

# CONSTITUTION AND BY-LAW

Of

## **Davidson County Adult Basketball League**

Sponsored By

### **Davidson County Parks and Recreation Department**

#### **Article I**

##### **Division**

Section 1: Men's (A) League, Men's (B) League, Over 40 League, Women (A) League, Women (B) League

#### **Article II**

##### **Purpose**

Section 2: The purpose for this league is to promote good sportsmanship through amateur athletics. Players must be amateur so they can't be semi-pro or play in any overseas competition.

#### **Article III**

##### **Organization**

Section 3: The organization will be composed of the number of teams in which the making of the team must organized him or herself. The Athletic Coordinator responsible for make sure the league is running successfully. That games and schedule are up to date and informed to the manger of the teams. The Davidson County Parks and Recreation also responsible for the charges of the league; and anything for that matter pertaining to the league.

Section 3: Each manger of the team is responsible for conducting his/her players and fans but also handling all team business as well.

Section 4: The Athletic Coordinator we keep all records of the coach's information, players information, along with scheduling games and locations.

## **Player Eligibility**

Section 1: All team roster must be turn in to the Athletic Coordinator Office before the first game. If all the players are not on your rosters by the first game then the team will forfeit the games until you register a full team to the athletic coordinator.

Section 2: A player can participate in the league if he or she birthday is before January 1<sup>st</sup> of the playing year. Each team is allowed 10-12 players per team on their roster. The player must be 18 years of age or older to participate. If team has an illegal player participating in the league they will be suspended from the Davidson County Parks and Recreation.

Section 3: A player name must be listed on the team roster in order for him or her to participate in the league failure to submit the roster before the first game will result in automatic forfeit or your team being suspended from Davidson County Parks and Recreation.

Section 4: To be eligible for post season tournament a player must compete in four or five games during the regular season.

Section 5: If an ineligible player participates during the regular season, then the team will forfeit each game that player participate in.

Section 6: Each team who sign up for the league must show up on time for the schedule games. If player on a team is 15 minutes to 20 minutes late they must sit out a half during the game.

## **Article V**

### **Basketball Rules & Regulations**

Section: 1 North Carolina High School Federation Basketball Rules and Regulations will be use for the following expectation.

- (A) The games shall consist of 18 minutes running halves with clock only stopping for shooting fouls and 30 second or full-time outs.
- (B) The Clock will stop during the 2-minute mark of each half.
- (C) Each team will shoot a one and one on the number seven team foul and on the tenth team foul each team will shoot two free throws.
- (D) Each team will be allowed four full time outs during the game. These timeouts can be used only for the coach of the team. If the coaches of each team have

remaining timeouts after regulations and the game goes to sudden death. The timeouts will be rolled over to overtime. Each team during overtime will be reward one time out during that period.

- (E) So, if the teams tie during regulation the winner will be determine in overtime where they have 3-minute period to decide the winner of the game. Each coach again for the team will be rewarded one full time out after regulation.
- (F) All teams will be allowed 5 minutes to warmup before the game. No dunking is allowed during warmups or your team will be assessed technical foul and the other team will be granted free throw shot the start of game and possession of the ball.
- (G) In case of a tie in standing, the games will be determined by head to head matches up, points allowed, and coin flip to decided who will advance to the post season.
- (H) All teams must play their schedule games during the regular season and post season. Failure to do will result in automatic removal from the program.
- (I) Before the game is administered during the first period the ball will be place at the center of the court where two opponents must tip for the ball. Once the second period has begun the ball will be placed as throw in underneath the basket.
- (J) A player may grasp the basket at any time only to avoid injury.
- (K) If a shooter leans into the defender while in the act of shooting it will not be called as a foul. If the defender swipes, hacks, or has full body contact towards the offensive player while the offensive player is making a move to the basket, two free throws will be administered from the referees.
- (L) Technical fouls will count as a personal foul toward a player's disqualification. If player get a fragrantly during the game that will result in automation ejection from the game and also 2-4 game suspension depending on how fragrant the foul was.
- (M) Player can't enter the lane unless the ball is released

## **Article VI**

## **Referees**

Section 1: Davidson County Parks and Recreation Department Booking Agents will book referees for the regular season and the post season.

Section 2: Referees shall be dressed in uniform. They allowed to wear black shorts, black shoes, and must have on a stripe referee shirt on. They will also get a copy of the Davidson County Park and Recreation Constitution and by-laws.

Section 3: Referees should and will suspended any player or coach from the game for unsportsmanlike conduct. They referee must notify the Athletic Coordinator stating the cause for the misconduct and the cause of action of the suspension. This notification should be made in 24 hours of the action. Any player who expelled from a game shall be suspended from play for the duration of the game played by his/her team. Such a player shall not be allowed to remain on the team player's bench during the remainder of the game from which he/she is expelled or during the game for which he is ineligible. Such action will forfeit the game to the opposing team.

Section 4. Referees will have complete control of all games.

## **ARTICLE VII**

### **EQUIPMENT**

Section 1. All teams must furnish their own uniforms, which will consist of numbers back of jersey and must be same color. Numbers must correspond with High School Federation Rules. Teams that do not have jerseys by the first game will forfeit that game and every game until they get jerseys.

**Any player who intentionally hides his/her number from the referee will be assessed a (1) technical foul.**

Section 2. No long pants or cut of jeans/ shorts only for this league.

Section 3. Gym shoes must be worn by all players connected with the team while on the gym floors. However, coaches may wear street shoes on the bench.

Section 4. No player is to play wearing jewelry or hard and unyielding leather. A cast, even though covered with soft padding, shall always be declared

illegal if worn on the elbow, hand, finger, wrist or forearm.

Section 5. The Davidson County Parks and Recreation Department shall furnish the official basketball.

Section 6. Shirt tails must be tucked in.

Section 7. The opening of the arm hole cannot exceed 4 inches below the arm pit.

Section 8. **Compression sleeves are legal**

Section 9. Headwear are not to be worn during the games.

## **ARTICLE VIII FORFEITURES**

Section 1. Any team voluntarily withdrawing from the league shall forfeit any money deposited.

Section 2. A team must place five men/women in uniform on the floor at game time or forfeit the game. Teams may pick up one player from another team in the league if they have four players. Pick up player must be on an active roster for the current season. Pick up players will not be eligible during the post season tournament.

Section 3. Any team failing to obey the rules and regulations as set forth in these by-laws shall be expelled from the League.

Section 4. If any team shows continued unsportsmanlike conduct before, during, and after the game, the game will be awarded to their opponent.

Section 5. Scheduled game time will be delayed only if preceding game is still in progress.

Section 6. Your game starting time may proceed regular scheduled starting time if mutually agreed upon by both coaches.

Section 7. There will be no postponement of scheduled games.

Section 8. A five (5) min grace period will be allowed on the first game only. If grace period is used it will be considered as team warm-ups.

## **Article IX**

### **Awards**

Section 1. Team Trophy will be awarded to the Champion of the Championship 2nd place will get a runner up trophy.

Section 2. 20 Tournament Champion will be awarded to the 1st place tournament finisher.

## **Article X**

### **Unsportsmanlike Conduct**

Section 1: If player get two technical fouls during the game he or she will be expelled from the game and they can't sit on the bench.

Section 2: Player expelled from the game who have two technical will be suspended for (2) games.

Section 3: Continued Unsportsmanlike Like Conduct: If a single player accumulates five (5) technical fouls during the course of the season, said player will be subsequently ejected from current game and suspended for 2 additional games. Suspension will be immediate and effective for the sequential scheduled games.

Section 4: Profanity is not allowed during the game. Any profanity directed towards the referee or the coaches will be given a technical and suspended for two games. If you use words that are derogatory or abusive to an official, coach, or a player based on the act you will be suspended indefinitely.

## **Article XII**

### **Miscellaneous**

Section 1: The official rules of the league shall be North Carolina High School Federation and it will be forced in full effect during the season.

Section 2: As this is amateur league no player on a team or coach can receive financial remuneration for participating in any game for any other league.

Section 3: If any game or games are ordered to be replayed by the Athletic

Coordinator of the Davidson County Parks and Recreation Department as a result of misinterpretation of the rules by an official, then the official who worked in the dispute game shall not be assigned to work the replayed game. The official who was replaced will be compensated for the time during games.

Section 4: All games must start at regular schedule time. If a team is not ready to play during the times that the team is assigned it will be automatic forfeit from the team. In the case if both teams don't show up during schedule time then both teams will have to forfeit the game and they will not get a reschedule games by the Athletic Coordinator.

Section 5: It's imperative that all team members try to get **insurance**. The Davidson County Parks and Recreation Department will not insure any team or team members.

Section 6: Due to weather changes cancellation will be through the Athletic Coordinator. His number will be (336) 236-3138. Please also be advise through email that game have been either cancelled or reschedule due to weather conditions.

Section 7: In the event that the game has only one official on time before the game. Then the game will run as schedule