



555-B West Center Street Ext. • Lexington, NC • 27295
Tel: 336.242.2290 • Fax: 336.236.7515
211 West Colonial Drive • Thomasville, NC • 27360
Tel: 336.474.2754 • Fax: 336.236.7521

Thessia Everhart-Roberts, B.S., M.A.
Director of Senior Services

COMMUNITY DIRECTORY FOR AGING RESOURCES

Davidson County Department of Senior Services
2021

555-B West Center Street Extension, Lexington, NC 27295 | (336) 242-2290
211 West Colonial Drive, Thomasville, NC 27360 | (336) 474-2754
www.co.davidson.nc.us/seniorservices

DUE TO COVID-19, MANY PROVIDERS HAVE CHANGED HOURS OR REVISED SERVICE DELIVERY. IT IS HIGHLY RECOMMENDED TO CALL FIRST TO ENSURE SERVICES ARE STILL AVAILABLE.

Email: seniorservices@davidsoncountync.gov • Web: www.co.davidson.nc.us/seniorservices



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EMERGENCY NUMBERS

Ambulance	911
Animal Control	(336) 249-0131
Community Health & Human Service Resources ...	211
Directory Assistance	411
Fire	911
North Carolina Road Conditions.....	511
Police.....	911
Poison Control	(800) 222-1222

Davidson County Department of Senior Services

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Lexington, NC 27295
Phone: (336) 242-2290
Fax: (336) 236-7515

Thomasville Office:

211 West Colonial Drive
Thomasville, NC 27360
Phone: (336) 474-2754
Fax: (336) 236-7515

PERSONAL NUMBERS

Hospital: _____

Doctor: _____

Pharmacy: _____

Power Company: _____

Water Company: _____

Relative: _____

Neighbor: _____

ABUSE AND NEGLECT

Davidson County Adult Protective Services

Accepts reports of abuse, neglect, and exploitation of vulnerable/disabled adults age 18 and over

Location: 918 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2839

Hours: Monday – Friday, 8:00am – 5:00pm

After Hours, Weekends, Holidays: (336) 249-0131 - ask for on-call social worker

Website: <https://www.co.davidson.nc.us/407/Adult-Protective-Services>

Family Services of Davidson County

Provides counseling for domestic violence victims, addictions, anxiety, stress, sexual assault support & assistance; family counseling, credit counseling. Services are provided through insurance, sliding scale fees, grant programs and Employee Assistance Programs.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:30pm

Friday, 8:30am - 5:00pm

Website: www.fsdco.org

<https://www.facebook.com/FamilyServicesDavidson/>

ADULT DAY CARE / ADULT DAY HEALTH

Carolina SeniorCare / PACE Program

Program of all-inclusive care for the elderly with chronic care needs

Location: 802 East Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: (833) 223-4476 TTY: (800) 735-2962

Email: Info@CarolinaSeniorCare.org

Hours: Monday – Friday, 8:00am – 5:00pm; Access to care is available 24 hours/day

Website: www.carolinaseniorcare.org

The Life Center of Davidson County

Provides quality day care and day health for older adults and impaired adults

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Email: Info@LifeCenterDavidson.com

Hours: Monday – Friday, 7:15am – 5:30pm

Website: www.lifecenterdavidson.com

ADVOCACY

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person; educates and advocates for seniors

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650

Email: NCAARP@aarp.org

Website: www.local.aarp.org/NC/

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias

Charlotte Office

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (980) 498-7760

Hours: Monday – Friday, 8:00am – 5:00pm

Greensboro Office

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

24/7 Crisis Line: (800) 272-3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Disability Rights NC

Serves children and adults with disabilities living in NC; provides advocacy and legal services at no charge for people with disabilities living in North Carolina

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: (919) 856-2195

Toll-Free: (877) 235-4210

TTY: (888) 268-5535

Email: Info@DisabilityRightsNC.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.disabilityrightsn.org

Division of Health Service Regulation – Complaint Hotline

Oversees medical, mental health and long-term care facilities and emergency medical services to ensure safe and appropriate care is being administered; complaints may be shared with this unit via phone, fax or postal mail

Location: Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699-2711

Phone: (800) 624-3004

Hours: Monday – Friday, 9:00am – 12:00pm; 1:00pm-4:00pm

Fax: (919) 715-7724

Website: info.ncdhhs.gov/dhsr/ciu/filecomplaint.html

NC Senior Tar Heel Legislature

Promotes citizen involvement and advocacy concerning aging issues before the NC General Assembly; there is one delegate to the Senior Tar Heel Legislature from each of the 100 counties in the state

Davidson County belongs to Region G – Piedmont Triad Regional Council

1398 Carrollton Crossing, Kernersville, NC 27284

Phone: (336) 904-0300

Website: www.ncseniortarheellegislature.org

Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program

An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of Nursing and Adult Care Home residents.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.ptrc.org/services/area-agency-on-aging/long-term-care>

ANIMAL RESOURCES

Animal Control

Controls abandoned and unattended animals

Phone: (336) 249-0131 Trap Requests: (336) 242-2904

Hours: Monday – Friday, 8:00am – 10:00pm

Website: <https://www.co.davidson.nc.us/155/Animal-Control>

Davidson County Animal Shelter

Protects, feeds and houses the stray, injured, abused or unwanted animals in the county

Location: 490 Glendale Road, Lexington, NC 27292

Phone: (336) 357-0805

Hours: Monday – Friday, 11:00am – 5:00pm

Saturday, 1:00pm – 3:00pm

Website: <https://www.co.davidson.nc.us/149/Animal-Shelter>

The Humane Society of Davidson County

Advocates for animals, provides spay & neuter assistance and transport, offers a sick & injured fund and a pet food pantry; investigates animal cruelty cases and hosts adoption fairs.

Pet food pantry is available the 1st Wednesday of each month from 1:00 – 2:00pm.

Location: 1120 Piedmont Drive, Lexington, NC 27292 – by appointment only

Mailing Address: P.O. Box 1791, Lexington, NC 27293

Phone: (336) 248-2706

Spay/Neuter Line: (336) 237-0131

Email: DavidsonHumane@gmail.com

Website: www.humanesocietyofdavidsoncounty.org

Spay and Neuter Instead of Pregnancy (SNIP)

SNIP is a partnership of Davidson County Animal Alliance and Ruff Love Rescue. Our goal is to reduce the overpopulation of animals in Davidson County by offering low cost spay/neuter services to Davidson Co. residents.

Email: snip4dc@gmail.com

Website: www.co.davidson.nc.us/716/spay-and-neuter

Facebook: SNIPDC

BEREAVEMENT & GRIEF SERVICES

Family Services of Davidson County

Provides individual, couple, family and group counseling services to all ages

Location: 1303 Greensboro Street Ext, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:30pm

Friday, 8:30am - 5:00pm

Website: www.fsdco.org

Hospice of Davidson County

Provides programs that help individuals move toward an appropriate grief response and adjust to a loss; provides individualized grief counseling on site and in the home

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: (800) 768-4677

Website: www.hospiceofdavidson.org

Trellis Supportive Care, Winston-Salem/Salisbury (formerly Hospice & Palliative CareCenter)

Provides individualized and group grief counseling services

Winston-Salem Location: Williams Education & Counseling Center, Building 121,

101 Hospice Lane, Winston-Salem, NC 27103

Phone: (336) 768-3972

Salisbury Location: 301 S. Main Street, Suite 105, Salisbury, NC 28144

Phone: (704) 637-7645 / 24/7 Toll-Free: (888) 876-3663

Website: <https://www.trellissupport.org/>

BLIND & VISUALLY IMPAIRED

EyeCare America

If you are a U.S. citizen or legal resident age 65+, have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care, you may be eligible for free eye care services. If eligible, you can schedule a free comprehensive eye exam with a participating ophthalmologist. The program does not cover the cost of eyeglasses, prescription drugs, hospital services or fees from other medical professionals.

Mailing Address: P.O. Box 7424, San Francisco, CA 94120-7424

Phone: (877) 887-6327 Monday – Friday, 5:00am – 9:00am Eastern Time

Website: www.eyecareamerica.org

Email: eyecareamerica@aao.org

NC Library for Blind and Physically Handicapped

Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual or physical disability.

Location: 1841 Capital Boulevard, Raleigh, NC 27635

Phone: (919) 733-4376

Toll-Free: (888) 388-2460

Email: NCIbph@ncdcr.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://statelibrary.ncdcr.gov/lbph>

NC Lions Clubs (Help with Glasses)

Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens. Please call for specific eligibility requirements.

Location: 7062 Camp Dogwood Drive, Sherrills Ford, NC 28673

Mailing Address: P.O. Box 39, Sherrills Ford, NC 28673

Phone: (828) 478-2135

Toll-Free: (800) 662-7401

TDD: (919) 733-1462

Email: NCLions@nclionsinc.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.nclionsinc.org

Script Talk

A talking prescription service for the visually impaired. Ask your pharmacy if they could set up prescriptions with ScriptTalk labels. Initial setup may take one week, then later prescriptions can be filled quickly.

Walmart, Hwy 150, Winston-Salem has the setup in place.

Website: www.envisionamerica.com

Services for the Blind, Davidson County

Provides a variety of services to persons who are blind or visually impaired for the entire spectrum of vision loss to help with medical eye care (MEC), maintaining independence in the home and community, as well as obtaining and maintaining competitive employment through training and accommodations. Disability awareness and sensitivity training available at no cost.

Location: 211 West Colonial Drive, Thomasville, NC 27360

Contact: Santana Boyd, Social Worker

Phone: Davidson County: (336) 474-2709

Email: Santana.boyd@dhhs.nc.gov

Website: <https://www.ncdhhs.gov/assistance/vision-loss>

Services for the Blind, Winston-Salem District Office

Location: 4265 Brownsboro Rd. Suite 100, Winston-Salem, NC 27106

Phone: (336) 896-2227

Website: www.ncdhhs.gov/dsb/

CANCER SERVICES

American Cancer Society

Offers information on cancer, prevention/staying healthy, support, treatment, and research

24/7 Crisis Line: (800) 227-2345

Email & live chat are available through website at:

Website: www.cancer.org

Cancer Services of Davidson County

Offers a variety of services, free of charge, for qualified clients. Please call for information and eligibility guidelines. Can provide emotional and financial support (if meet qualifications), physical needs (equipment and wigs) and support groups.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

COMMUNICATION SERVICES

Cap-Tel North Carolina

Cap-Tel uses voice recognition technology to display verbatim captions of the conversation on the telephone's screen, allowing the person to hear and read all comments

Phone: (800) 233-9130

Hours: 24/7 access

Website: <https://www.captel.com/states/north-carolina/>

ClearCaptions

ClearCaptions provides phone captioning allowing the user to read the words spoken on a phone call

Phone: (866) 246-7850 – Order Product

Phone: (866) 868-8695 – General Support

Hours: Monday – Friday, 8:00am – 10:00pm

Saturday/Sunday, 9:00am – 7:00pm

Website: <https://clearcaptions.com/>

Relay North Carolina

Statewide service that connects standard telephone users with people who are deaf, hard of hearing, or deaf-blind using TTYs

Hours: 24/7 access

TTY 711 or (800) 735-2962

Telebraile 711 or (800) 735-2962

Voice Carry Over 711 or (877) 735-8260

Website: www.relaync.com

SafeLink Wireless Lifeline Program

Provides free cell phone services to eligible households; provided by TracFone Wireless Inc. Eligibility and income requirements must be met and vary by state. Limited to one person per household

Correspondence: SafeLink Wireless PO Box 220009 Milwaukie, OR 97269-0009

Phone: For Enrollment and Plan Changes Support: 1-800-Safelink (723-3546)

Hours: Monday – Saturday, 8:00am – 10:00pm

Sunday 8:00am – 7:00pm

Website:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

Organization Links:

Division of Services for the Deaf & the Hard of Hearing – www.ncdhhs.gov/divisions/dsdhh

Eastern North Carolina School for the Deaf (Wilson) - www.encsd.net

Hearing Loss Association of North Carolina - www.nchearingloss.org

North Carolina American Sign Language Teachers Association- <https://aslta.org/chapters-ncaslta/>

North Carolina Association of the Deaf - <http://www.ourncad.org/>

North Carolina Black Deaf Advocates (National Web Page) - www.ncbda.org

North Carolina Deaf Blind Association - www.ncdba.org

North Carolina Registry of Interpreters for the Deaf- <https://northcarolinarid.org/>

North Carolina School for the Deaf (Morganton) - www.ncsd.net

North Carolina Vocational Rehabilitation – <https://www.ncdhhs.gov/divisions/dvrs/>

COMPUTER TRAINING

Davidson County Community College

Please call or go to website for schedule of computer courses offered

Location: 297 DCCC Road, Thomasville, NC 27360

Phone: (336) 249-8186

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.davidsonccc.edu

Davidson County Senior Services

Computer classes are offered for Davidson County residents age 55 and over at the Lexington and Thomasville locations. Please call the Senior Center to find out when classes are currently scheduled. When classes are scheduled, registration is required.

Lexington Office:

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

Thomasville Office:

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

CONSUMER PROTECTION

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors. Can provide discounts on health insurance, automobile insurance, cell phones, dental, life insurance and possibly others.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 276076

Phone: (866) 389-5650

Email: NCAARP@aarp.org

Website: www.aarp.org/north-carolina/

Better Business Bureau of Central and Northwest NC

Location: 529 College Road, Suite G, Greensboro, NC 27410

Phone: (336) 852-4240

Hours: Monday – Friday, 8:30am – 4:30pm

Website: <https://www.bbb.org/us/nc/greensboro>

NC Attorney General

Protects NC citizens from crime and consumer fraud

Location: 9001 Mail Service Center, Raleigh, NC 27699

Phone: (919) 716-6400

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdoj.gov/>

NC Department of Insurance

Answers questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified diseases and other coverages

Location: 325 North Salisbury Street, Raleigh, NC

Phone: (855) 408-1212

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncdoi.com

COUNSELING

CareNet Counseling – Wake Forest Baptist Health

Provides counseling specific to older adults for issues such as grief, depression, family conflicts, anxiety, health, spiritual growth and more

Location: 403 South Hawthorne Road, Winston-Salem, NC 27103

Phone: (336) 716-0855

Website: www.carenetnc.org

Family Services of Davidson County

Provides individual, group, couple and family counseling services to all ages

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:30pm

Friday, 8:30am - 5:00pm

Domestic Violence/Crisis Line – available 24/7

Phone: (336) 243-1934

Hattie Lee Burgess Home is a safe, temporary home of individual/families actively fleeing domestic violence.

www.fsdco.org

<https://www.facebook.com/FamilyServicesDavidson/>

Friendship Line at Institute on Aging

The Friendship Line is both a crisis intervention center and a “warm” line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+

24/7 Toll-Free: (800) 971-0016

Website: www.ioaging.org/services/all-inclusive-health-care/friendship-line

Hopeline – NC Baptist Aging Ministry (NCBAM)

Phone line for those 65 and over who are lonely and feeling isolated.

Phone: (866) 578-4673

Hours: 9:00am – 9:00pm

Website: www.ncbam.org/ministry-outreaches.html

Loneliness & Isolation Toolkit - Humana

Resources to help fight loneliness and social isolation.

Website: <https://populationhealth.humana.com/resources/social-isolation-loneliness-toolkit/>

National Suicide Prevention Lifeline

The Lifeline is free, confidential, and always available. Help a loved one, a friend, or yourself deal with trauma.

Phone: (800) 273-8255, 24/7, free and confidential

TTY: dial 711 then 1-800-273-8255

Website: www.suicidepreventionlifeline.org

Senior Compassion Foundation

Their mission is to seek out older veterans and seniors residing in long-term care facilities or at home that may struggle with loneliness, depression or feelings of abandonments.

Location: 103 Caden Village Circle, Lexington, NC 27295

Phone: (336) 482-1006

Email: mur@seniorcompassionfoundation.org

<https://seniorcompassionfoundation.org/>

Silver Linings for Seniors, Inc.

Senior counseling for mindful living; mental health counseling, group therapy and meditation and relaxation training. Will provide services in the home.

Location: 1250 SE Maynard Road, Suite 204, Cary, NC 27511

Phone: (919) 948-7718

Website: www.silverliningsnc.com

COVID-19

COVID-19 Information

An information hub with the most up-to-date resources, information and assistance from across North Carolina. Also includes help, hotlines & more, and a North Carolina 211 search of local resources.

Website: www.nc.gov/Covid19

Davidson County Health Department

The health department has the most up-to-date information on COVID-19 testing and vaccinations. Their website also contains a community resources link on their homepage.

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2300

Hours: Monday-Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/200/health

DEAF & HARD OF HEARING

Free Guide to Financial Assistance for Hearing Aids through the Better Hearing Institute

Please contact Davidson County Senior Services to receive your free guide or download the guide from the website listed below.

Website: https://betterhearing.org/HIA/assets/File/public/HIA_Financial-Assistance-Guide.pdf

HEAR Now (This program is not currently operating)

Application-based program that provides hearing help to low-income individuals; call to discuss eligibility

Phone: (800)-328-8602

Email: info@starkeyfoundation.org

Website: <https://www.starkeyhearingfoundation.org/hear-now>

NC Division-Services for Deaf & HOH (get one free hearing aid or phone every 6 years)

DSDHH can help advocate for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf-Blind and assist with communication needs (sign language interpreting, hearing aids, assistive technology, telecommunication needs, captioning services, video relay services); assist in accessing appropriate community resources (legal, financial, medical, employment, housing, education, etc.); provide information and support in achieving full participation in daily life; provide consultation and education to community agencies, organizations, employers and service providers in meeting the needs of people with hearing loss; and provide opportunities for borrowing books, CDs, DVDs, videos and other materials from their Regional libraries. DSDHH can also provide telephones and other related equipment to eligible NC residents with a hearing loss or speech impairment. A consumer may obtain one (1) hearing aid or one (1) amplified/accessible phone. Qualifications must be met and it is preferred that the individual go over the financial requirements with a representative in our office.

Greensboro Regional Center

Contact: Katie Franklin

Location: 415 North Edgeworth Street, Suite 175, Greensboro, NC 27401

Phone: (336) 273-9692

Toll-Free Voice: (888) 467-3413

Video Phone: (336) 429-5644

TTY: (336) 273-5842

Hours: Monday – Friday, 8:00am – 5:00pm; can also leave a voice message 24/7 to receive a return call

Website: www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm

Services for the Deaf & Hard of Hearing of Davidson County

Location: 8 Franklin Street, Lexington, NC 27292

Phone: (336) 899-8331

Videophone: (336) 899-7059

Email: info@sdhhdc.org

Hours: Monday – Friday, 10:00am – 2:00pm

Website: www.sdhhdc.org

Additional Resources

The following providers may assist persons having hearing or speech impairments:

Beltone Hearing Care Center www.beltone.com (336) 774-1113

Communication Access Partners, Inc. (336) 993-4200

Interpreters www.communicationaccesspartners.com

Relay NC (TTY)/24-hour availability www.relaync.com (800) 735-2962 or 711

Relay NC (voice)/24-hour availability www.relaync.com (877) 735-8200 or 711

Wake Forest Baptist Health www.wakehealth.edu/hearing-and-speech

Department of Hearing and Speech (336) 716-3103

DEMENTIA & ALZHEIMER'S

Alzheimer's Association

Leads the way to end Alzheimer's and all other dementia-by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Helping all those facing Alzheimer's Disease and other dementias by providing support groups and educational resources, while advancing crucial research and public policy initiatives.

Charlotte Office

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (980)498-7760

Hours: Monday – Friday, 8:30am – 5:00pm

Greensboro Office

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:30am – 5:00pm

24/7 Crisis Line: (800) 272-3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Duke Family Support Program

A no-cost service for all NC families caring for someone with a memory disorder and other cognitive disorders of late life

- Personalized tips for caregivers
- Telephone or email help with care decisions
- Help locating support groups and educational programs
- NC Project C.A.R.E. – care consultation and respite services for caregivers
- with family members at home

Phone: (919) 660-7510

Website: www.dukefamilysupport.org

Email: Natalie.leary@duke.edu

Information and Support Groups:

WFU Health www.wakehealth.edu/Alzheimers/Resources/Public.htm
Alzheimer's Association - https://www.alz.org/norcal/helping_you/support_groups
(800) 272-3900, 24-Hour Helpline
Dementia Alliance of NC - <https://dementianc.org/> (800) 228-8738
Caregiver Action Network www.caregiveraction.org (855) 227-3640

DENTAL SERVICES

Affordable Dentures & Implants

Offers dentures, extractions and implants at affordable rates

Toll-free: 1-800-DENTURE (800-336-8873)

Colfax Location: 3911 Teamster's Place, Colfax, NC 27235

Phone: (336) 546-6112

Hours: Monday – Friday, 7:00am – 4:00pm

Winston-Salem Location: 1027 Hanes Mall Blvd, Winston Salem, NC 27103

Phone: (336) 283-6895

Hours: Monday – Friday, 8:00am – 5:00pm

Lexington Location: 29 Plaza Parkway, Lexington, NC 27292

Phone: (336) 645-9941

Hours: Monday – Friday, 8:00am – 4:30pm

Website: www.affordabledentures.com

Kintegra Family Dentistry-Lexington

Lexington Location: 32 Kirkwood Ave. Lexington, NC 27292

Phone: (336) 243-3201-Dental clinic number

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday, 7:00am – 3:00 pm.

Closed Daily 12:00 – 1:00 pm

Website: <https://www.kintegra.org/kintegra-family-dentistry-lexington/>

*copay is \$50 per service.

Dental Lifeline Network

Donated Dental Services program provides free, comprehensive dental treatment to the country's most vulnerable people with disabilities or who are elderly or medically fragile
***lengthy wait list -not currently serving Davidson County due to long wait list.*

Contact: Carrie Hebert, DDS Coordinator

P.O. Box 1654, Cary, NC 27512

Phone: (919) 677-9001

Website: www.dentallifeline.org

ECU School of Dental Medicine

Community Service Learning Center – Davidson County

Faculty, student, and resident providers offer comprehensive general dental services for adults, children, and special needs patients. Appointments required. Dental care is provided at a reduced cost. Medicaid and most dental insurance plans are accepted. Offers a reduced fee scale program by application only. Emergency services are provided on a walk-in basis.

Location: 1235 Davidson Community College Road, Thomasville, NC 27360

Phone: (336) 236-0165

Hours: Monday, Tuesday, Thursday, Friday, 8:00am – 5:00pm Wednesday-10:00-5:00

Website: www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm

North Carolina Dental Society Foundation Missions of Mercy

Program offers portable free dental clinics conducted over a two-day period, each held in a NC host city. Clinic programs rotate throughout the state each year NCMOM dental services are provided to adults with income less than 200% of the Federal Poverty Level Guidelines.

Location: 1600 Evans Road, Cary, NC 27513

Phone: (919) 677-1396

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free Phone: (800) 662-8754

Website: [https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-\(mom\)](https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-(mom))

Samaritans Dental

Eligibility requirements: no dental insurance, must be 18 years old or older, \$35.00 copay

Phone: (336) 652-2093

DISABILITY-RELATED SERVICES

Alzheimer's Association

Provides education and support to those facing Alzheimer's and other dementias, including those living with the disease, caregivers, health care professionals and families

Charlotte Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (704) 532-7390

Hours: Monday – Friday, 8:00am – 5:00pm

Greensboro Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: (800) 228-8738

TDD: (866) 403-3073

24/7 Crisis Line: (800) 272-3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

The Arc Davidson County

An advocacy organization that supports people with intellectual and developmental disabilities. Offers quarterly information meetings for parents and families.

Location: 1900 South Main Street Lexington, NC 27292

Phone: (336) 248-2842

Fax: (336) 224-2173

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.arcdavidson.org

Assistive Technology Device Financing

Self-Help Credit Union's Alternative Financing Program provides low-interest loans for assistive technology to increase independence and participation in home, work, school and community settings. AFP loans can be used to purchase hearing aids, adapted computers, vehicle or home modifications, vision aids and other devices depending upon each individual's disability, needs and goals.

Phone: (704) 566-2899

Website: <https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

CAP/DA (Community Alternative Program for Disabled Adults)

Supportive Care Solutions serves Davidson County disabled adults age 18 and over, eligible for Medicaid, must meet other requirements. Alternative to nursing home placement; allowing eligible recipients to receive care at home rather than going into nursing home.

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: (336) 859-5555

Email: LisaMatney@SCSolutions.org or MelissaSwink@SCSolutions.org

Website: www.scsolutions.org

Disability Rights of North Carolina

Disability Rights NC is a 501(c) (3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC.

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: (919) 856-2195

Toll Free: (877) 235-4210

TTY: (888) 268-5535

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.disabilityrightsncc.org

Easter Seals of North Carolina

Helps people with disabilities and mental health challenges as well as their families live, learn, work and play in their communities

Location: 5171 Glenwood Avenue, Suite 211, Raleigh, NC 27612-3266

Phone: (800) 662-7119

Website: <https://www.easterseals.com/NCVA/>

First in Families of North Carolina/Southern Piedmont

Supports people with developmental disabilities and traumatic brain injury and their families throughout NC

Phone: (704) 261-1550

Email: Cindy@thearcisthere.org

Website: www.fifnc.org

Independent Living

Offers a variety of services including guidance, rehabilitation, home and vehicle modifications, skills training, certain equipment purchases, assistance with leisure activities, and personal assistance services among many others if eligible.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: (336) 784-2700

Toll-Free: (877) 699-7578

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

The Job Accommodation Network (JAN)

Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: (800) 526-7234

TTY: (877) 781-9403

Hours: Monday – Friday, 9:00am – 6:00pm

Website: www.askjan.org

Monarch

Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities

Location: 820 Grimes Boulevard, Lexington, NC 27293

Phone: (336) 224-6071

Hours:

Walk- In Assessment Clinic: Monday – Thursday, 8:00am - 3:00pm
Friday 8:00am - 1:00pm

Follow-Up Appointments: Monday – Thursday, 8:00am – 6:00pm
Fridays, 8:00am - 5:00pm

Website: www.monarchnc.org

NC Assistive Technology Program

Provides device demonstration, short-term device loans and reutilization of assistive technology

Financing is available through the Self-Help Credit Union's 20 locations.

Location: 131 Miller Street, Winston Salem, NC 27103

Phone (Voice & TTY): (336) 716-8030

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program>

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

NC License Plate Agency

Handicap sign or license plate

Lexington Location: 27 Plaza Parkway, Lexington, NC 27292

Phone: (336) 248-2720

Hours: Monday – Friday, 9:00am – 5:00pm

Thomasville Location: 1033 Randolph Street, Suite 13, Thomasville, NC 27360

Phone: (336) 476-5070

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://www.dmv.org/nc-north-carolina/disabled-drivers.php>

NC RAMMP (Access Makes Mobile People)

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP loans portable metal ramps to people with mobility difficulties for temporary use.

Phone: (919) 855-3500

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

NC Vocational Rehabilitation Services

The Division of Vocational Rehabilitation Services (DVRS) helps people with disabilities achieve their goals for employment and independence.

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: (336) 249-0241

Office cell phone: (984)239-1795

Direct Webex line: (336)867-6184

Unit Manager: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncdhhs.gov/dvrs

Parkinson Association of the Carolinas

The goal for the Parkinson's Association of the Carolinas (PAC) is to help support people with Parkinson's disease throughout North and South Carolina, so that they can remain independent and stay active in the community, until a cure is found.

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Phone: (980) 245-2786

Toll-free: (866) 903-7275

Contact: Diana Beaty, Program Director

<https://www.parkinsonassociation.org/>

Parkinson's Foundation

The Parkinson's Foundation launched the Aware in Care campaign in 2011 to help people with Parkinson's disease (PD) get the best care possible during a hospital stay. Research has found that three out of four people with Parkinson's do not receive medications on time when staying in the hospital, and that when this occurs two out of three will experience unnecessary complications. With more frequent hospital visits and a high sensitivity to the timing and dosing of PD medications, people with Parkinson's face great risks in the hospital.

<https://www.parkinson.org/Living-with-Parkinsons/Resources-and-Support/Patient-Safety-Kit>

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

National Office:

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday-Friday, 9:00am – 4:00pm

Website: www.ssa.gov

Solutions For Independence

Advocacy and assistance for individuals with disabilities

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: (336) 767-7060

Toll-free: (866) 894-3103

Hours: Monday – Friday, 8:30am – 4:30pm

Website: <https://www.solutionsforindependencenc.org/>

EDUCATION

A Place for Mom

Offers articles on dementia, caregiving, etc.

Phone: (866) 333-2174

Website: <https://www.aplaceformom.com/blog/>

AARP

Provides educational information and classes on health and wellness, caregiving, employment, financial planning, computer training and more

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650

Email: NCAARP@aarp.org

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.aarp.org/north-carolina/

Alzheimer's Association

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

Charlotte Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (704) 532-7390

Hours: Monday – Friday, 8:00am – 5:00pm

Greensboro Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: (800) 228-8738

TDD: (866) 403-3073

24/7 Crisis Line: (800) 272-3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Davidson County Community College

Location: 297 DCCC Road, Thomasville, NC 27360

Phone: (336) 249-8186

24/7 Support Number: (336) 249-8186

Business Office Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.davidsonccc.edu

Davidson County Senior Services

Lexington Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Hours: Monday – Friday, 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: www.co.davidson.nc.us/SeniorServices

Fairgrove Family Resource Center

Parenting classes are offered on Monday and Tuesday nights from 6:00pm – 8:30pm. Cost is free. Preregistration is required.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Email: FGFRC@northstate.net

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: www.fgfrfc.org

Family Services of Davidson County

Can teach individuals the skills to cope with difficulties, prevent everyday problems from becoming more serious, and expand communication skills.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Mailing Address: P.O. Box 607, Lexington, NC 27293

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:30pm

Friday, 8:30am – 5:00pm

Domestic Violence/Crisis Line – available 24/7

Phone: (336) 243-1934

Hattie Lee Burgess Home is a safe, temporary home of individual/families actively fleeing domestic violence.

www.fsdco.org

<https://www.facebook.com/FamilyServicesDavidson/>

NC Cooperative Extension – Davidson County Office

Location: 301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2080

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://davidson.ces.ncsu.edu/>

Novant Health Thomasville Medical Center

Diabetes Education Program, Health Screenings

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 472-2000

Hours: 24/7 – Emergency Department

Diabetes Education Classes: (336) 474-8181

Website: www.novanthealth.org/thomasville-medical-center

Wake Forest Baptist Health – Lexington Medical Center

Community Health, Library, Diabetes Education, Health Screenings

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Hours: 24/7 – Emergency Department

Diabetes Education Classes: (336) 238-4408

Website: www.lexington.wakehealth.edu

EMERGENCY ASSISTANCE

American Red Cross – Greater Carolinas Region

The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.

Location: 815 Phillips Avenue, High Point, NC 27262

Phone: (336) 885-9121

National Hot Line Phone: (800) 733-2767 1-800-REDCROSS

Emergency Communication Service: (877) 272-7337

Hours: Monday – Friday, 8:30am – 5:00pm

Local Website: www.redcross.org/nc/greater-carolinas.html

National Website: www.redcross.org

Cooperative Community Ministry (CCM) in Thomasville

Thomasville residents can utilize the food pantry Monday/Tuesday/Thursday/Friday, 8:30am - 12:30pm and Wednesday 11:30am-3:30pm. Can also provide financial assistance with rent, utilities, and help with deposits 1x per year per person. Financial Assistance is offered on Tuesday, 8:00am – 10:30am.

Meals served 3x per week on Tuesday/Thursday/Friday from 6:00-7:00pm. – Takeout only during pandemic

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Email: CCMTville@northstate.net

Client Hours: Monday/Tuesday/Thursday/Friday, 8:00am - 12:30pm

Wednesday, 11:30am – 3:30pm

Donation Hours: Monday/Tuesday/Wednesday, 8:00am – 12:30pm and 1:30 pm – 3:30pm

Thursday/Friday, 8:00am – 12:00pm

Website: www.ccmtville.com

Crisis Ministry of Davidson County

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter: Monday – Sunday, 6:00pm – 6:30am.

Call Crisis Ministry for more information regarding the family shelter (Genesis House).

Contact: Ashley Phillips, Executive Director

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Email: CrisisMinDC@yahoo.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://www.crisisministryof davidsoncounty.org/>

Davidson County Social Services – Emergency Heaters

Contact: Kellyn Berrier

Phone: (336) 242-2507

<https://www.co.davidson.nc.us/365/Social-Services>

Davidson County Firefighters – Free Smoke Detectors

Free 10-year smoke detectors - installed

Lexington Fire Marshal – (336) 248-3900

Davidson County Fire Marshal (336) 242-2952

Thomasville Fire Department (336) 475-5545

American Red Cross (336) 701-3473-

Fairgrove Family Resource Center

Thomasville residents only: can provide assistance with past due utilities and rent/mortgage.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Email: fairgroveresource@gmail.com

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: www.fgfrfc.org

The Father’s Storehouse – closed until March 2021 – new building underway

Gives donated appliances and other items to families in need. Will only give if there is a referral from a social worker, school, or other professional. Food Assistance Program requires picture ID and proof of food stamp amount; Clothing, Furniture, Houseware Assistance requires referral letter, and picture ID

Location: 7 JW Thomas Way, Thomasville, NC 27360 (behind the police station)

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: (336) 475-4357

Email: TheFathersStore@aol.com

Hours: Food Assistance (no referral or appointment required):

Monday – Wednesday, 10:00am – 12:00pm and 3:00pm – 5:00pm

Clothing, Houseware Assistance (referral and appointment only)

Website: www.thefatherstorehouse.com

Open Door Ministries in High Point

Provides assistance with utilities - must call Friday mornings at 7:30am and leave contact information on answering machine. They will call back if they have funds available. Provide Father's Table-soup kitchen (no stipulations), Permanency Supportive housing program-places homeless in 1 bedroom house or apartment if qualify, provide a Men's shelter, and Cassell House-transitional living facility for homeless and jobless.

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Email: ross.odm@gmail.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.odm-hp.org

Salvation Army of Davidson County, Lexington

Provides emergency financial assistance when funds are available (can help with past due rent, electricity and water by appointment only). Must have ID, proof of income, proof of bills, and something that shows what your recent emergency was (shows why have fallen behind on bills). Also provides women's ministries, seasonal services, disaster services, Boys and Girls Club, & food and nutrition programs (soup kitchen and food assistance).

Contact: Erica Trail -Social Worker

Location: 314 W. 9th Avenue, Lexington, NC 27292

Mailing Address: P.O. Box 770, Lexington, NC 27292

Phone: (336) 481-7324

Email: Erica.Trail@USS.SalvationArmy.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.salvationarmycarolinas.org/davidsoncounty

Salvation Army Boys and Girls Club, Thomasville

Provides Boys and Girls Club and Chapel at Thomasville location.

Location: 309 Etta Lane, Thomasville, NC 27360

Phone: (336) 472-7800 ext. 1 / (336) 472-7200 ext. 1 for social worker

Executive Director – Brandon Lomax

Office Hours: Monday-Friday, 9:15am – 6:16pm

Child Care Hours: Monday-Friday, 2:00pm – 6:00pm

Website: www.salvationarmycarolinas.org/davidsoncounty

South Davidson Family Resource Center in Denton

Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month. Call for more information.

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Email: SDFRC1@windstream.net

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: www.southdavidsonfrc.com

EMPLOYMENT & TRAINING

Davidson Works/ NC Works/ Career Center

Age 16 years & older; job search and workshops available without income eligibility; training, internship, scholarship have income requirements; Partner with Urban League (age 55+ assistance)

Lexington Location: 220 E. First Avenue Extension, Suite 10, Lexington, NC 27292
Phone: (336) 242-2065

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 West Colonial Drive, Suite 119, Thomasville, NC 27360
Phone: (336) 474-2655

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.NC.US/172/davidsonworks
www.NCworks.gov

Division of Workforce Solutions (DWS) at Thomasville Career Center

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2655

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncworks.gov

Goodwill Career Connections Center

Offers skills assessments, career coaching, resume and cover letter writing, assistance with applications, computers with high-speed internet access and interview simulators, Project Re-entry. There are no eligibility requirements & service is free of charge.

Location: 719 West Center Street, Lexington NC 27292

Phone: (336) 236-8023

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <https://www.goodwillnwc.org/services/career-centers/>

Lexington Urban League

Provides job training and helps find work for seniors.

Location: 220 East First Avenue Extension, Lexington, NC

Phone: (336) 236-3227

Hours: Monday – Friday, 8:00am – 4:00pm

South Davidson Family Resource Center

Job search assistance

Location: 292 South Main Street, Denton, NC 27239

Phone: (336) 859-5399

Email: sdfrc1@windstream.net

Hours: Monday/Tuesday/Wednesday, 8:30am – 12:00pm

Website: <http://www.southdavidsonfrc.com/>

Winston-Salem Urban League

Senior Employment Program

Location: 201 West 5th Street, Winston-Salem, NC 27101

Phone: (336) 717-1223

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.wsurban.org

END-OF-LIFE PLANNING

Begin the Conversation

An education initiative to help people talk about and document their advance care wishes

Phone: (877) 473-4103

Website: www.begintheconversation.org

Got Plans?

Promotes advance care planning so that communities are educated and engaged in the process

Phone: (888) 876-3663

Email: GotPlansNC@gmail.com

Website: www.gotplans123.org

Hospice of Davidson County

Guides patients and family members through the advance care process

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: (800) 768-4677

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.hospiceofdavidson.org

WFBH Lexington Medical Center-Chaplaincy and Clinical Ministries

Provides free advance care planning. Call Rev. Dianne Horton to schedule an appointment.

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 238-4550

Website: www.lexington.wakehealth.edu/Pastoral-Care.htm

FINANCIAL MANAGEMENT

AARP

Provides resources for creating a budget, managing debt, saving and investing, taxes, retirement planning and more

Location: 5511 Capital Center Drive, Suite 400 Raleigh, NC 27606

Phone: (866) 389-5650

Website: www.aarp.org/north-carolina/

Email: NCAARP@aarp.org

Davidson County Community Action

Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.

Lexington Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:30am – 5:00pm

Thomasville Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 313-0726

Hours: Tuesday, 2:00pm – 5:00pm and Wednesday 9:00am -5:00pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00pm - 4:00pm (food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Family Service of the Piedmont – Consumer Credit Counseling

Location: The Slane Center 1401 Long Street, Highpoint, NC 27262

Lexington Housing CDC 21 West Second Street, Lexington, NC 27292

Phone: (336) 889-6108 (High Point) / (336) 373-8882 (Lexington)

Hours: Monday – Friday, 8:30am - 12pm and 2:00pm - 3:30pm

Website: <http://www.fspcares.org/financial-stability/>

Financial Pathways of the Piedmont Senior Financial Care (SFC) Program

Senior Money Management program for 60 years+; most services are free or low fee based on ability to pay.

Location: 7820 North Point Boulevard, Suite 100, Winston-Salem, NC 27106

Phone: Financial Pathways (336) 896-1191

Senior Financial Care appointments 336-896-1328

Email: Info@FinancialPaths.org

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.financialpaths.org

FOOD ASSISTANCE

Abbotts Creek Missionary Baptist Church

Food Pantry – Labor of Love

Location: 2817 Abbotts Creek Church Road, High Point, NC 27265

Phone: (336) 869-8410

Hours: 1st and 3rd Monday of each month - 6:30pm

Canaan United Methodist Church – The Lord's Table

Food pantry

Location: 1760 Shady Grove Church Road, Winston-Salem, NC 27107

Phone: (336) 769-2782

Hours: Twice Month – call for dates

Cooperative Community Ministry

Must reside in Thomasville area, ID or proof of residence required.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Email: CCMTville@northstate.net

Client Hours: Monday/Tuesday/Thursday/Friday, 8:30am – 12:30pm

Wednesday, 11:30am – 3:30pm

Financial Assistance: Monday - Friday, 8:00am – 10:30am

Meals Served: Tuesday/Thursday/Friday, 6:00pm – 7:00pm

Website: www.ccmtville.com

Crisis Ministry of Davidson County

Clothing bank: Monday – Friday, 8:00am – 5:00pm

Food bank: Monday – Friday, 8:00am – 5:00pm

Adult shelter: Monday – Sunday, 6:00pm – 6:30am

Call Crisis Ministry for more information regarding the family shelter (Genesis House).

Contact: Ashley Phillips, Executive Director

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Email: CrisisMinDC@yahoo.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://www.crisisministryofdavidsoncounty.org/>

Davidson County Community Action

Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.

Lexington Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:30am – 5:00pm

Thomasville Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 313-0726

Hours: Tuesday, 2:00pm – 5:00pm and Wednesday, 9:00am - 5:00pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00pm - 4:00pm
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Fairgrove Family Resource Center

Eligible families must complete an application by going into the center. Clients may come every 30 days for a food box.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Email: fairgroveresource@gmail.com

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: www.fgfrfc.org

Father's Storehouse

Provides food pantry, lunch, hygiene items, clothing and blanket. Seniors age 60+ and widows on certain dates. Call for dates. Bring income proof, current address, such as a bill. Arrive at 8:00am; doors open at 8:45am.

Location: Seven JW Thomas Way, Thomasville, NC 27360

Phone: (336) 475-4357

Website: www.thefathersstorehouse.com

First Assembly of God

Food Pantry for seniors only. Available on an on-call basis.

Location: 382 Walser Road, Lexington, NC 27295

Phone: (336) 249-0443

First Pentecostal Holiness Church - Servant's Table Ministry

Food Pantry

Location: 509 Cloninger Drive, Thomasville, NC 27360

Phone: (336) 476-4341

First Reformed UCC

Location: 104 East Center Street, Lexington, NC 27295

Website: www.frucc.org

Breakfast Monday/Friday, 8:00 am

Meal/music/message, 6:30pm

First United Methodist Church – Good Samaritan Fund

Location: 100 East Sunrise Avenue, Thomasville, NC 27360

Phone: (336) 476-4223

Friends Feeding Friends-Macedonia United Methodist Church

Location: 10890 NC-8 Lexington, NC 27292

Phone: 336-798-4687

Serves prepared meals 1st and 3rd Wednesday each month.

At this time-providing drive through to-go boxes between 4:00pm-5:00pm

Also serving bagged breakfasts at Upper Room Food Pantry

Monday and Wednesday each week

8:15am-10:00am.

Pantry Location: 11219 Highway 8, Southmont, NC 27292

Grace Episcopal Church – Grace Food Ministries

Provides assistance in the form of a meal and grocery supplies to food insecure individuals/families

Food Pantry: Saturday, 11:00am – 12:00pm

Provides hot meal: Sunday, 12:30pm – 1:30pm

Location: 419 S. Main Street, Lexington, NC 27292

Phone: (336) 249-7211

Website: www.gracelexingtonnc.org

Greater Things Outreach Center Food Pantry (Davidson County residents only)

*New applications accepted: Tuesday/Thursday, 6:00pm - 7:15pm and
Wednesday, 10:00am - 11:15am*

*Park in rear of building after 4:00pm on Tuesday/Thursday and after 9:00am on Wednesday

*First visit: Complete application; bring all required paperwork

Bring: **Photo ID (must bring each time you visit)** - Proof of address for you and each adult over 18 living in your home, such as utility bill, Medicaid card, or government mail or bank information. (Cannot accept personal mail or driver's license as proof of residence.) For children living in your home under 18: Medicaid card, school record with current address or their birth certificate.

Location: 6282 Old Hwy 52, Lexington, NC 27295

Phone: (336) 619-0171

Email: gtocfood@gmail.com

Hours: Tuesday/Thursday, 6:00pm - 7:30pm (no entry after 7:30pm)

Wednesday, 10:00am – 11:45am (no entry after 11:45am)

Optional Bible Study Tuesdays and Thursdays, 5:30pm

Website: www.gtocfood.org

High Rock Church – Hope 4 Humanity

Meal offered: 1st Saturday, 11:00am
Clothing closet by appointment only
Location: 135 Lowes Boulevard, Lexington, NC 27292
Phone: (336) 237-1126
Website: www.HRClex.nucleus.church

Least of These Ministries, Inc./West Davidson Food Pantry

Location: 4600 W. Old Highway 64, Lexington, NC 27295
Phone: (336) 787-4357
Email: westdavidsonfoodpantry@gmail.com
Hours: Tuesday/Thursday, 4:00pm - 7:00pm

Midway UMC

Food pantry available for those in need in the Midway community.
Phone: (336) 764-0990

Mile 2 Church – Closed during pandemic

Meal offered
Location: 21 West Seventh Avenue, Lexington, NC 27295
Hours: Wednesday, 6:00pm – 7:00pm
Phone: (336) 247-3633
Website: www.mile2church.org
Email: mile2church@yahoo.com

New Temple House of Provisions

Food Pantry
Location: 403 National Highway, Thomasville, NC 27360
Phone: (336) 848-3351
Hours: Monday, 1:00pm – 4:00pm
Website: www.freefood.org/l/new-temple-house-of-provisions

North Lexington Baptist Church

Food pantry
Location: 201 Mize Road, Lexington, NC 27295
Office Phone: (336) 237-0397 serviced Monday and Friday, 8:00am – 3:00pm
Outreach Phone: (336) 248-6285 serviced Tuesdays, 4:30 – 6:30pm
Email: office@nlbcfaith.com
Eligibility: ID and income guidelines
Website: www.nlbcfaith.org

Open Door Ministries (High Point) – Father’s Table

Three meals are provided six days per week; three meals on Sunday (no Sunday lunch).

8:00am – 9:00am, 12:00pm – 1:00pm, 6:00pm – 7:00pm – All meals are “to go” during pandemic

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Email: ross.odm@gmail.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.odm-hp.org

Open Hands of Davidson County – Loaves & Fishes Ministry

We offer meals, family food boxes (once every 30 days), emergency street food (once every two weeks), clothing closet, emotional support, devotions 9:30am Monday-Friday, Diaper Bank of NC (once every 30 days), laundry services (once a week) for those living on street, and various other programs to help the homeless and marginalized in our community.

Pick up location: Trinity UMC (rear entrance), 900 S. Main Street, Lexington, NC

Pick up time: Saturday, 11:00am – 12:00pm

Office Location: 100 East 1st Street, Lexington, NC 27295

P.O. Box 409, Lexington, NC 27293

Phone: (336) 242-6142

Email: openhandsDC@gmail.com

Website: www.openhandsdavidsoncounty.org

Pastor’s Pantry – Food Pantry

Location: 307 North State Street, Lexington, NC 27292

Hours: Monday – Thursday, 11:00am – 3:30pm

Phone: (336) 249-8824, Ext. 303

Email: PastorsPantry@lexcominc.net

Eligibility: Age 60+ unless the need is immediate for emergency food; income and expense guidelines in place as well as ID

Office Hours: Monday – Thursday, 8:00am – 4:00pm

Website: www.pastorspantry.org

Pleasant Grove United Methodist Church

Food Pantry

Location: 1393 Hasty School Road, Thomasville, NC 27360

Phone: (336) 475-1124

Website: www.pleasantgroveumc.org

Hours: Wednesday, 9:45am – 11:45am

St. Stephens United Methodist Church

Location: 100 East First Street, Lexington, NC 27295

Phone: (336) 249-1813

Food Pantry Hours: Monday/Tuesday/Wednesday, 9:00am – 5:00pm

Thursday, 9:00am – 3:00pm

Friday, 9:00am – 12:00 pm

Salvation Army of Davidson County - Lexington

Provides emergency financial assistance when funds are available. Also provides women's ministries, seasonal services, disaster services, & food and nutrition programs.

Location: 314 W. Ninth Avenue, Lexington, NC 27292

Phone: (336) 481-7324

Email: Erica.trail@uss.salvationarmy.org

Hours: Monday – Friday, 8:00am – 5:00pm

Offers free lunch: Monday-Friday, 11:30am – 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30am – 9:30am

Website: www.salvationarmycarolinas.org/davidsoncounty

Second Harvest Food Bank of Northwest NC

Food Pantry

Location: 3655 Reed Street, Winston-Salem, NC 27107

Phone: (336) 784-5770

Website: www.hungernwnc.org

South Davidson Family Resource Center (Denton)

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Email: SDFRC1@windstream.net

Eligibility: Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month

Hours: Monday – Wednesday, 8:30am – 12:00pm

Website: www.southdavidsonfrc.com

Sunnyside Ministry

Food pantry program

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: (336) 724-7558

Website: <https://sunnysideministry.org/>

Trinity United Methodist Church – Loaves & Fishes Food Pantry

Location 902 South Main Street, Lexington, NC 27295

Phone: (336) 248-4237

Website: www.trinityumchurchlexington.com

Food Pantry Hours: Saturday, 11am- 12pm

Tyro United Methodist Church – Feast 14

Free meal: Thursday, 6:00pm

Location: 4484 NC Highway 150, Lexington, NC 27295

Phone: (336) 853-7459

Website: www.tyroumc.org

Rides offered

Upper Room Food Pantry – Macedonia United Methodist Church

Pantry Location: 11219 Highway 8, Southmont, NC 27292

Phone: (336) 798-3097

Website: www.macedoniaumc.org

Hours: Monday and Wednesday, 8:30am - 12:00 Noon

Call for documentation to bring.

West Davidson Food Pantry, Least of These Ministries, Inc.

Location: 4600 W Old US HWY 64, Lexington, NC 27295

Phone: (336) 787-4357

Email: westdavidsonfoodpantry@gmail.com

Eligibility: Must live in zip code 27295 (or part of 27299); must have financial needs

Hours: Tuesday and Thursdays, 4:00pm – 7:00pm

FRAUD & SCAM

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650 or (800) 646-2283 (AARP Fraud Center)

Email: NCAARP@aarp.org

Website: www.aarp.org/north-carolina/

Better Business Bureau of Central NC and Northwest NC

Location: 1617 NC Highway 66, Kernersville, NC 27284

Phone: (336) 852-4240

Hours: Monday – Friday, 8:30am – 4:30pm

Website: <https://www.bbb.org/us/nc/lexington>

Davidson County Sheriff's Office – Non-Emergency

Phone: (336) 242-2100

NC Department of Justice

Phone: 1-877-5-NO-SCAM (877-566-7226)

Website: <https://ncdoj.gov/>

HOLIDAY SERVICES

Pastor's Pantry

Provides holiday meal for seniors age 60+. Must complete intake.

Phone: (336) 249-8824, Ext. 303

Hours: Monday – Thursday, 8:00am - 4:00pm

Website: www.pastorspantry.org

South Davidson Family Resource Center

Works with local churches to provide Thanksgiving meals for those in need. Christmas dinner for seniors and takes applications for holiday gifts for seniors (The Giving Tree).

Location: 338 W. Salisbury Street, Denton, NC 27239

Phone: (336) 859-5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

Thanksgiving Meal at the Journey Church of Lexington

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: (336) 843-4053

Website: <http://thejourney.church/>

HOME CARE SERVICES

CAP/DA – Supportive Care Solutions

Special Medicaid program allowing those 18+ who face nursing home placement the possibility of staying in the home. Provides a package of services to meet individual needs.

Phone: (336) 859-5555

Location: 56 West Salisbury Street, Denton, NC 27239

Website: www.scsolutions.org

Davidson County Senior Services In-Home Service Program

Provides in-home care including home management, personal care, and respite for seniors age 60 and over in Davidson County. Please call for eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

Davidson County Social Services Adult Services

Adult Services programs include Adult Protective Services, Adult Placement Services, Adult Day Care/Day Health, Guardianship, In-Home Aide Services, Special Assistance-In Home, and Licensing and Monitoring of Adult Care Homes and Adult Day Care/Health, and Individual and Family Adjustment.

Location: 918 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: (336) 242-2839

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/376/Adults>

Duke Energy – Medical Alert Program – Special Assistance

Medical Alert is a Duke Energy program that recognizes our customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medical Alert customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.

Phone: (800) 943-6914

Website: <https://www.duke-energy.com/home/billing/special-assistance/medical-alert>

Federal Trade Commission (FTC)

Polices internet/phone scams, identity scams, fake checks. To file complaint, go to website.

Website: <https://www.ftccomplaintassistant.gov/#crnt&panel1-1>

North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Are not able to provide financial assistance. Must be age 65 or older.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

****Call Davidson County Senior Services for list of local home health agencies (336) 242-2290**

HOME MODIFICATION & REPAIRS

Energy United Operation Round-Up

Operation Round-Up is a powerful way for EnergyUnited members to help others in their community by rounding up their monthly bills. The EnergyUnited Foundation is funded entirely by the generosity of these members who give through our Round-Up program. To become a recipient of the Round-Up program, contact:

Energy United

Local Office: 1900 Odell Owen Road, Lexington, NC 27295

Phone: (800) 822-0197, extension @1541

Round-Up, please call us at (800) 522-3793

Website: <https://www.energyunited.com/giving-back/>

Greater Vision Outreach Ministry

Vision Outreach Ministry helps meet the essential physical and spiritual needs of working families, who are struggling financially, as they work to achieve self-sufficiency.

We assist them by providing direct service as well as referrals to other community resources.

Location: Baptist Children's Homes of NC, 204 Idol Street, Thomasville, NC 27360

Phone: (866) 904-0060

Hours: Monday-Friday 8:30am-5:00pm

Email: greatervisioninfo@bchfamily.org

Habitat for Humanity Restore

Habitat for Humanity ReStores are non-profit home improvement stores and donation centers that sell new and gently used furniture, home accessories, building materials and appliances to the public at a fraction of the retail price.

Location: 221 S. Main Street, Lexington, NC 27295

Phone: (336) 249-4307

Website: <https://habitatoflexingtonnc.net/>

Helping Hands Community Outreach

Organization that helps seniors in the Denton area with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs.

Contact: Robert Barr

Phone: (336) 301-5898

Independent Living

Provides home modifications to those who are disabled, recovering from illness, those recovering from stroke, or spinal cord injury. Must be owner occupied home and qualify based on income.

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: (336) 784-2700

Toll-Free: (877) 699-7578

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

Lexington Housing Community Development Corporation (CDC)

Offers an Urgent Repair Program for elderly, disabled and/or veterans who need home repairs or accessibility modifications (Includes but not limited to: grab bars, floor repair, HVAC, electrical, plumbing and roof repairs). LH CDC also partners with volunteer groups to offer additional repairs and modifications.

Eligibility: Age 62+ or disabled (on disability) or veteran; must own home; income based

Email: jimmy@lexingtoncdc.com

Location: 21 West Second Street, Lexington, NC 27292

Phone: (336) 236-1675

Hours: Monday-Friday 9:00am – 5:00pm

Website: www.lhcdc.org

North Carolina Baptist Aging Ministry (NCBAM – Volunteer Organization)

Agency requests individuals contact them directly or if a social worker refers, the individual requesting services must be with the social worker at the time of referral.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Eligibility: 65+

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

NC RAMMP (Access Makes Mobile People)

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP loans portable metal ramps to people with mobility difficulties for temporary use.

Phone: (919) 855-3500

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

NC U.S. Department of Agriculture (USDA) Rural Development

This site is used to evaluate likelihood that potential applicants would be eligible for program assistance. To be eligible for many USDA loans, household income must meet certain guidelines. Also, the home to be purchased must be located in eligible rural area defined by USDA.

Location: 847 Curry Drive, Suite 104, Asheboro, NC 27205

Phone: (336) 629-4449, ext. 4

Eligibility: Different by county; income, # in household, credit score & credit status may apply; age 62+ is grant based; age 61 and under is loan based

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.rd.usda.gov/nc>

Piedmont Triad Regional Council (PTRC) - Housing Rehabilitation Program

Assists eligible individuals in Alamance, Davidson, Guilford, Rockingham, Stokes, and Surry Counties. If your home needs serious repairs, you may qualify for home rehabilitation assistance through this program.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Eligibility: Must be an elderly (62 years +) or disabled, or a family member, homeowner or a homeowner living in a home with lead base paint hazards with children under age 6 present.

Hours: Monday – Friday, 8:00am – 4:30pm

Website: www.ptrc.org

Website: <https://www.ptrc.org/services/community-development/home-rehabilitation>

Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program

Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Hours: Monday – Friday, 8:00am – 4:30pm

Website: www.ptrc.org/weatherization

Safe Tub LLC

Safe Tub LLC is dedicated to making tub areas safer at a price that's affordable by converting your existing tub into a Walk-In Shower using the QUICK TUB® WALK THRU INSERT, the QUICK TUB® CAP and install Safety Grab Bars that exceed specifications by the ADA.

Phone: (336) 663-2911

Email: info@safetubllc.com

Website: www.safetubllc.com

HOUSING (SENIOR)

****List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

Lexington Housing Authority

Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers, project-based vouchers and homeownership vouchers.

Location: 1 Jamaica Drive, Lexington, NC 27292

Phone: (336) 249-8936

Website: <http://lha-nc.org/>

Thomasville Housing Authority

Responsible for managing and maintaining two housing complexes with over 250 housing units that service low-income families, seniors and disabled members of the community.

Location: 201 James Avenue, Thomasville, NC 27360

Phone: (336) 475-6137

Website: www.thomasville-nc.gov/government/boards-committees/thomasville-housing-authority

HOUSING (TEMPORARY)

Crisis Ministry of Davidson County

Adult shelter is open Monday – Sunday from 6:00pm – 6:30am. Call Crisis Ministry for more information regarding the Family shelter (Genesis House)

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Email: CrisisMinDC@yahoo.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://crisisministryofdavidsongcounty.org/>

Davidson County Transitional Services

A crisis intervention referral agency; safe house placement for women

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: (336) 472-0625, After hours crisis line: (336) 596-4151

Hours: By Appointment

Website: <https://dctsinc.org/>

Open Door Ministries in High Point

Permanency Supportive housing program-places homeless in onebedroom house or apartment if qualify, provide a Men's shelter, and Cassell House-transitional living facility for homeless and jobless.

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Email: ross.odm@gmail.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.odm-hp.org

I.D. CARDS, LICENSES & RECORDS

Driver's License Office – Appointment Only during pandemic

Lexington Location: 2314 South Main Street, Lexington, 27292

Phone: (336) 248-5179

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 1033 Randolph Street Suite 16, Thomasville, 27360

Phone: (336) 472-7334

Hours: Monday – Friday, 8:00am – 5:00pm

Eligibility: I.D. or driver's license eligibility requirements plus fee; under age 18 limited learner permit, age 18+ regular driver's license or learner permit

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

North Carolina Real ID license and ID cards – Beginning October 1, 2020, having a Real ID can make it more convenient if you frequently fly or visit military bases, federal prisons/courthouses or other federal facilities. However, it is not required.

INFORMATION & REFERRAL

211

A statewide general information call line and community resource guide.

Location: 1130 Kildaire Farm Road, Cary, NC 27511

Phone: (888) 892-1162 or (919) 834-5200

Hours: 24/7 by dialing 2-1-1

Website: <https://www.nc211.org/>

AARP

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650

Email: www.local.aarp.org/NC/

Website: www.aarp.org/north-carolina/

AgingCare Website

Connecting families with elder care, senior housing and caregiver support

Website: <https://www.agingcare.com/>

BenefitsCheckUp

BenefitsCheckUp is a free service of the National Council on Aging (NCOA). BenefitsCheckUp asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions from the website below, you will get a report created just for you that describes the programs you may get help from.

Website: www.benefitscheckup.org

Cardinal Innovations Resource Guide

Local resources listed by zip code

Website: www.cardinalinnovations.org/resources

Davidson County Public Library System

Online information resources available on website. Assistive and adaptive technology available – large letter keyboards, track ball computer mice, wheelchair accessible tables, handheld pen readers.

Website: www.co.davidson.nc.us/library

Davidson County Public Libraries

Denton Library

Location: 310 West Salisbury Street, Denton, NC 27239-0578

Phone: (336) 859-2215

Hours: Monday, 9:00am – 8:00pm
Tuesday/Wednesday, 9:00am – 6:00pm
Thursday, 9:00am – 8:00pm
Friday, 9:00am – 5:30pm
Saturday, 10:00am – 2:00pm

Website: <https://library.cityofdenton.com/>

Lexington Library

Information DIAL (Directory Information Assistance Line) – Serves as an information and referral sources for local, state and federal resources.

Location: 602 S. Main Street, Lexington, NC 27292

Phone: (336) 242-2040

DIAL Phone: (336) 242-2005

Hours: Monday – Friday, 9:00am – 5:30pm – temporary hours due to renovation
Saturday, 10:00am – 2:00pm

Website: <https://www.lexpublib.org/>

North Davidson Library

Location: 559 Critcher Drive, Welcome, NC 27374

Phone: (336) 242-2050

Hours: Monday, 9:00am – 8:00pm
Tuesday/Wednesday, 9:00am – 6:00pm
Thursday, 9:00am – 8:00pm
Friday, 9:00am – 5:30pm
Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/287/North-Davidson-Public-Library>

Thomasville Library

Location: 14 Randolph St., Thomasville, NC 27360

Phone: (336) 474-2690

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/290/Thomasville-Public-Library>

West Davidson Library

Location: 246 Tyro School Road, Lexington, NC 27295

Phone: (336) 853-4800

Hours: Monday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/291/West-Davidson-Public-Library>

Davidson County Senior Services

DCSS helps senior adults find the resources they need

Location: 555-B West Center Street Ext., Lexington, NC 27295

Phone: (336) 242-2290

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

FaithHealth – Davidson County

FaithHealth improves health by getting people to the right door at the right time, ready to be treated, not alone. FaithHealth is dynamic partnerships between faith communities, health systems and other providers focused on improving health. The partnerships combine the caring strengths of congregations, the clinical expertise of health providers and a network of community resources. Partners are linked in a shared mission of healing.

Contact: Reverend Dianne Horton

Phone: (336) 238-4560

Email: dhorton@wakehealth.edu

Website: <https://faithhealthnc.org>

The Job Accommodation Network (JAN)

Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: (800) 526-7234

TTY: (877) 781-9403

Hours: Monday – Friday, 9:00am – 6:00pm

Website: www.askjan.org

NC Baptist Aging Ministry Call Center

Information and referral for those 65 and over

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

INSURANCE INFORMATION

Affordable Care Act

Phone: (800) 318-2596

TTY: (855) 889-4325

Hours: 24/7

Website: www.healthcare.gov

Senior Health Insurance Information Program (SHIIP)

Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance

Location: 420 N. Salisbury Street Ext., Lexington, NC 27292 (Davidson Medical Ministries)

Phone: (336) 243-3232 (ask for SHIIP help)

Website: <https://www.ncdoi.com/shiip/Default.aspx>

LEGAL SERVICES

Legal Aid of NC, Inc.

Legal assistance can be provided in the following situations: powers of attorney, wills, food stamps, social security, veterans' benefits, frauds and scams, etc.

Location: 122 North Elm Street, Suite 700, Greensboro, NC 27401

Initial Appointments: (877)579-7562

Hours: Monday-Friday, 9:00-11:00am & 1:00-3:00pm

Eligibility: 60+; must call for appointment

At Davidson County Senior Services, Lexington the first Wednesday each month; at Davidson County Senior Services, Thomasville the second Monday each month

Website: www.legalaidnc.org

NC Department of Labor

Enforces various acts set forth by the NC General Assembly

Location: 4 West Edenton Street, Raleigh, NC 27601

Mailing Address: 1101 Mail Service Center, Raleigh, NC 27699

Phone: (800) NCLABOR (625-2267)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.nclabor.com

NC Lawyer Referral Service

The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation.

Location: NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

Phone: (800) 662-7660 or (919) 677-

Eligibility: Attorneys participating in the LRS agree to charge no more than \$50 (price increase effective for referrals made beginning January 2010) for the first 30 minutes of the initial consultation.

Website: <https://www.ncbar.org/public-resources/resources-for-legal-assistance/>

Novant Health – Advance Directives - free

Resource for free Advance Directives

Contact: Colleen Danson, Chaplain

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 476-2499

Email: cdanson@NovantHealth.org

The Elder Law Clinic, Wake Forest University School of Law

The Elder Law Clinic is a program held during the school year helping Wake Forest law students gain practical experience under the supervision of an attorney; providing free legal services to those who qualify. Must be 60 years and older. Also, must have low to moderate income. Call to complete an eligibility questionnaire. After the questionnaire is reviewed, you will be notified if your name has been added to the waiting list. Types of Cases Handled: Wills, Powers of Attorney, Medicaid for Long-Term Care, Medicare, Guardianship, Nursing Home Concerns, Fraud, Consumer & Debt Problems

Location: 1834 Wake Forest Road, Winston-Salem, NC 27109

Mailing Address: Worrell Professional Center, P.O. Box 7206, Winston-Salem, NC 27109

Phone: (336) 758-5061

Email: EClinic@WFU.edu

Hours: Monday – Friday, 8:30am – 5:00pm

Website: www.elder-clinic.law.wfu.edu

LGBTQ RESOURCES

Alternative Resources of the Triad (ART)

ART is a charitable organization whose mission is to be actively involved with the Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) community of the Triad (Greensboro, High Point, Winston-Salem, NC and surrounding communities). ART works to support the GLBTQ community by (1) serving as an information portal and referral source and (2) by maintaining an ongoing, visible, and positive educational and supportive presence in the community.

Mailing Address: P.O. Box 29177, Greensboro, NC 27429

Email: Info@OutTriad.org

Website: <https://www.guidestar.org/profile/58-1797037>

Gay/Lesbian/Bisexual/Transgender Support Groups

Provides information and resources for transgender people, significant others, and friends of transgender people.

Website:

<https://durham.nc.networkofcare.org/mh/services/subcategory.aspx?cid=9276&k=Gay/Lesbian/Bisexual/Transgender%20Support%20Groups&tax=PN-8100.4500-240>

Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Winston-Salem

PFLAG is a national non-profit organization dedicated to promoting the health and well-being of gay, lesbian, bisexual, and transgender (GLBT) persons through support, education and advocacy. PFLAG's Winston-Salem chapter serves Forsyth and the surrounding North Carolina counties. PFLAG Winston-Salem serves the GLBT community and their families and friends through various offerings and activities, including a monthly chapter meeting, social events, special-interest programs, educational workshops and awards banquets to recognize those who have promoted acceptance in our community.

Mailing Address: P.O. Box 24334, Winston-Salem, NC 27114

Phone: (336) 448-4250

Email: Info@pflagws.org

Website: www.pflagws.org

MEDICAL ALERT SYSTEMS

****List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

MEDICAL CENTERS

Mediq Urgent Care

Location: 12201 NC 150, Winston-Salem, NC 27127

Phone: (336) 842-1142

Hours: 8:00am – 8:00pm

Novant Health Urgent Care

Lexington Location: 1977 Cotton Grove Road, Lexington, NC 27292

Phone: (336) 443-6041

Hours: Monday – Friday, 8:00 – 8:00pm
Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

Thomasville Location: 1122 Randolph Street, Thomasville, NC 27360

Phone: (336) 474-3433

Hours: Monday – Friday, 8:00 – 8:00pm
Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

Novant Health Forsyth Medical Center

Location: 3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: (336) 718-5000

Hours: 24/7

Website: www.novanthealth.org/forsyth-medical-center.aspx

Novant Health Rowan Regional Medical Center

Location: 612 Mocksville Avenue, Salisbury, NC 28144

Phone: (704) 210-5000

Hours: 24/7

Website: www.novanthealth.org/rowan-medical-center.aspx

Novant Health Thomasville Medical Center

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 472-2000

Hours: 24/7

Website: www.novanthealth.org/thomasville-medical-center.aspx

VA Hospital, Kernersville

Location: 1695 Kernersville Medical Parkway, Kernersville, NC 27284

Phone: (336) 515-5000

Hours: Monday – Friday, 8:00am – 4:30pm and Saturday, 8:00 am – 11:30am

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

VA Hospital, Salisbury – Bill Hefner Salisbury Dept of Veterans Affairs Medical Center

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000

Hours: 24/7

Website: www.salisbury.va.gov

Wake Forest Baptist Health High Point Medical Center

Location: 601 North Elm Street, High Point, NC 27262

Phone: (336) 878-6000

24/7 Emergency Number: (336) 878-6009

Hours: 24/7

Website: <https://www.wakehealth.edu/Locations/Hospitals/High-Point-Medical-Center>

Wake Forest Baptist Health Lexington Medical Center

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Hours: 24/7

Website: <https://lexington.wakehealth.edu/>

Wake Forest Baptist Health Medical Center – Winston-Salem

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: (336) 716-2255

Hours: 24/7

Website: www.wakehealth.edu

MEDICAL CLINICS

DMHC (Doctors Making House Calls)

North Carolina provider of home-based primary care; \$105 fee plus services; ask about insurance filing

Phone: (844) 932-5700

Website: <https://www.doctorsmakinghousecalls.com/>

Davidson Medical Ministries-Kintegra Family Medicine-Lexington

Ministers to the needs of those in our community who lack the resources to access quality health care. Before services can be provided, ALL clients must provide necessary paperwork to determine their eligibility; must be a resident of Davidson County. Documentation must be presented to prove residency. To be seen on the Charitable Clinic side of Davidson Medical Ministries Clinic, a patient must have NO insurance. Those who have Medicaid, Medicare or private insurance can still be seen at DMMC. All patients must provide some form of picture ID. Proof of household income and expenses must be provided.

Lexington Location: 420 N. Salisbury Street, Lexington, NC 27292

Phone: (336) 243-7475-main office

Hours: Monday/Wednesday/Thursday, 8:00am – 5:00pm

Tuesday, 8:00am-8:00pm

Friday, 8:00am – 1:00 pm.

Closed 1:00pm – 2:00 pm for lunch

Website: www.davidsonmedicalministries.org

*copay is minimum \$20 per visit (sliding scale based on household income)

Davidson Medical Ministries-Kintegra Family Medicine-Thomasville

Thomasville Location: 611 Randolph Street, Thomasville, NC 27360

Phone: (336)474-4585

Hours: Monday/Tuesday/Wednesday, 8:00-am-5:00pm

Thursday, 8:00am-8:00pm

Friday, 8:00am-1:00pm

Website: www.davidsonmedicalministries.org

*copay is minimum \$20 per visit (sliding scale based on household income)

Davidson County Health Department

The health department has the most up-to-date information on Covid-19 testing and vaccinations. Their website also contains a community resources link on their homepage.

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2300

Hours: Monday-Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/200/health

Elohim House Call Doctors

Healthcare provider group that seeks to bring healthcare in the comfort and convenience of your home. Our mission is to provide high quality, prompt and effective preventive and urgent medical care that seeks to reduce emergency room visits and hospitalizations. Our goal is to keep you healthy and, especially for homebound patients and seniors, provide a way out of the difficulty and discomfort of having to go through various challenges like arranging transport just to make an office appointment. At Elohim HouseCall Doctors, we are committed to providing high quality, personalized and confidential medical care to homebound seniors in assisted living, independent living, retirement communities, senior apartments, and private homes so they can recover and rehabilitate in the comfort of their familiar environment

Location: 5009 Bennington Way, High Point, NC 27262

Phone: (336) 905-7174

Email: elohimhousecalldoctors@gmail.com

J. Paul Sticht Center – Geriatric Assessment

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: (336) 713-8250

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.wakehealth.edu/Locations/Facilities/Sticht-Center-on-Aging-and-Rehabilitation>

Lexington Internal Medical Clinic – House Calls

Dr. Terry Arnold

901 East Center Street, Lexington, NC 27292

Phone: (336) 249-7051

Website: <https://doctor.webmd.com/doctor/terry-arnold-e60ac813-7b40-440c-84e6-707e978d44e2-appointments>

Town Center Podiatry

Dr. Jah provides podiatric home services

Location: 140 Baker Road, Archdale, NC 27263

Phone: (336) 875-5917

Website: www.towncenter.podiatry.com

MEDICAL COMPLAINTS

Medical Review of North Carolina

The N.C. Division of Motor Vehicle's Medical Review Unit Program evaluates drivers when there are concerns that certain medical conditions might have an impact on their ability to safely operate a vehicle. A staff of licensed medical professionals conducts thorough reviews of medical records and statements in conjunction with driving records and decides what, if any, restrictions should be placed on a driver license.

Phone: (800) 722-0468

Website: <https://www.ncdot.gov/dmv/license-id/license-suspension/medical-review-program/Pages/default.aspx>

North Carolina Medical Board

For doctor complaints

Address: 1203 Front Street, Raleigh, NC 27609-7533

Mailing Address: P.O. Box 20007, Raleigh, NC 27619-0007

Phone: (800) 253-9653

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncmedboard.org/resources-information/consumer-resources/complaint-process>

MEDICAL EQUIPMENT & LOAN CLOSETS

Cancer Services of Davidson County

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

Cancer Services, Inc.

Location: 3175 Maplewood Avenue, Winston-Salem, NC 27103

Phone: (336) 760-9983 or (800) 228-7421

Hours: Monday – Friday, 9:00am – 4:00pm

Website: www.cancerservicesonline.org

Discount Medical Supplies

Phone: (888) 444-6741

Website: <http://www.discountmedicalsupplies.com/>

Family Medical Supply

Location: 218 Anna Lewis Drive, Lexington, NC 27292

Phone: (336) 248-3700

Hours: Monday – Friday, 9:00am – 5:30pm

Website: <https://www.familymedsupply.com/Locations#11>

Greensboro Medical Supplies

Location: 2310 Battleground Ave., Greensboro, NC 27408

Phone: (336) 420-3943

Hours: Monday – Friday, 9:00am - 5:30pm

Saturday, 11:00am - 2:00pm

Website: www.greensboromedicalsupplies.com

Guy's Family Pharmacy

Guy's Family Pharmacy offers a wide variety of Durable Medical Equipment or (DME). For your convenience, we bill Medicaid, Medicare, and some Private Insurance for these products. We offer free training on every item we sell and free delivery on larger items.

Location: 817 Randolph Street, Thomasville, NC 27360

Phone: (336) 476-5632

Hours: Monday-Friday, 8:30am -8:00pm

Saturday, 8:30am – 6:00pm

Sunday, 1:00pm – 6:00pm

Website: <https://guysfamilypharmacy.com/durable-medical-equipment/>

Helping Hands Community Outreach

Organization that helps seniors in Davidson County with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs. Can also check on seniors during power outages.

Contact: Robert Barr

Phone: (336) 301-5898

North Carolina Assistive Technology Project/Exchange Post

North Carolina Assistive Technology Program provides a wide variety of adaptive equipment for people with disabilities to use at home, work or leisure to make everyday living easier; equipment is on loan for 2 weeks, followed by help in locating funding sources for purchasing equipment. Additionally, offers hands-on demonstrations of assisted-technology devices for work and play, and everyday living. For those without Internet access, printed copies are available.

Location: 131 Miller Street, Winston Salem, NC 27103

Phone (Voice & TTY): (336) 716-8030

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Email: atintake@dhhs.nc.gov

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/what>

NC RAMMP (Access Makes Mobile People)

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP loans portable ramps to people with mobility difficulties.

Phone: (919) 855-3500

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

NH Med Services

Supplies a full line of medical supplies.

Location: 17563 NC Highway 109, Denton, NC 27239

Phone: (877) 343-5305

Website: www.nhmedservices.com

Tyro United Methodist Church

Hospital Loan Closet which can provide items for loan such as walkers, rollators, shower chairs, bedside chairs free of charge

Location: 4484 S NC HWY 150, Lexington NC 27295

Phone: (336) 853-7459

Email: Tyro@tyroumc.org

Hours: Monday – Friday, 9:00am – 1:00pm

Website: www.tyroumc.org

MEDICAID INFORMATION

Davidson County Department of Social Services

Social Services determines eligibility for several Medical Assistance Programs based on a variety of guidelines, primarily in the areas of income, financial resources, living arrangements and in some cases medical conditions

Location: 913 Greensboro St., Lexington, NC 27292

Phone: (336) 242-2500

How to Apply: You can apply online, but it is recommended that you come to Social Services to apply as this will be your eligibility date.

Website: <https://www.co.davidson.nc.us/424/Medical-Assistance-Medicaid>

Medicaid Customer Service Center

Provider and beneficiary information on Medicaid and NC Health Choice policies and procedures

Phone: (888) 245-0179

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.ncdhhs.gov/dma/medicaid/contacts.htm

MEDICARE INFORMATION

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday/Tuesday/Thursday/Friday, 9:00am – 4:00pm

Wednesday: 9:00am – 12:00pm

National Office:

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Website: www.ssa.gov

Senior Health Insurance Information Program (SHIIP)

Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance

North Carolina Department of Insurance

Website: <https://www.ncdoi.com/shiip/Default.aspx>

Phone: (855) 408-1212

Location: 325 N. Salisbury Street, Raleigh, NC 27603

Local Contact: Davidson Medical Ministries (336) 243-3232

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday/Tuesday/Thursday/Friday, 9:00am – 4:00pm

Wednesday: 9:00am – 12:00pm

National Office:

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Website: www.ssa.gov

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

AARP Community Connections

Trained volunteers will give a call to say hello

Phone: (888) 281-0145

Website: www.aarpcommunityconnections.org/friendly-voices/

Cardinal Innovations Healthcare Solutions

*Community Operations Center, Covers Cabarrus, Davidson, Rowan, Stanly and Union counties).
Manages Mental Health, Intellectual/Developmental Disabilities and Substance Use/Addictions
Services*

Serving Davidson County – 4855 Milestone Avenue, Kannapolis, NC 28081

Phone: (704) 939-7590

24/7 Crisis Line – (800) 939-5911

Phone: (800) 939-5911

Toll-Free Anonymous Concern Line: (888) 213-9687

Hours: 24/7

Website: www.cardinalinnovations.org

Davidson County Stop Prescription Abuse Now (DCSPAN)

Location: 915 Greensboro Street, Lexington, NC 27293

Mailing Address: P.O. Box 439, Lexington, NC 27293

Phone: (336) 242-2500

Hours: Monday-Friday, 8:00am – 5:00pm

Email: DCSPAN@DavidsonCountyNC.gov

Website: www.dcspan.com

Davidson County Transitional Services

Provides substance abuse and addiction support services

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: (336) 472-0625

Hours: By Appointment

Email: dctransitionalservices@dctsinc.org

Website: <https://dctsinc.org/>

Daymark Recovery Services

An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advances access/emergency walk-in services during regular business hours 8am - 8pm Monday – Friday.

Location: 1104A South Main Street, Lexington, NC 27292

Phone: (336) 242-2450

24-Hours Crisis: (866) 275-9552

Suicide Prevention: (800) 273-8255

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

Family Services of Davidson County

Now offers 50B (protective order) E-filing from their office location in conjunction with the Court system.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Mailing Address: P.O. Box 607, Lexington, NC 27293

Phone: (336) 249-0237

24/7 Phone: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:30pm

Friday, 8:30am – 5:00pm

www.fsd.org

<https://www.facebook.com/FamilyServicesDavidson/>

Hope4NC Helpline

Connects you to mental health support 24/7.

Phone: (855) 587-3463

Hope4Healers Helpline

Support for healthcare workers

Phone: (919) 226-2002

Hopeline – NC Baptist Aging Ministry (NCBAM)

Phone line for those 65 and over who are lonely and feeling isolated.

Phone: (866) 578-4673

Hours: 9:00am – 9:00pm

Website: www.ncbam.org/ministry-outreaches.html

Monarch

Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities

Location: 820 Grimes Boulevard, Lexington, NC 27293

Phone: (336) 224-6071

Hours: Walk-In Assessment Clinic Monday – Thursday, 8:00am – 3:00pm

Friday, 8:00am – 1:00pm

Follow-Up Appointments Monday – Thursday, 8:00am – 6:00pm

Friday, 8:00am – 5:00pm

Website: <https://monarchnc.org/service-locations/davidson/>

National Disaster Distress Helpline

24/7 Crisis Counseling

Phone: (800) 985-5990

National Suicide Prevention Hotline

Offers free and confidential support for people in distress, prevention and crisis resources.

Phone: (800) 273-TALK

National Domestic Violence Hotline

Phone: (800) 799-7233

NC4Vets

Phone: (844) 624-8387

North Carolina Alcohol and Drug Council

Support for alcohol or drug addiction

Phone: (800) 688-4232

North Carolina Health and Human Services

Has the latest Covid-19 resources and information.

Website: <https://covid19.ncdhhs.gov/about-Covid-19/wellness-resources>

North Carolina Poison Control Center

(800) 222-1222

Novant Health Thomasville Medical Center Behavioral Health

Only admits adults 55+, specializes in geriatric psychiatry

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 476-2446

Hours: Monday – Friday, 7:00am – 5:00pm

Website: <https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

Passageways - Psychosocial Rehabilitation Program

Passageways is a behavioral health agency in responsible for assuring the delivery of community based mental health, mental retardation, substance abuse and/or behavioral health services to individuals with those disabilities.

Location: 220 East 1st Street Extension, Suite 6, Lexington, NC 27292

Phone: (336) 242-2403

Website: <http://recoverymentalhealth.com/location/passageway-psychosocial-rehabilitation-program/>

Path of Hope, Inc.

Formerly Alcoholics Anonymous

Location: 1675 East Center Street, Lexington, NC 27292

Mailing Address: P.O. Box 1824, Lexington, NC 27293

Phone: (336) 248-8914

Email: pathofhope@apathofhope.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://apathofhope.homestead.com/index.html>

**NURSING HOMES, RETIREMENT HOMES,
ASSISTED LIVING FACILITIES**

****List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

****List available from Social Services – Adult Services Unit**

Lexington Phone: (336) 242-2500

NC Division of Health Service Regulation

The Division of Health Service Regulation oversees medical, mental health and adult care facilities, emergency medical services, and local jails. NCDHHS checks to see that people receiving care in these facilities are safe and receive appropriate care.

Phone: Nursing Home Licensure and Certification, (919) 855-4520

Website: <https://www2.ncdhhs.gov/dhsr/>

NUTRITION

Congregate Meals through Davidson County Senior Services

The Congregate Nutrition Program is open to all Davidson County residents 60 and older. We provide a hot nutritious catered lunch Monday through Friday. The sites are open from 9 a.m. to 1 p.m. with lunch being served at approximately 11 a.m. Various daily activities are also offered such as informative speeches, health promotions, games, exercise, and entertainment. Meals must be reserved in advance. Transportation is provided to all locations. There is no set charge for the meal however donations are accepted and go toward the cost of the meal. No one is ever refused due to inability to contribute.

Denton:

Denton Civic Center

Location: 459 Salisbury Street, Denton, NC 27239

Phone: (336) 859-2542

Lexington:

Davidson County Senior Center, Lexington

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 236-3118

Southmont:

Community Center

Location: 184 Owens Road, Lexington, NC 27292

Phone: (336) 798-2933

Thomasville:

Davidson County Senior Center, Thomasville

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2667

Welcome:

First Baptist Church

Location: 404 Welcome-Arcadia Road, Lexington, NC 27295

Phone: (336) 731-8434

Eligibility: Age 60+

Hours: Monday – Friday, 9:00am – 1:00pm with lunch being served at approximately 11:00am

Website: <https://www.co.davidson.nc.us/361/Nutrition-Programs>

Davidson County Cooperative Extension Office

Provides nutrition education

Location: 301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2080

Website: <https://davidson.ces.ncsu.edu/categories/health-nutrition/>

Davidson County Social Services, FNS – SNAP (formally food stamps)

Benefits may be used to purchase most foods at participating stores

Location: 913 Greensboro St., Lexington, NC 27292

Phone (Lexington): (336) 242-2500

Phone (Thomasville): (336) 474-2760

After Hours Phone: (336) 780-2372

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/417/Food-Nutrition>

Meals on Wheels for Davidson County

Home-delivered meals for Davidson County residents 60+. Frozen meals are offered to clients that live in non-serving areas or if a route is full. Frozen meals will need to be picked up by the recipient. Eligibility: Age 60+ who are homebound and cannot prepare a nutritious meal for themselves.

Lexington Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2757

Hours: Monday – Friday: 8:00am – 5:00pm

Email: SeniorServices@DavidsonCountyNC.gov

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

Meals on Wheels for Lexington City

Phone: (336) 248-8010 or (336) 248-4934

Meals on Wheels for Thomasville City

Phone: (336) 324-6402

Mobile Meals of High Point

Mailing Address: P.O. Box 6666, High Point, NC 27262

Phone: (336) 882-7676

Salvation Army of Davidson County

Provides food & nutrition programs

Location: 314 West Ninth Avenue, Lexington, NC 27292

Phone: (336) 481-7324

Email: Erica.Trail@USS.SalvationArmy.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.salvationarmycarolinas.org/davidsoncounty

PASTORAL CARE

FaithHealth – Davidson County

FaithHealth is a movement that links local churches with Wake Forest Baptist Medical Center – Lexington Medical Center and local human services agencies in a shared mission of health, healing and hope.

Location: 250 Hospital Drive, Lexington, NC 27295

Phone: (336) 238-4550

Contact: Reverend Dianne Horton

Phone (336)238-4560

Email: dhorton@wakehealth.edu

Website: www.faithhealth.nc.org

PRESCRIPTION ASSISTANCE

Coast2CoastRx

Save on dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – for more information, please contact the number listed below

Phone: (800) 931-8872

Website: www.coast2coastrx.com

Familywise Prescription Savings Card

The NCOA (National Council on Aging) and FamilyWise Prescription Savings Card is free to everyone. Even if you have insurance, show the FamilyWise card to make sure you get the best price – FamilyWise or insurance.

4 Steps to Save:

1. Print the card or download on your phone
2. Find a participating pharmacy
3. Show the card to your pharmacist
4. Ask for the best price

Toll-Free Phone: (800) 222-2818

Website: www.familywise.org

Needymeds.org

Website to connect you to patient assistance programs (PAPs). Also can grant you a discount card and watch videos to learn about their services.

Phone: (800) 503-6897

Website: www.needymeds.org/newuser

Medication Drop Box (DCSPAN)

Medicine drops are a convenient and safe way for you to dispose of your unused or expired prescription over-the-counter medications

Locations:

Lexington Locations

Davidson Medical Ministries

Location: 420 North Salisbury Street, Lexington, NC 27292

Phone: (336) 243-7475

Pharmacy: (336) 243-3214

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday: 8:00am – 1:00 pm.

Closed 12:00 – 1:00 pm for lunch

Website: www.davidsonmedicalministries.org

Medical Park Pharmacy

Location: 2316 S. Main Street, Lexington, NC 27292

Phone: (336) 243-2428

Hours: Monday – Friday, 9:00am - 6:00pm

Saturday 9:00am - 1:00pm

Website: <https://lexington.wakehealth.edu/Medical-Park-Pharmacy.htm>

Thomasville Locations

Davidson Medical Ministries

Location: 611 Randolph Street, Thomasville, NC 27360

Phone: (336) 474-4585

Hours: Monday/Tuesday/Wednesday: 8:00am – 5:00pm

Thursday: 8:00am. – 8:00pm

Friday: 8:00am – 1:00pm

Website: www.davidsonmedicalministries.org

Novant Thomasville Medical Center (Pain Management Clinic)

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 474-7922

Hours: Monday – Friday, 7:00am - 5:00pm

Website: <https://www.novanthealth.org/thomasville-medical-center.aspx>

Medicine Assistance Tool (Partnership for Prescription Assistance (PPA))

Pharmaceutical Research and Manufacturers of America (PhRMA) created the Medicine Assistance Tool (MAT) to provide a dedicated search engine that allows users to search for financial assistance resources available to them, their loved ones or patients in their lives through the various biopharmaceutical industry programs available for patients who are eligible.

Building upon the Partnership for Prescription Assistance (PPA), MAT gives patients, loved ones and health care **providers** a single point of access to hundreds of public and private assistance programs, as well as connecting them with more transparent information about the cost of medicine.

Website: <https://medicineassistancetool.org/Who-We-Are>

North Carolina Baptist Aging Ministry (NCBAM) – Red Bag

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Must be age 65 or older. NCBAM sales Red Bags to store medicine for \$3 each.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: http://www.ncbam.org/about-us.html#about_ncbam

NC Med Assist

The Senior Care program is a pharmacy resource for adults 65 and over. If Medicare Part D prescription benefits run out during the year, seniors can utilize the program to learn about other prescription medicine options. Free consultation services regardless of income levels. Also provides a mobile free pharmacy for individuals who are low-income and in need with free over the counter medicine. Check website for schedule.

Location: 4428 Taggart Creek Rd., Suite 101, Charlotte, NC 28208

Phone: (866) 331-1348 or (704) 536-1790

Email: info@medassist.org

Office Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://medassist.org/otc-medicine-program/>

Part D Extra Help through Social Security

Contact your S.H.I.I.P. (Seniors Health Insurance Information Program) at Davidson Medical Ministries

Phone: (336) 243-3232 (Lexington)

NCSHIP: (855) 408-1212

RECREATION & SELF-ENRICHMENT

Davidson County Recreation Department

Location: 555-D West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

Davidson County Senior Centers

Lexington Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

Thomasville Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

<https://www.co.davidson.nc.us/337/Senior-Services>

Lexington City Parks and Recreation

Location: 28 West Center Street, Lexington, NC 27292

Phone: (336) 248-3960

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.lexingtonnc.gov/city-services/parks-and-recreation>

Special Olympics Davidson County

Offers free year –round sports training and athletic competition for adults with intellectual disabilities. Giving them the opportunities to develop physical fitness, demonstrate courage, build their self-esteem, experience joy and the sharing of their skill and friendships with other athletes, their families, and the community.

Location: Davidson County Parks & Recreation Department 555-D West Center Street Ext., Lexington, NC 27293

Phone: (336) 242-2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/371/Special-Olympics>

Thomasville Parks & Recreation

Location: One East Main Street, Thomasville, NC 27360

Phone: (336) 475-4280

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.thomasville-nc.gov/government/departments/parks-and-recreation-1>

RESPITE CARE

Carolina SeniorCare / PACE Program

PACE is a program of all-inclusive care for the elderly age 55 and over. Please call office for information on other eligibility requirements.

Location: 802 E Center St, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: (833) 223-4476 TTY: (800) 735-2962

Email: Info@CarolinaSeniorCare.org

Hours: Monday – Friday, 8:00am – 5:00pm

Access to care is available 24 hours/day

Website: www.carolinaseniorcare.org

Davidson County Senior Services

Respite relief can be provided for unpaid caregivers who provide 24/7 supervision to an adult 60+. Please call for other eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.co.davidson.nc.us/SeniorServices

The Life Center of Davidson County

Quality day health and day care for older adults and impaired adults. Please call office for more information. Also offers in-home respite care.

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Email: Info@LifeCenterDavidson.com

Hours: Monday – Friday, 7:15am – 5:30pm

Website: www.lifecenterdavidson.com

North Carolina Lifespan Respite Program

The North Carolina Lifespan Respite Program is an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available.

Phone: (828) 265-5434, extension #139

Website: <https://files.nc.gov/ncdhhs/Give%20Me%20a%20Break-%20The%20Lifespan%20Respite%20Program.pdf>

REVERSE MORTGAGE

Financial Pathways of the Piedmont

Works to help seniors 60 and older improve the management of their finances, including reverse mortgage counseling

Location: 7820 North Point Blvd, Ste 100, Winston-Salem, NC 27106

Phone: (336) 896-1191 or (888) 474-8015

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <http://financialpaths.org/>

SOCIAL SECURITY BENEFITS

Social Security Administration

Salisbury Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

Website: www.ssa.gov/onlineservices

Winston-Salem Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday-Friday, 9:00am – 4:00pm

Website: www.ssa.gov/onlineservices

National Office:

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Website: www.ssa.gov

SUPPORT/CAREGIVER GROUPS

***Due to COVID-19 restrictions, always check with the agency to determine the status of support groups.**

Arc of Davidson County

Offers quarterly information meetings for parents and families of people with intellectual and developmental disabilities

Location: 1900 S. Main Street, Lexington, NC 27292

Phone: (336) 248-2842

Hours: Monday-Friday, 8:30am – 5:00pm

Website: <http://www.arcdavidson.org/>

American Stroke Association – Forsyth County Support Group

Support group for caregivers of stroke victims.

Location: Forsyth Medical Center, 3333 Silas Creek Parkway, Winston-Salem, NC 27103
1st Floor, Whitaker Resource Room

Contact: Allison Hooker

Phone: (336) 718-5284

Email: afhooker@novanthealth.org

Meets the 2nd Tuesday of each month, 5:30pm

Location: Wake Forest Baptist Health Stroke Support Group
Medical Plaza 4610 Country Club Road, Winston-Salem, NC 27104

Contact: Rayetta Johnson, RN

Phone: (336) 716-3011

Meets the 1st Tuesday of each month, 11:00 – 12:00pm

Website: <https://www.stroke.org/en/stroke-groups/forsyth-stroke-group>

Autism Society of Davidson County

The Davidson County Chapter provides a place for individuals with autism and their families to meet, share, and learn about autism. For details about meetings, join the Facebook group or email them for details.

Email: davidsonchapter@autismsociety-nc.org

www.facebook.com/groups/asnc.davidson

Website: <https://www.autismsociety-nc.org/events/davidson-county-chapter-meeting/>

Brain Injury Association

Provides resources and training to persons living with brain injury, their families and caregivers.

Location: 3733 National Drive, Suite 115, Raleigh, NC 27612

Phone: (919) 833-9634 or (800) 377-1464

Email: bianc@bianc.net

Website: www.bianc.net

For a list of local groups - <https://www.bianc.net/wp-content/uploads/2019/10/BrainInjurySupportGroups.pdf>

Cancer Services of Davidson County

Offers support group meetings; please call for dates and times.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: www.cancerservicesofdc.org

Caregiver Support Groups

Alzheimer/Dementia Support Group – Greensboro Chapter (for Davidson County)

Alzheimer's Association Caregiver Telephone Support Group

Charlotte Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (704) 532-7390

Hours: Monday – Friday, 8:00am – 5:00pm

Greensboro Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: (800) 228-8738

TDD: (866) 403-3073

24/7 Crisis Line: (800) 272-3900

Email: InfoNC@alz.org

Website: www.alz.org/northcarolina

Brookdale Lexington Assisted Living, Alzheimer's & Dementia Care

Location: 161 Young Drive, Lexington, NC 27292

Phone: (336) 238-1700

Website: www.brookdale.com

Caregivers of Davidson County

A website designed for caregivers in the Davidson County community. Website includes resources, calendar of caregiver activities and a caregiver message board where you can share insights on issues you face as a caregiver or offer advice, support and encouragement to other caregivers.

Website: <https://caregiversofdc.com/>

Carolina SeniorCare

Location: 802 E Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Website: <https://www.carolinaseniorcare.org/services>

Epilepsy of Davidson County

Friends Helping Friends; meets once a month

Phone (336) 300-4681 or (336) 238-2314

Email: EpilepsyofDavidsonCounty@gmail.com

<https://www.facebook.com/groups/EpilepsyofDavidsonCountyNC/>

Family Services of Davidson County

Location: 1303 Greensboro Street Extension, Lexington, NC 27292

Phone: (336) 249-0237

Hours: Monday – Thursday: 8:30am – 7:00pm

Friday: 8:30am – 3:00pm

www.fsd.org

<https://www.facebook.com/FamilyServicesDavidson/>

Grief Support Group

*Held at the Macedonia United Methodist Church on the 1st Thursday of the month
10:00 - 11:00am (except May, June and July).*

Location: 10890 NC-8, Lexington, NC 27292

Phone: (336) 798-3097

Hospice of Davidson County

Healing Journeys held at the Hospice House. Click on the website for an up-to-date list of programs and times.

Location: 200 Hospice Way Lexington, NC 27292

Phone: (336) 475-5444

Phone: (800) 768-4677

Website: <https://hospiceofdavidson.org/events/>

Virtual Grief Support Programs

Second Monday of every month at 6:00pm

Register by visiting www.hospiceofdavidson.org/grief-programs/

or texting "group" to 336-203-0642

Life Center of Davidson County

Our Mission at The Life Center of Davidson County, Inc. is to provide high quality day time care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel. We serve both participants and their families from all areas of Davidson County.

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Email: Info@LifeCenterDavidson.com

Website: www.lifecenterdavidson.com

Caregiver Academy

3rd Tuesday of each month, 1:00pm – 2:30pm

Meets at Davidson County Senior Services

(During Covid, group is meeting virtually).

555-B West Center Street Extension, Lexington, NC 27295

<http://www.lifecenterdavidson.com/caregiver-academy/>

Family Caregiver Support Group

(During Covid, group is meeting virtually every week-call for days and times).

3rd Wednesday of each month, 2:00pm – 3:00pm

Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>

Email: khoyle@lifecenterdavidson.com

Phone: (336) 249-2155 to register

Grandparents Raising Grandchildren - Relative Caregiver Support Group

Fourth Tuesday each month 2:00pm - 3:00pm

Phone: (336-249-2155) to register

Email: kholye@lifecenterdavidson.com

Parkinson's Support Group

3rd Thursday of each month, 1:30pm – 2:30pm

Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>

Email: nsmith@lifecenterdavidson.com

Phone:(336) 249-2155

Parkinson's Support

The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.

Phone: (800) 708-7644

Website: <https://www.michaeljfox.org/>

Parkinson's Foundation

The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure.

Website: <https://www.parkinson.org/Living-with-Parkinsons/Resources-and-Support>

Therapeutic Alternatives

Therapeutic Alternatives, Inc. provides Geriatric Adult Mental Health Specialty Team services (GAST) in 45 counties in North Carolina through contracts with four Managed Care Organizations (MCOs).

Phone: (336) 495-2747

Contact for Davidson County: Dawn Lillard, RN, BSN – (704) 953-1553

Website: <https://www.mygastteam.com/>

Trellis Supportive Care (formerly Hospice & Palliative CareCenter)

Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: (336) 769-3972

Hours: 24/7 coverage at (888) 876-3663 or (336) 768-3972

Website: <https://www.trellissupport.org/>

****Contact your local medical center, church or Davidson County Senior Services for active support groups.**

TAXES

Davidson County Senior Services

Volunteer AARP counselors trained in cooperation with the IRS provide counseling and income tax preparation February through April.

Lexington Location: 555-B West Center St. Extension, Lexington, NC 27295

Phone: (336) 242-2290

Thomasville Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Email: SeniorServices@DavidsonCountyNC.gov

<https://www.co.davidson.nc.us/337/Senior-Services>

**Call for appointment at either location during tax season

Davidson County Tax Coalition

FREE income tax return preparation is a community collaborative effort between Social Services, Public Libraries, the IRS and other community organizations to provide free federal and state income tax return preparation and electronic filing for low income households.

Lexington Library-(336)242-2005

Thomasville Library-(336)474-2690

Website: www.co.davidson.nc.us/938/FREE-Tax-Preparation-VITA-Program or call (336) 236-3024

**Call for appointment at either location during tax season.

Davidson Davie Community College Single Stop Tax site

Phone: (336) 224-4569

Website: <https://dcccvasite.as.me/>

Denton Library (VITA Free Income Tax Assistance)

Phone: (336) 859-2215

Davidson County Tax Department

Location: 913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2160

Phone for Collections: (336) 242-2180

Phone for Listings and Appraisals: (336) 242-2161

Hours: Monday – Friday, 7:30am – 6:00pm

Website: <https://www.co.davidson.nc.us/355/Tax-Assessor>

Internal Revenue Service (IRS)

Address: 1677 Westbrook Plaza, Suite 160, Winston-Salem, NC 27103

Phone for Local Winston-Salem Office: (336) 659-2740

Phone: (800) 829-1040

Hours: Toll-Free (800) 829-1040 available Monday – Friday, 7:00am – 7:00pm

Local Winston-Salem Office available Monday – Friday, 8:30am – 4:30pm (closed for lunch 12:00pm – 1:00pm)

Website: www.irs.gov

NC Department of Revenue

State tax information

Mailing Address: P.O. Box 25000, Raleigh, NC, 27640

Phone: (877) 252-3052

Phone for Individual Income Tax Refund Inquiry: (877) 252-4052

Phone for Tax Fraud Hotline: (800) 232-4939

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.dornc.com

TELEPHONE REASSURANCE

AARP Community Connections-Friendly Voices Call Center

Trained volunteers will give a call to say hello

Phone:(888) 281-0145

Hours: Monday-Friday 9:00am-5:00pm

Website: www.aarpcommunityconnections.org/friendly-voices/

Davidson County Sheriff's Office – Wellness Check

Provides well checks on the elderly (city and county residents) upon request; must live alone to qualify

Location: 2511 E. US Hwy 64, Lexington, NC 27292

Phone: (336) 242-2853

Contact: Charlene Foster to set up

Friendship Line at Institute on Aging

The Friendship Line is both a crisis intervention center and a “warm” line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+

24/7 Toll-Free: (800) 971-0016

Email: FriendshipLine@ioaging.org

Website: www.ioaging.org/services/all-inclusive-health-care/friendship-line

Hopeline/NC Baptist Aging Ministry

A phone line for those 65 and older who are lonely.

Phone: (866) 578-4673

Hours: 9:00am – 9:00pm

****Please see Counseling, Medical Alert Systems or Volunteer Assistance for further assistance in this area.**

TRANSPORTATION

Davidson County Department of Transportation – DC Rides

Location: 945 North Main Street, Lexington, NC 27292

Phone: (336) 242-2250

Phone for seniors age 60+: (336) 242-2947

Phone for Medicaid recipients: (336) 242-2272 (for medical transportation through Medicaid)

Hours: Monday – Friday, 6:00am – 6:00pm

Saturday, 6:00am – 6:00pm – Thomasville only

Website: <https://www.co.davidson.nc.us/258/Transportation>

For a temporary amount of time (April-July), DC Senior Transportation will transport veterans to the Salisbury and Kernersville Medical Centers.

Wednesdays-Salisbury Center

Thursdays-Kernersville Center

Drop-off-9:00am

Pick-up-1:00pm

Phone: 336-242-2947

Disabled American Veteran (DAV) Transportation

DAV operates a fleet of vehicles around the country to provide free transportation to VA medical facilities for injured and ill veterans. (This service is on hold for now due to Covid-19. Check back on this phone line for any updates)).

Phone: (704) 638-9000

Website: www.dav.org/veterans/i-need-a-ride

Piedmont Authority for Regional Transportation (PART)

The Piedmont Authority for Regional Transportation (PART) is a unit of local government created in 1997 to enhance all forms of transportation in the Piedmont Triad Region. Our work is part of a larger statewide effort to improve transportation systems in North Carolina. Working with our partners, we strive to enhance mobility, address congestion, and reduce transportation related impacts on our air quality.

Administrative Office: 107 Arrow Road, Greensboro, NC 27409

Phone: (336) 883-7278

For Routes and Schedules: <https://www.partnc.org/27/Routes-Schedules>

UTILITY ASSISTANCE

Cooperative Community Ministry

Provides utility assistance for eligible applicants when funds are available. Requires a referral from Department of Social Services. Applicant must reside in Thomasville area, and must provide ID or proof of residence.

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Email: CCMTville@northstate.net

Hours: Monday/Tuesday/Thursday/Friday, 8:00am – 12:30pm
Wednesday, 11:30am - 3:30pm

Website: www.ccmtville.com

Crisis Ministry of Davidson County

Provides financial assistance for utilities when funds are available. Please call for eligibility requirements.

Contact: Ashley Phillips, Executive Director

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Email: CrisisMinDC@yahoo.com

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://www.crisisministryof davidsoncounty.org/>

Davidson County Community Action

Offers and Economic Self-Sufficiency program which focuses on past due rent and utilities; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided.

Lexington Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:30am – 5:00pm

Thomasville Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 313-0726

Hours: Tuesday, 2:00pm – 5:00pm and Wednesday 9:00-5:00pm

Email: dcca@dccainc.org

Food Assistance Program Hours: Thursdays: 9:00am - 12:00pm, and 2:00pm - 4:00pm (food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

Davidson County Social Services, Emergency Assistance

Provides utility assistance to eligible applicants as long as funds are available. Must have a cut-off notice. Please call for eligibility requirements-must meet income and other guidelines.

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: (336) 242-2500 - ask for utility assistance

Thomasville: (336) 474-2760 - ask for utility assistance

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/422/Emergency-Assistance>

Energy United Operation Round-Up

Operation Round-Up is a powerful way for EnergyUnited members to help others in their community by rounding up their monthly bills. The EnergyUnited Foundation is funded entirely by the generosity of these members who give through our Round-Up program. To become a recipient of the Round-Up program, contact:

Energy United

Local Office: 1900 Odell Owen Road, Lexington, NC 27295

Phone: (800) 822-0197, extension #1541

Round-Up, please call us at (800) 522-3793.

Website: <https://www.energyunited.com/giving-back/>

Fairgrove Family Resource Center

Eligible families must complete an application by going into the center. In most cases, a referral from the Department of Social Services is required. Limited to citizens of eastern Davidson County and City of Thomasville residents.

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Email: fairgroveresource@gmail.com

Hours: Monday – Thursday: 9:00am – 1:00pm

Website: www.fgfrfc.org

Low Income Energy Assistance Program (LIEAP)

LIEAP gives families a one-time vendor payment to help pay for heating-related costs. Program runs from December through March. Applications are available through Davidson County Department of Social Services

Phone: (336) 242-2500

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/423/Low-Income-Energy-Assistance>

Salvation Army, Lexington

Provides financial assistance for utilities when funds are available. Call for eligibility requirements.

Contact: Erica Trail -Social Worker

Location: 314 W. 9th Avenue, Lexington, NC 27292

Mailing Address: P.O. Box 770, Lexington, NC 27292

Phone: (336) 481-7324

Email: Erica.Trail@USS.SalvationArmy.org

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.salvationarmycarolinas.org/davidsoncounty

Salvation Army, Thomasville

Provides financial assistance for utilities when funds are available. Call for eligibility requirements with Duke Energy Special Assistance.

Location: 309 Etta Lane, Thomasville, NC 27360

Phone: (336) 472-7800 ext. 1 / (336) 472-7200 ext. 1 for social worker

Executive Director – Brandon Lomax

Office Hours: Monday-Friday, 9:15am – 6:16pm

Website: www.salvationarmyusa.org

South Davidson Family Resource Center

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Email: SDFRC1@windstream.net

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: www.southdavidsonfrc.com

VETERANS' SERVICES

North Carolina Serves

A network of public, private and nonprofit organizations serving veterans, service members and their families utilizing a common technology platform to create accountability and formalize communication, coordination and transparency in order to efficiently and effectively guide veterans, service members and their families to the most appropriate services and resources available to achieve their unique goals.

Phone: (855)425-8838

Veteran's Crisis Line 1-800-273-8255

Website: <https://charlotte.americaserves.org/>

Community Link, Traveler's Aid – NC

Targets very low-income veterans and their families who are homeless or on the verge of homelessness. Provides one-way bus ticket for someone fleeing domestic violence, someone with rare disease/medical emergency. Compensation for those with claims against military.

Location: 601 East Fifth Street, Suite 220, Charlotte, NC 28202

Phone: (704) 943-9490 / (800) 977-1969

Website: <http://communitylinknc.org/veterans/>

Davidson County Veterans' Services

Local office for information on veterans' services and benefits. Provides information for veterans residing in Davidson County.

Location: 913 Greensboro Street, Suite 101, Lexington NC 27292

Phone: (336) 242-2037

Hours: Monday – Friday, 8:00am – 4:00pm

Website: <https://www.co.davidson.nc.us/242/Veterans>

Goodwill Veterans Services

Goodwill will work to equip veterans and their families with the tools they need to succeed in the workplace and at home.

Location: 719 West Center Street, Lexington, NC 27292

Phone: (336) 236-8021

Website: <https://www.goodwill.org/jobs-training/veterans-military-families/>

Holly Hill Memorial Park

All honorably discharged veterans – no matter where, when, or how they served – are eligible for a free plot at our cemetery if one is not already owned.

Location: 401 West Holly Hill Road, Thomasville, NC 27360

Phone: (336) 472-7455

Website: <https://hollyhillcemetery.com/veterans/>

NC4VETS – Department of Military and Veterans Affairs

Provides information for veterans.

Location: 413 North Salisbury Street, Raleigh, NC 27603

Mailing Address: Mailing Address: 4001 Mail Service Center, Raleigh, NC 27699-4001

Phone: (844) 624-8387

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.milvets.nc.gov/>

Salisbury National Cemetery

Burial in a national cemetery is open to all members of the armed forces who have met a minimum active duty service requirement and were discharged under conditions other than dishonorable. A Veteran's spouse, widow or widower, minor dependent children, and under certain conditions, unmarried adult children with disabilities may also be eligible for burial. Eligible spouses and children may be buried even if they predecease the Veteran. Members of the reserve components of the armed forces who die while on active duty or who die while on training duty, or were eligible for retired pay, may also be eligible for burial

Location: 501 Statesville Boulevard, Salisbury, NC 28144

Phone: (704) 636-2661

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.cem.va.gov/cems/nchp/salisbury.asp>

Skilled Nursing Care – NC State Veterans Home in Salisbury

99-bed home for Veterans

Location: W. G. (Bill) Hefner VA Medical Center

1601 Brenner Avenue, Building #10

Salisbury, NC 28144

Phone: (704) 638-4200

Website: <https://www.salisbury.va.gov/>

COVID-19 vaccines are now available for ALL eligible Veterans-regardless of age-at all three health care facilities. Walk-in appointments are available only at the Salisbury facility, while VA Health Care Centers in Charlotte and Kernersville still require an appointment. Please call (800)706-9126 to schedule your Covid-19 vaccination appointment today.

All who enter Salisbury VA HCS property will be screened for the Covid-19 virus and must wear a mask. Please allow extra time to ensure that you arrive at your appointment on time.

Veterans Administration (VA) Benefits

U.S. Department of Veterans Affairs

Provides information on veteran's benefits

Location: 810 Vermont Avenue, NW Washington DC 20420

Phone: (800)827-1000

TTY: 800-799-4889

Veterans Crisis Line: (800) 273-8255, Press 1

Hours: 24/7

Website: www.benefits.va.gov/compensation

Confidential Crisis Chat at Veteranscrisisline.net or text 838255

VA Health Care Benefits

U.S. Department of Veterans Affairs

Information on veterans' health care and benefits. Please call for information.

Location: 810 Vermont Avenue, NW Washington DC 20420

Phone: (877) 222-8387 / TDD: (800) 829-4833

Hours: 24/7

Website: www.publichealth.va.gov/exposures/benefits/health-care.asp

VA Hospital, Kernersville

Provides medical care (in-patient, out-patient, medication) for veterans.

Please call (704) 638-9000 or (800) 469-8262, ext. 3470 to speak to someone about eligibility requirements.

Location: Kernersville Health Care Center at 1695 Kernersville Medical Parkway,
Kernersville, NC 27284

Phone: (336) 515-5000

Automated Information: (800) 469-8262

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

VA Hospital, Salisbury

Provides medical care (in-patient, out-patient, medication) for veterans.

Please call (704) 638-9000 or (800) 469-8262, ext. 3470 to speak to someone about eligibility requirements.

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000, (800) 469-8262

Automated Information: (800) 469-8262

Website: www.salisbury.va.gov

VA Medical Foster Home Program

An alternative to nursing home or assisted living care for Veterans provided by the W.G. (Bill) Hefner VA Medical Center in Salisbury

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000

Website: https://www.va.gov/GERIATRICS/pages/Medical_Foster_Homes.asp

Veterans Crisis Line

Voluntary, Confidential, Free and Professionally Staffed

Phone: (800) 273-8255, Press 1

Online: <https://www.veteranscrisisline.net/get-help/chat>

Website: https://iris.custhelp.va.gov/app/answers/detail/a_id/1286/kw/crisis

Veterans – Homebound

Home based primary care. Provided services include; dietician, nurse practitioner, social worker, occupational therapist and physical therapist. Contact your doctor to order.

Volunteers of America

Supportive services for veterans and their families.

Volunteers of America – Carolinas

Location: 207 Commons Boulevard, Durham, NC 27704

Phone: (919) 477-9005

Email: information@voacarolinas.org

Website: <https://www.voa.org/>

W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice Care

The VA Hospice Care Program is open to veterans who have an illness for which life-saving treatment is no longer practical. Each veteran must be enrolled in the VA Healthcare System.

Phone: (704) 647-5804 or (704) 638-9000, ext. 4128 or 4167

Website: https://www.va.gov/geriatrics/pages/Hospice_Care.asp

Warrior Bridge – Veterans Services

Provides a broad range of services to veterans with disabilities and their families

Phone (910) 401-5495

Website: www.warriorbridge.org

Warrior Bridge North Carolina

Location: 600 Ames Street, Fayetteville, NC 28301

Website: <https://www.servicesource.org/service/warrior-bridge-veterans-services/#NorthCarolinaEmploymentAssistanceSupport>

VICTIM ASSISTANCE SERVICES

Family Services of Davidson County

Domestic Violence, sexual assault support/assistance; counseling.

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:30pm

Friday, 8:30am - 5:00pm

www.fsd.org

<https://www.facebook.com/FamilyServicesDavidson/>

VOLUNTEER OPPORTUNITIES / ASSISTANCE

Davidson County Senior Services

Volunteer opportunities available for delivering meals, office assistance, and more. Please call and ask for the Volunteer Coordinator for more information on opportunities and eligibility requirements.

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Email: SeniorServices@DavidsonCountyNC.gov

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/387/Volunteers>

FaithHealth NC

FaithHealth staff, as well as volunteers from congregations and the community, offer health care ministries to anyone in the community in need. They provide support before, during, and after hospitalization. They help coordinate transportation, home visitation, food and medication assistance, and provision of emotional and spiritual support.

Contact: Reverend Dianne Horton

Phone: (336) 238-4560

Email: dhorton@wakehealth.edu

Website: www.faithhealth.nc.org

Guardian ad Litem

Volunteer opportunities available for advocating as Guardian ad Litem (GAL) appointed by the court to advocate for the best interests of an abused or neglected child. The GAL serves as an important voice for the child in court.

Phone: (336) 242-6719

Email: [Email: gal@nccourts.org](mailto:gal@nccourts.org)

Website: <https://volunteerforgal.org/>

Hospice of Davidson County

Volunteer opportunities available. Call or go to website for more information.

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: (800) 768-4677

Hours: Monday – Friday, 8:00am – 5:00pm

Website: www.hospiceofdavidson.org

North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Not able to provide financial assistance. Must be age 65 or older.

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: www.ncbam.org

Pastors Pantry of Lexington

Volunteer opportunities available on a regular basis, when you have time, or as needed. Call or visit the website below for more information.

Location: 307 N State St, Lexington, NC 27292

Phone: (336) 249-8824

Hours: Monday – Thursday, 8:00am – 4:00pm

Website: <https://pastorspantry.org/how-help/volunteer/>

United Way of Davidson County

Volunteer information and opportunities available. Please call or go to website for more information.

Location: 11 Court Square, Suite 100, Lexington, NC 27292

Mailing Address: P.O. Box 492, Lexington, NC 27293

Phone: (336) 249-2532

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday, 8:00am – 12:00pm

Website: <https://www.uwdavidson.org/get-involved-0>

WEATHERIZATION

Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program

Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. Participants do not have to own home to be eligible; renters must have written permission from their landlord. This is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Hours: Monday – Friday, 8:00am – 4:30pm

Website: www.ptrc.org/weatherization