

# Thomasville Activities Calendar

# September 2021

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| <b>Daily Ongoing Activities</b>  |   |   |  |   |
| 8:00 am– 5:00 pm<br>Hall Walking<br>8:30 am-4:30 pm<br>Computer Lab<br>Fitness Room<br>3:00– 4:30 pm<br>Crafters Circle  | 8:00 am– 5:00 pm<br>Hall Walking<br>8:30 am-4:30 pm<br>Computer Lab<br>Fitness Room<br>11:30am - 1:00 pm<br>Ladder Golf | 8:00 am– 5:00 pm<br>Hall Walking<br>8:30 am-4:30 pm<br>Computer Lab<br>Fitness Room<br>11:00am-12:30pm<br>Line Dancing \$   | 8:00 am– 5:00 pm<br>Hall Walking<br>8:30 am-4:30 pm<br>Computer Lab<br>Fitness Room<br>10:00am Fitness<br>Room Orientation     | 8:00 am– 5:00 pm<br>Hall Walking<br>8:30 am-4:30 pm<br>Computer Lab<br>Fitness Room<br>Table Tennis<br>11:30 am-1:00 pm<br>Cornhole |
| <b>Special Activities</b>  |   |   |  |   |
| <p>The name "September" comes from an old Roman word, "septem," which actually means 7. That's right – September was the seventh month of the year on the Roman calendar – It did not become the ninth month until the advent of the Gregorian calendar.</p> | 1.  | 2.  | 3.   |   |
|  |   | 2:00 – 3:30 pm Tech Class (103)   | Fun Friday - National Macadamia Nut Day—come pick up a cookie while you're here!   |   |
| 6.   | 7.  | 8.  | 9.   | 10.   |
|    | 10:00 - 11:00 am<br>Falls Prevention Program  | 9:00–10:30 am Tech Class ( Suite121)  |  | <p>Sunday, September 12 is</p>                 |
| 13.  | 14.   | 15.   | 16.  | 17.   |
| 9:00–10:30 am Tech Class ( Suite121)<br>11:00am Brunch<br>Book Club -<br>Thomasville Library   | 2:00 -3:00 pm Bingo (Nutrition Site)  | 9:00–10:30 am Tech Class ( Suite121)  |  | Constitution Day: the U.S. Constitution was adopted.  |
| 20.  | 21.   | 22.   | 23.  | 24.   |
| 9:00–10:30 am Tech Class ( Suite121)   | 9:00 - 10:00 am<br>Blood Pressure Checks  | 9:00–10:30 am Tech Class ( Suite121)<br> |  |   |
| 27.  | 28.   | 29.   | 30.  |    |
| 9:00–10:30 am Tech Class ( Suite121)   | 9:00–10:00 am<br>Bookmobile<br><br>2:00 pm -3:00 pm<br>Bingo (Nutrition Site)   | 9:00–10:30 am Tech Class ( Suite121)  | Fun Fact: September is spelled with the most letters, contains nine letters, and it happens to be the ninth month of the year. |   |
| \$- Indicates class has a fee  |   |   |  |   |