

**Davidson County Department of Social Services
Lexington, North Carolina**

ADULT SERVICES - LONG TERM CARE

Update - September 16, 2015

The primary difference between adult care homes and nursing homes is:

"Adult Care Homes" provide care and assistance to people with problems carrying out activities of daily living and supervision to people with cognitive impairments whose decisions, if made independently, may jeopardize the safety or well-being of themselves or others and therefore require supervision. Medication in an adult care home may be administered by designated, trained staff. Smaller adult care homes that provide care to two to six unrelated residents are commonly called family care homes.

The state of North Carolina issues licenses to Adult Care Homes (rest homes, family care homes) and passes laws regarding the regulations a home must meet in order to keep their license. The Department of Social Services' Adult Home Specialist monitors each Adult Care Home at least quarterly to assure the home meets licensure regulations. The Adult Home Specialist also investigates complaints concerning Adult Care Homes and provides assistance to the homes and potential homes regarding information about the licensing process and interpretation of state regulations.

"Nursing Homes" are for people who need chronic or rehabilitative care, who, on admission are not acutely ill and who do not usually require special facilities such as an operating room, X-ray facilities, laboratory facilities, and obstetrical facilities. A "nursing home" provides care for people who have remedial ailments or other ailments, for which medical and nursing care are needed; who, however, are not sick enough to require general hospital care. Nursing care is their primary need, but they will require continuing medical supervision.

The NC Division of Health Service Regulation (<http://www.ncdhhs.gov/dhsr>) oversees and licenses nursing homes and responsible for assuring that residents are safe and receive appropriate care.

"Long Term Care Ombudsmen" serve as advocates for residents in nursing homes and adult care homes (rest homes/assisted living) throughout North Carolina. Ombudsmen receive and investigate complaints made by or on behalf of long term care residents and work for their resolution. The Ombudsman Program is an advocacy program, not a regulatory agency.

IMPORTANT NUMBERS TO KNOW

If you have a question or concern about care of residents in Davidson County, call:

Adult Care/Family Care Homes:	(336) 242-2567 or (800) 624-3004
Nursing Homes:	(800) 624-3004
Developmentally Disabled	(800) 624-3004
&/or Mental Health Group Homes	
Ombudsman:	(336) 904-0300

***** Listing of Adult Care Homes and Nursing Homes on back*****

Adult/Family Care Homes in Davidson County

Brookdale Lexington
161 Young Drive
Lexington, NC 27292
(336) 238-1700

Brookstone RH & Retirement Center
2968 Old Salisbury Road
Lexington, NC 27295
(336) 243-2500

The Clinard House (FCH)
108 Kathland Ave.
Thomasville, NC 27360
(336) 481-9087

Grayson Creek of Welcome
6781 Old Highway 52
Lexington, NC 27295
(336) 619-4228 or (336) 731-3131

Hilltop Living Center
212 Plemmons Dr.
Linwood, NC 27299
(336) 853-8113

Kateland Family Care Home
294 Old Hwy 109
Lexington, NC 27292
(336) 472-2745

The Lyman House (FCH)
900 Kenreed Dr.
Thomasville, NC 27360
(336) 481-9592

Mallard Ridge Assisted Living
9420 N. Hwy 150
Clemmons, NC 27012
(336) 775-2205

The Perryman House (FCH)
902 Kenreed Dr.
Thomasville, NC 27360
(336) 313-6114

Spring Arbor of Thomasville
915 W. Cooksey Drive
Thomasville, NC 27360
(336) 472-7171

Westanna Family Care Home
716 W. 5th Ave.
Lexington, NC 27292
(336) 248-6489

Nursing Homes in Davidson County

Abbotts Creek Care & Rehabilitation Center
877 Hill Everhart Road
Lexington, NC 27295
(336) 248-6644

Allston Brook
4748 Old Salisbury Road
Lexington, NC 27295
(336) 956-1132

Avante at Thomasville
1028 Blair Street
Thomasville, NC 27360
(336) 472-7771

Brian Center Nursing Care
279 Brian Center Drive
Lexington, NC 27292
(336) 249-7521

Lexington Health Care
17 Cornelia Drive
Lexington, NC 27292
(336) 242-1349

Mountain Vista Health Park
106 Mountain Vista Rd (PO Box 1547)
Denton, NC 27239
(336) 859-2181

Piedmont Crossing
100 Hedrick Drive
Thomasville, NC 27360
(336) 472-2017

Pine Ridge Health & Rehabilitation Center
706 Pineywood Road
Thomasville, NC 27360
(336) 475-9116