NC 27239  
(336)859-2181  
<https://www.mtvistahealth.com>



## Health—Specialty

### **Novant Health—Geriatric Behavioral Health**

207 Old Lexington Road  
Thomasville, NC 27360  
(336)474-3465

<https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

### **Piedmont Crossing Retirement Community**

100 Hedrick Drive  
Thomasville, NC 27360  
(336)472-2017

<https://www.piedmontcrossing.org>

### **Pine Ridge Health and Rehabilitation Center**

706 Piney Wood Road  
Thomasville, NC 27360  
(336)475-9116

<https://www.pineridgenursing.com>

### **Spring Arbor of Thomasville**

915 Salem Street  
Thomasville, NC 27360  
(336)472-7171

<https://www.springarborliving.com>

### **Thomasville Dialysis Center**

10 Laura Lane  
Thomasville, NC 27360  
(336)472-4500

### **Thomasville Treatment Associates**

1301 National Highway  
Thomasville, NC 27360  
(336)472-8230



## Wellness

### **City of Lexington Parks and Recreation**

512 South Hargrave Street  
Lexington, NC 27292  
(336)248-3960  
<https://www.lexingtonnc.gov/city-services/parks-and-recreation>

### **City of Thomasville Parks and Recreation**

205 East Main Street  
Thomasville, NC 27360  
(336)475-4210  
<https://www.thomasville-nc.gov/government/departments/parks-and-recreation-1>

### **Davidson County Parks and Recreation**

555-D West Center Street Ext.  
Lexington, NC 27292  
(336)242-2285  
<https://www.co.davidson.nc.us/338/Parks-Recreation>

### **J. Smith Young YMCA**

119 West 3rd Avenue  
Lexington, NC 27292  
(336)249-2177  
<https://lexington.ymca.com>

### **Tom A. Finch Community YMCA**

1010 Mendenhall Street  
Thomasville, NC 27360  
(336)475-6125  
<https://myynow.org>