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Tel: 336.242.2290 • Fax: 336.236.7515  
211 West Colonial Drive • Thomasville, NC • 27360  
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Thessia Everhart-Roberts, B.S., M.A.  
Director of Senior Services

# COMMUNITY RESOURCE DIRECTORY FOR OLDER ADULTS

Davidson County Department of Senior Services  
2022

555-B West Center Street Extension, Lexington, NC 27295 | (336) 242-2290  
211 West Colonial Drive, Thomasville, NC 27360 | (336) 474-2754  
[www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)

Email: [seniorservices@davidsoncountync.gov](mailto:seniorservices@davidsoncountync.gov) • Web: [www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)





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Ambulance .....	911
Animal Control .....	(336) 249-0131
Community Health & Human Service Resources ...	211
Directory Assistance .....	411
Fire .....	911
North Carolina Road Conditions.....	511
Police.....	911
Poison Control .....	(800) 222-1222

Davidson County Department of Senior Services

**Lexington Office:**

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Phone: (336) 242-2290  
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211 West Colonial Drive  
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Phone: (336) 242-2290  
Fax: (336) 236-7515

## PERSONAL NUMBERS

Hospital: \_\_\_\_\_

Doctor: \_\_\_\_\_

Pharmacy: \_\_\_\_\_

Power Company: \_\_\_\_\_

Water Company: \_\_\_\_\_

Relative: \_\_\_\_\_

Neighbor: \_\_\_\_\_

## ABUSE AND NEGLECT

### **Davidson County Adult Protective Services**

*Accepts reports of abuse, neglect, and exploitation of vulnerable/disabled adults age 18 and over*

Location: 918 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2839

Hours: Monday – Friday, 8:00am – 5:00pm

After Hours, Weekends, Holidays: (336) 249-0131 - ask for on-call social worker

Website: <https://www.co.davidson.nc.us/407/Adult-Protective-Services>

### **Family Services of Davidson County**

*Provides counseling for domestic violence victims, anxiety, stress, sexual assault support, advocacy, and family counseling. Services are provided through insurance, sliding scale fees, grant programs and Employee Assistance Programs.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 7:00pm (Counseling is by appointment only after 5:00pm).

Friday, 8:30am - 3:00pm

Website: [www.fsdco.org](http://www.fsdco.org)

<https://www.facebook.com/FamilyServicesDavidson/>

## ADULT DAY CARE / ADULT DAY HEALTH

### **Carolina Senior Care / PACE Program**

*Program of all-inclusive care for the elderly with chronic care needs*

Location: 802 East Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: (833) 223-4476 TTY: (800) 735-2962

Email: [Info@CarolinaSeniorCare.org](mailto:Info@CarolinaSeniorCare.org)

Hours: Monday – Friday, 8:00am – 5:00pm; Access to care is available 24 hours/day

Website: [www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

### **The Life Center of Davidson County**

*Provides quality day care and day health for older adults and impaired adults*

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

Hours: Monday – Friday, 7:15am – 5:30pm

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

## ADVOCACY

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person; educates and advocates for seniors*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: [www.local.aarp.org/NC/](http://www.local.aarp.org/NC/)

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

*All offices not open for appointments-working remotely*

#### **Charlotte Office**

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (980) 498-7760

Hours: Monday – Friday, 8:00am – 5:00pm

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

24/7 Crisis Line: (800) 272-3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Davidson County Transitional Services (DCTS)**

Human Services and Consulting Agency. Case management services are a collaborative process of assessment, planning, facilitation, care coordination, evaluation, and advocacy for options and services to meet individual's overall needs through communication and available resources to promote quality, cost-effective outcomes.

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: (336) 472-0625

Hours: By Appointment

Website: <https://dctsinc.org/>

### **Disability Rights NC**

*Serves children and adults with disabilities living in NC; provides advocacy and legal services at no charge for people with disabilities living in North Carolina*

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: (919) 856-2195

Toll-Free: (877) 235-4210

TTY: (888) 268-5535

Email: [Info@DisabilityRightsNC.org](mailto:Info@DisabilityRightsNC.org)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.disabilityrightsn.org](http://www.disabilityrightsn.org)

### **Division of Health Service Regulation – Complaint Hotline**

*Oversees medical, mental health and long-term care facilities and emergency medical services to ensure safe and appropriate care is being administered; complaints may be shared with this unit via phone, fax or postal mail*

Location: Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699-2711

Phone: (800) 624-3004

Hours: Monday – Friday, 9:00am – 12:00pm; 1:00pm-4:00pm

Fax: (919) 715-7724

Website: [info.ncdhhs.gov/dhsr/ciu/filecomplaint.html](http://info.ncdhhs.gov/dhsr/ciu/filecomplaint.html)

### **NC Senior Tar Heel Legislature**

*Promotes citizen involvement and advocacy concerning aging issues before the NC General Assembly; there is one delegate to the Senior Tar Heel Legislature from each of the 100 counties in the state*

Davidson County belongs to Region G – Piedmont Triad Regional Council

1398 Carrollton Crossing, Kernersville, NC 27284

Phone: (336) 904-0300

Website: [www.ncseniortarheellegislature.org](http://www.ncseniortarheellegislature.org)

### **Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program**

*An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of Nursing and Adult Care Home residents.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.ptrc.org/services/area-agency-on-aging/long-term-care>

## ANIMAL RESOURCES

### **Animal Control**

*Controls abandoned and unattended animals*

Phone: (336) 249-0131 Trap Requests: (336) 242-2904

Hours: Monday – Friday, 8:00am – 10:00pm

Website: <https://www.co.davidson.nc.us/155/Animal-Control>

### **Davidson County Animal Shelter**

*Protects, feeds and houses the stray, injured, abused or unwanted animals in the county. Provides rabies shots for \$10.00.*

Location: 490 Glendale Road, Lexington, NC 27292

Phone: (336) 357-0805

Hours: Monday – Friday, 11:00am – 5:00pm

Saturday, 11:00pm – 3:00pm

Website: <https://www.co.davidson.nc.us/149/Animal-Shelter>

### **The Humane Society of Davidson County**

*Advocates for animals, provides spay & neuter assistance and transport, offers a sick & injured fund and a pet food pantry; investigates animal cruelty cases and hosts adoption fairs.*

*Pet food pantry is available the 1<sup>st</sup> Wednesday of each month from 11:00-1:00.*

Location: 1120 Piedmont Drive, Lexington, NC 27292 – by appointment only

Mailing Address: P.O. Box 1791, Lexington, NC 27293

Phone: (336) 248-2706 Please leave message and volunteer will call back.

Spay/Neuter Line: (336) 237-0131 Please leave message and volunteer will call back.

(Thrifty Paws Thrift Store Hours: Friday: 2:00-6:00; Saturday: 10:00-2:00)

Email: [DavidsonHumane@gmail.com](mailto:DavidsonHumane@gmail.com)

Website: [www.humanesocietyofdavidsoncounty.org](http://www.humanesocietyofdavidsoncounty.org)

### **Spay and Neuter Instead of Pregnancy (SNIP)**

*SNIP is a partnership of Davidson County Animal Alliance and Ruff Love Rescue. Our goal is to reduce the overpopulation of animals in Davidson County by offering low cost spay/neuter services to Davidson Co. residents.*

Email: [snip4dc@gmail.com](mailto:snip4dc@gmail.com)

Website: [www.co.davidson.nc.us/716/spay-and-neuter](http://www.co.davidson.nc.us/716/spay-and-neuter)

Facebook: SNIPDC

## **BEREAVEMENT & GRIEF SERVICES**

### **Family Services of Davidson County**

*Provides individual, couples, family and group outpatient counseling services to all ages. Grief counseling services are available to individuals, couples and families.*

Location: 1303 Greensboro Street Ext, Lexington, NC 27295

Phone: (336) 249-0237

Hours: Monday – Thursday, 8:30am – 5:00pm. 5:00pm-7:00pm by appointment only.

Friday, 8:30am - 3:00pm

Website: [www.fsdco.org](http://www.fsdco.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **Hospice of Davidson County**

*Since 1985, Hospice of Davidson County has been providing a team approach to expert medical care, pain management, and emotional and spiritual support following a terminal diagnosis from illness or injury. They do this in the comfort of their patients' homes, at long term care facilities, and the Hinkle Hospice House inpatient unit. In addition, their grief programs provide spiritual and emotional support for patients and their families, including grief support to all family members for 13 months following the death of a loved one.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)



**Trellis Supportive Care, Winston-Salem/Salisbury (formerly Hospice & Palliative CareCenter)**

*Provides individualized and group grief counseling services*

Winston-Salem Location: Williams Education & Counseling Center, Building 121,  
101 Hospice Lane, Winston-Salem, NC 27103

Phone: (336) 768-3972

Salisbury Location: 301 S. Main Street, Suite 105, Salisbury, NC 28146

Phone: (704) 637-7645 / 24/7 Toll-Free: (888) 876-3663

Website: <https://www.trellissupport.org/>

## BLIND & VISUALLY IMPAIRED

**EyeCare America**

*If you are a U.S. citizen or legal resident age 65+, have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care, you may be eligible for free eye care services. If eligible, you can schedule a free comprehensive eye exam with a participating ophthalmologist. The program does not cover the cost of eyeglasses, prescription drugs, hospital services or fees from other medical professionals.*

Mailing Address: P.O. Box 7424, San Francisco, CA 94120-7424

Phone: (877) 887-6327; Monday – Friday, 5:00am – 1:00pm Eastern Time

Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

Email: [eyecareamerica@aao.org](mailto:eyecareamerica@aao.org)

**NC Accessible Books and Library Services**

**(Formerly NC Library for Blind and Physically Handicapped)**

*Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual or physical disability.*

Location: 1841 Capital Boulevard, Raleigh, NC 27635

Phone: (984)236-1100

Toll-Free: (888) 388-2460

Email: [ncabls@ncdcr.gov](mailto:ncabls@ncdcr.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://statelibrary.ncdcr.gov/lbph>

**NC Lions Clubs (Help with Glasses)**

*Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens. Please call for specific eligibility requirements.*

Location: 7062 Camp Dogwood Drive, Sherrills Ford, NC 28673

Mailing Address: P.O. Box 39, Sherrills Ford, NC 28673

Phone: (828) 478-2135

Toll-Free: (800) 662-7401

TDD: (919) 733-1462

Website: [www.nclionsinc.org](http://www.nclionsinc.org)

### **Script Talk**

A talking prescription service for the visually impaired. Ask your pharmacy if they could set up prescriptions with ScriptTalk labels. Initial setup may take one week, then later prescriptions can be filled quickly.

Walmart

3475 Parkway Village Court

Winston Salem, NC 27127

(336)-771-1011

Website: [www.envisionamerica.com](http://www.envisionamerica.com)

### **Services for the Blind, Davidson County**

Provides a variety of services to persons who are blind or visually impaired for the entire spectrum of vision loss to help with medical eye care (MEC), maintaining independence in the home and community, as well as obtaining and maintaining competitive employment through training and accommodations. Disability awareness and sensitivity training available at no cost.

Location: 211 West Colonial Drive, Thomasville, NC 27360

Contact: Santana Boyd, Social Worker

Phone: Davidson County: (336) 474-2709

Email: [Santana.boyd@dhhs.nc.gov](mailto:Santana.boyd@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/assistance/vision-loss>

### **Services for the Blind, Winston-Salem District Office**

Location: 4265 Brownsboro Rd. Suite 100, Winston-Salem, NC 27106

Phone: (336) 896-2227

Website: [www.ncdhhs.gov/dsb/](http://www.ncdhhs.gov/dsb/)

## CANCER SERVICES

### **American Cancer Society**

Offers information on cancer, prevention/staying healthy, support, treatment, and research

24/7 Crisis Line: (800) 227-2345

Email & live chat are available through website at:

Website: [www.cancer.org](http://www.cancer.org)

### **Cancer Services of Davidson County**

Offers a variety of services, free of charge, for qualified clients. Please call for information and eligibility guidelines. Can provide emotional and financial support (if meet qualifications), physical needs (equipment and wigs) and support groups.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

## COMMUNICATION SERVICES

### **Cap-Tel North Carolina**

*Cap-Tel uses voice recognition technology to display verbatim captions of the conversation on the telephone's screen, allowing the person to hear and read all comments*

Phone: (800) 233-9130

Hours: 24/7 access

Website: <https://www.captel.com/states/north-carolina/>

### **ClearCaptions**

*ClearCaptions provides phone captioning allowing the user to read the words spoken on a phone call*

Phone: (866) 246-7850 – Order Product

Phone: (866) 868-8695 – General Support

Hours: Monday – Friday, 8:00am – 10:00pm

Saturday/Sunday, 9:00am – 7:00pm

Website: <https://clearcaptions.com/>

### **Relay North Carolina**

*Statewide service that connects standard telephone users with people who are deaf, hard of hearing, or deaf-blind using TTYS*

Hours: 24/7 access

For information about this service: 1-800-676-3777

For those who have this service:

TTY 711 or (800) 735-2962

Telebraile 711 or (800) 735-2962

Voice Carry Over 711 or (877) 735-8260

Email: [access@t-mobile.com](mailto:access@t-mobile.com)

Website: [www.relaync.com](http://www.relaync.com)

### **SafeLink Wireless Lifeline Program**

*Provides free cell phone services to eligible households; provided by TracFone Wireless Inc. Eligibility and income requirements must be met and vary by state. Limited to one person per household*

Correspondence: SafeLink Wireless PO Box 160490, Hialeah, Fla 33016-9997

Phone: For Enrollment and Plan Changes Support: 1-800-Safelink (723-3546)

Hours: Monday – Saturday, 8:00am – 10:00pm

Sunday 8:00am – 7:00pm

Website:

<https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html#!/newHome>

### **Organization Links:**

Division of Services for the Deaf & the Hard of Hearing – [www.ncdhhs.gov/divisions/dsdhh](http://www.ncdhhs.gov/divisions/dsdhh)  
Eastern North Carolina School for the Deaf (Wilson) - [www.encsd.net](http://www.encsd.net)  
Hearing Loss Association of North Carolina - [www.nchearingloss.org](http://www.nchearingloss.org)  
North Carolina American Sign Language Teachers Association- <https://aslta.org/chapters-ncaslta/>  
North Carolina Association of the Deaf - <http://www.ourncad.org/>  
North Carolina Black Deaf Advocates (National Web Page) - [www.ncbda.org](http://www.ncbda.org)  
North Carolina Deaf Blind Association - [www.ncdba.org](http://www.ncdba.org)  
North Carolina Registry of Interpreters for the Deaf- <https://northcarolinairid.org/>  
North Carolina School for the Deaf (Morganton) - [www.ncsd.net](http://www.ncsd.net)  
North Carolina Vocational Rehabilitation – <https://www.ncdhhs.gov/divisions/dvrs/>

## COMPUTER TRAINING

### **Davidson-Davie Community College**

*Please call or go to website for schedule of computer courses offered*  
Location: 297 DCC Road, Thomasville, NC 27360  
Phone: (336) 249-8186  
Hours: Monday – Friday, 8:00am – 5:00pm  
Website: [www.davidsonccc.edu](http://www.davidsonccc.edu)

### **Davidson County Senior Services**

*Technology classes are offered for Davidson County residents age 55 and over at the Lexington and Thomasville locations. Please call either Senior Center for a current schedule. Preregistration is required for class attendance.*

#### **Lexington Office:**

Location: 555-B West Center Street Extension, Lexington, NC 27295  
Phone: (336) 242-2290  
Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)  
Hours: Monday – Friday, 8:00am – 5:00pm  
Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

#### **Thomasville Office:**

Location: 211 W. Colonial Drive, Thomasville, NC 27360  
Phone: (336) 474-2754  
Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)  
Hours: Monday – Friday, 8:00am – 5:00pm  
Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

## CONSUMER PROTECTION

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors. Can provide discounts on health insurance, automobile insurance, cell phones, dental, life insurance and possibly others.*  
Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 276076  
Phone: (866) 389-5650  
Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)  
Website: [www.aarp.org/north-carolina/](http://www.aarp.org/north-carolina/)

### **Better Business Bureau of Central and Northwest NC**

Location: 1617 NC Hwy 66 S, Suite 201, Kernersville, NC 27284

Phone: (336) 852-4240

Hours: Monday – Friday, 8:30am – 4:30pm

Website: <https://www.bbb.org/us/nc/greensboro>

### **NC Attorney General**

*Protects NC citizens from crime and consumer fraud*

Location: 9001 Mail Service Center, Raleigh, NC 27699

Phone: (919) 716-6400

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdoj.gov/>

### **NC Department of Insurance**

*Answers questions about insurance-related issues involving auto, health, homeowners/renters, liability, life/annuities, disability, Medicare supplement, long-term care, dental, vision, hospital, accident, specified diseases and other coverages*

Location: 325 North Salisbury Street, Raleigh, NC

Phone: (855) 408-1212

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.ncdoi.com](http://www.ncdoi.com)

## COUNSELING

### **CareNet Counseling – Wake Forest Baptist Health**

*Provides counseling specific to older adults for issues such as grief, depression, family conflicts, anxiety, health, spiritual growth and more*

Location: 403 South Hawthorne Road, Winston-Salem, NC 27103

Phone: (336) 716-0855

Website: [www.carenetnc.org](http://www.carenetnc.org)

### **Daymark Recovery Services**

*An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advances access/emergency walk-in services during regular business hours*

Hours: Monday – Friday, 8:00am – 5:00pm

Walk in services: 8:00-2:00

Location: 1104A South Main Street, Lexington, NC 27292

Phone: (336) 242-2450

24-Hour Mobile Crisis: (866) 275-9552 Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community.

273-TALK Suicide Hotline: (800) 273-8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

### **Family Services of Davidson County**

*Provides individual, group, couples and family outpatient counseling services to all ages.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Domestic Violence Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:00pm, 5:00pm-7:00pm by appointment only.

Friday, 8:30am - 3:00pm

Domestic Violence/Crisis Line – available 24/7

Phone: (336) 243-1934

Website: [www.fsd.org](http://www.fsd.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **Friendship Line at Institute on Aging**

*The Friendship Line is both a crisis intervention center and a "warm" line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+*

24/7 Toll-Free: (800) 971-0016

Website: [www.ioaging.org/services/all-inclusive-health-care/friendship-line](http://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

### **Loneliness & Isolation Toolkit - Humana**

Resources to help fight loneliness and social isolation.

Website: <https://populationhealth.humana.com/resources/social-isolation-loneliness-toolkit/>

### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities*

Location: 4140 N. Cherry St., NW

Winston Salem, NC 27105

Phone: (336) 224-6071

Hours: Monday-Friday 8:00-5:00

Walk-In Assessment Clinic Monday – Friday 8:00-3:00

Website: <https://monarchnc.org/service-locations/davidson/>

### **National Suicide Prevention Lifeline**

*The Lifeline is free, confidential, and always available. Help a loved one, a friend, or yourself deal with trauma.*

Phone: (800) 273-8255, 24/7, free and confidential

TTY: dial 711 then 1-800-273-8255

Website: [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### **Senior Compassion Foundation**

*Their mission is to seek out older veterans and seniors residing in long-term care facilities or at home that may struggle with loneliness, depression or feelings of abandonments.*

Location: 355 Reedy Creek School Drive, Lexington, NC 27295

Phone: (336) 482-1006

Email: [mur@seniorcompassionfoundation.org](mailto:mur@seniorcompassionfoundation.org)

<https://seniorcompassionfoundation.org/>

### **Silver Linings for Seniors, Inc.**

*Senior counseling for mindful living; mental health counseling, group therapy and meditation and relaxation training. Will provide services in the home.*

Location: 1250 SE Maynard Road, Suite 204, Cary, NC 27511

Phone: (919) 948-7718

Website: [www.silverliningsnc.com](http://www.silverliningsnc.com)

## COVID-19

### **COVID-19 Information**

*An information hub with the most up-to-date resources, information and assistance from across North Carolina. Also includes help, hotlines & more, and a North Carolina 211 search of local resources.*

Website: [www.nc.gov/Covid19](http://www.nc.gov/Covid19)

### **Davidson County Health Department**

*The health department has the most up-to-date information on COVID-19 testing and vaccinations. Their website also contains a community resources link on their homepage.*

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2300

Hours: Monday-Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/200/health](http://www.co.davidson.nc.us/200/health)

## DEAF & HARD OF HEARING

### **Free Guide to Financial Assistance for Hearing Aids through the Better Hearing Institute**

*Please contact Davidson County Senior Services to receive your free guide or download the guide from the website listed below.*

Website: [https://betterhearing.org/HIA/assets/File/public/HIA\\_Financial-Assistance-Guide.pdf](https://betterhearing.org/HIA/assets/File/public/HIA_Financial-Assistance-Guide.pdf)

**NC Division-Services for Deaf & HOH (get one free hearing aid every 6 years)**

DSDHH can help advocate for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf-Blind and assist with communication needs (sign language interpreting, hearing aids, assistive technology, telecommunication needs, captioning services, video relay services); assist in accessing appropriate community resources (legal, financial, medical, employment, housing, education, etc.); provide information and support in achieving full participation in daily life; provide consultation and education to community agencies, organizations, employers and service providers in meeting the needs of people with hearing loss; and provide opportunities for borrowing books, CDs, DVDs, videos and other materials from their Regional libraries. DSDHH can also provide telephones and other related equipment to eligible NC residents with a hearing loss or speech impairment. A consumer may obtain one (1) hearing aid or one (1) amplified/accessible phone. Qualifications must be met and it is preferred that the individual go over the financial requirements with a representative in our office.

Greensboro Regional Center

Contact: Paige Sprinkle

Location: 415 North Edgeworth Street, Suite 175, Greensboro, NC 27401

Phone: (336) 273-9692

Toll-Free Voice: (888) 467-3413

Video Phone: (336) 429-5644

TTY: (336) 273-5842

Hours: Monday – Friday, 8:00am – 5:00pm; can also leave a voice message 24/7 to receive a return call

Website: [www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm](http://www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm)

**Services for the Deaf & Hard of Hearing of Davidson County**

Location: 8 Franklin Street, Lexington, NC 27292

Videophone: (336) 899-7059

Email: [info@sdhhdc.org](mailto:info@sdhhdc.org)

Hours: Monday – Friday, 10:00am – 2:00pm

Email: [tony.labath@sdhhdc.org](mailto:tony.labath@sdhhdc.org)

Website: [www.sdhhdc.org](http://www.sdhhdc.org)

**Additional Resources**

The following providers may assist persons having hearing or speech impairments:

Beltone Hearing Care Center [www.beltone.com](http://www.beltone.com) (336) 774-1113

Communication Access Partners, Inc. (336) 993-4200

Interpreters [www.communicationaccesspartners.com](http://www.communicationaccesspartners.com)

Relay NC (TTY)/24-hour availability [www.relaync.com](http://www.relaync.com) (800) 735-2962 or 711

Relay NC (voice)/24-hour availability [www.relaync.com](http://www.relaync.com) (877) 735-8200 or 711

Wake Forest Baptist Health [www.wakehealth.edu/hearing-and-speech](http://www.wakehealth.edu/hearing-and-speech)

Department of Hearing and Speech (336) 716-3103



## DEMENTIA & ALZHEIMER'S

### **Alzheimer's Association**

*Leads the way to end Alzheimer's and all other dementia-by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Helping all those facing Alzheimer's Disease and other dementias by providing support groups and educational resources, while advancing crucial research and public policy initiatives.*

#### **Charlotte Office**

Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (980) 498-7760

Hours: Monday – Friday, 8:30am – 5:00pm

#### **Greensboro Office**

Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:30am – 5:00pm

24/7 Crisis Line: (800) 272-3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Duke Dementia Family Support Program**

*A no-cost service for all NC families caring for someone with a memory disorder and other cognitive disorders of late life*

- Personalized tips for caregivers
- Telephone or email help with care decisions
- Help locating support groups and educational programs
- NC Project C.A.R.E. – care consultation and respite services for caregivers
- with family members at home

Main Phone: (919) 660-7510

Direct #: (919) 660-7542 Natalie Leary

Website: [www.dukefamilysupport.org](http://www.dukefamilysupport.org)

Email: [Natalie.leary@duke.edu](mailto:Natalie.leary@duke.edu)

### **Information or Support Groups:**

Alzheimer's Association [https://www.alz.org/norcal/helping\\_you/support\\_groups](https://www.alz.org/norcal/helping_you/support_groups)  
(800) 272-3900, 24-Hour Helpline

Atrium Health Wake Forest <https://www.wakehealth.edu/Condition/a/Alzheimers-Disease>

Dementia Alliance of NC <https://dementianc.org/> (919) 832-3732

Caregiver Action Network [www.caregiveraction.org](http://www.caregiveraction.org) (855) 227-3640

## DENTAL SERVICES

### **Affordable Dentures & Implants**

*Offers dentures, extractions and implants at affordable rates*

Toll-free: 1-800-DENTURE (800-336-8873)

**Colfax** Location: 3911 Teamsters Place, Colfax, NC 27235

Phone: (336) 967-7675

Hours: Monday – Friday, 7:00am – 4:00pm

**Winston-Salem** Location: 1027 Hanes Mall Blvd, Winston Salem, NC 27103

Phone: (743)219-5919

Hours: Monday – Friday, 8:00am – 5:00pm

**Lexington** Location: 29 Plaza Parkway, Lexington, NC 27292

Phone: (336) 619-3317

Hours: Monday – Friday, 8:00am – 4:30pm

Website: [www.affordabledentures.com](http://www.affordabledentures.com)

### **Kintegra Family Dentistry-Lexington**

Lexington Location: 32 Kirkwood Ave. Lexington, NC 27292

Phone: (336) 243-3201-Dental clinic number

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday, 7:00am – 3:00 pm.

Closed Daily 12:00 – 1:00 pm

Website: <https://www.kintegra.org/kintegra-family-dentistry-lexington/>

\*copay is \$50 per service for uninsured patients.

### **Dental Lifeline Network**

*Donated Dental Services program provides free, comprehensive dental treatment to the country's most vulnerable people with disabilities or who are elderly or medically fragile*

*\*\*lengthy wait list -not currently serving Davidson County due to long wait list.*

Contact: Carrie Hebert, DDS Coordinator

P.O. Box 1654, Cary, NC 27512

Phone: (919) 677-9001

Website: [www.dentallifeline.org/north-carolina/](http://www.dentallifeline.org/north-carolina/)

### **ECU School of Dental Medicine**

#### **Community Service Learning Center – Davidson County**

*Faculty, student, and resident providers offer comprehensive general dental services for adults, children, and special needs patients. Appointments required. Dental care is provided at a reduced cost. Medicaid and most dental insurance plans are accepted. Offers a reduced fee scale program by application only.*

Location: 1235 Davidson Community College Road, Thomasville, NC 27360

Phone: (336) 236-0165

Hours: Monday, Tuesday, Thursday, Friday, 8:00am – 5:00pm Wednesday-10:00-5:00

Website: [www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm](http://www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm)

### **North Carolina Dental Society Foundation Missions of Mercy**

*Program offers portable free dental clinics conducted over a two-day period, each held in a NC host city. Clinic programs rotate throughout the state each year NCMOM dental services are provided to adults with income less than 200% of the Federal Poverty Level Guidelines.*

Location: 1600 Evans Road, Cary, NC 27513

Phone: (919) 677-1396

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free Phone: (800) 662-8754

Website: [https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-\(mom\)](https://www.ncdental.org/member-center/getinvolved/ncdsf-missions-of-mercy-(mom))

## DISABILITY-RELATED SERVICES

### **Alzheimer's Association**

*Provides education and support to those facing Alzheimer's and other dementias, including those living with the disease, caregivers, health care professionals and families*

**Charlotte** Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (704) 532-7390

Hours: Monday – Friday, 8:00am – 5:00pm

**Greensboro** Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: (800) 228-8738

TDD: (866) 403-3073

24/7 Crisis Line: (800) 272-3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **The Arc Davidson County**

*An advocacy organization that supports people with intellectual and developmental disabilities. Offers quarterly information meetings for parents and families.*

Location: 1900 South Main Street Lexington, NC 27292

Phone: (336) 248-2842

Fax: (336) 224-2173

Hours: Monday – Friday, 8:30am – 5:00pm

Website: [www.arcdavidson.org](http://www.arcdavidson.org)

### **Assistive Technology Device Financing**

Self-Help Credit Union's Alternative Financing Program provides low-interest loans for assistive technology to increase independence and participation in home, work, school and community settings. AFP loans can be used to purchase hearing aids, adapted computers, vehicle or home modifications, vision aids and other devices depending upon each individual's disability, needs and goals.

Phone: (980)296-6793 Tammy Pereboom

Website: <https://www.self-help.org/personal/loans/other-loans/assistive-technology-loans>

**CAP/DA (Community Alternative Program for Disabled Adults)**

*Supportive Care Solutions serves Davidson County disabled adults age 18 and over, eligible for Medicaid, must meet other requirements. Alternative to nursing home placement; allowing eligible recipients to receive care at home rather than going into nursing home.*

Location: 56 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 668, Denton, NC 27239

Phone: (336) 859-5555

Email: [LisaMatney@SCSolutions.org](mailto:LisaMatney@SCSolutions.org) or [MelissaSwink@SCSolutions.org](mailto:MelissaSwink@SCSolutions.org)

Website: [www.scsolutions.org](http://www.scsolutions.org)

**Disability Rights of North Carolina**

*Disability Rights NC is a 501(c) (3) nonprofit organization based in Raleigh. Its team of attorneys, advocates, paralegals and support staff provide advocacy and legal services at no charge for people with disabilities across NC.*

Location: 3724 National Drive, Suite 100, Raleigh, NC 27612

Phone: (919) 856-2195

Toll Free: (877) 235-4210

TTY: (888) 268-5535

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.disabilityrightsncc.org](http://www.disabilityrightsncc.org)

**Duke Energy – Medically Essential Program**

*Medical Alert is a Duke Energy program that recognizes our customers who have special medical needs. This program was created to help ensure careful handling of accounts where the disconnection of electric service for a past-due bill could adversely affect the well-being of an occupant. To help ensure sensitive handling of Medical Alert customers subject to disconnection for nonpayment, indicators will be placed on their accounts and meter.*

Phone: (800) 943-6914

Website: <https://www.duke-energy.com/home/billing/special-assistance/medical-alert>

**Easter Seals of North Carolina**

*Helps people with disabilities and mental health challenges as well as their families live, learn, work and play in their communities*

Location: 620 West Innes St., Lexington, NC

Phone: (919) 865-8606

Email: [Info@eastersealsucp.com](mailto:Info@eastersealsucp.com)

**First in Families of North Carolina/Southern Piedmont**

*Supports people with developmental disabilities and traumatic brain injury and their families throughout NC*

1653 Campus Park Drive. Monroe, NC 28112

Phone: (704) 261-1550

Email: [Cindy@thearcisthere.org](mailto:Cindy@thearcisthere.org)

Website: [www.fifnc.org](http://www.fifnc.org)

### **Independent Living (For People with Disabilities)**

*Offers a variety of services including guidance, rehabilitation, home and vehicle modifications, skills training, certain equipment purchases, assistance with leisure activities, and personal assistance services among many others if eligible.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: (336) 784-2700

Toll-Free: (877) 699-7578

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

### **The Job Accommodation Network (JAN)**

*Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.*

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: (800) 526-7234

TTY: (877) 781-9403

Hours: Monday – Friday, 9:00am – 6:00pm

Website: [www.askjan.org](http://www.askjan.org)

### **Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities*

Location: 4140 N. Cherry St., NW

Winston Salem, NC 27105

Phone: (336) 224-6071

Hours: Monday-Friday 8:00-5:00

Walk-In Assessment Clinic: Monday – Friday 8:00-3:00

Website: [www.monarchnc.org](http://www.monarchnc.org)

### **NC Assistive Technology Program**

*Provides device demonstration, short-term device loans and reutilization of assistive technology.*

Financing is available through the Self-Help Credit Union's 20 locations.

Location: 131 Miller Street, Winston Salem, NC 27103

Phone (Voice & TTY): (336) 716-8030 Paul Eklund

Please call to schedule an appointment.

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program>

### **NC License Plate Agency**

*Handicap sign or license plate*

**Lexington** Location: 27 Plaza Parkway, Lexington, NC 27292

Phone: (336) 248-2720

Hours: Monday – Friday, 9:00am – 5:00pm

**Thomasville** Location: 1033 Randolph Street, Suite 13, Thomasville, NC 27360

Phone: (336) 476-5070

Hours: Monday – Friday, 9:00am – 5:00pm

Website: <https://www.dmv.org/nc-north-carolina/disabled-drivers.php>

### **NC RAMMP (Access Makes Mobile People)**

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP loans portable metal ramps to people with mobility difficulties for temporary use.

Phone: (919) 855-3500

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

### **NC Vocational Rehabilitation Services**

*The Division of Vocational Rehabilitation Services (DVRS) helps people with disabilities achieve their goals for employment and independence.*

Local Office: 414 Piedmont Drive, Lexington, NC 27295

Office phone: (336)867-6180

Unit Manager: David Hiller

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)

### **Parkinson's Association of the Carolinas**

*The goal for the Parkinson's Association of the Carolinas (PAC) is to help support people with Parkinson's disease throughout North and South Carolina, so that they can remain independent and stay active in the community, until a cure is found.*

Location: 2101 Sardis Road North, Suite 102, Charlotte, NC 28227

Phone: (980) 245-2786

Toll-free: (866) 903-7275

<https://www.parkinsonassociation.org/>

### **Parkinson's Foundation**

*The Parkinson's Foundation launched the Aware in Care campaign in 2011 to help people with Parkinson's disease (PD) get the best care possible during a hospital stay. Research has found that three out of four people with Parkinson's do not receive medications on time when staying in the hospital, and that when this occurs two out of three will experience unnecessary complications. With more frequent hospital visits and a high sensitivity to the timing and dosing of PD medications, people with Parkinson's face great risks in the hospital.*

Helpline: 1-800-473-4636

<https://www.parkinson.org/Living-with-Parkinsons/Resources-and-Support/Patient-Safety-Kit>

### **SeniorLink**

Are you caring for a loved one at home? If so, you might be eligible for Coordinated Caregiving, a new caregiver coaching and support program available to Medicaid/CAP DA eligible older adults and people with disabilities in Davidson County.

Caring for a loved one can be both overwhelming and costly. SeniorLink's Coordinated Caregiving program provides on-going support for you as you care for your loved one at home. Caregivers receive: A financial stipend; ongoing support from a professional care coach; access to secure mobile app, Vela, to connect you with your coach.

Phone: 866-667-0080 Call to see if you qualify

Website: [www.cc-nc.com](http://www.cc-nc.com)

### **Social Security Administration**

**Salisbury** Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

#### **National Office:**

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

**Winston-Salem** Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday-Friday, 9:00am – 4:00pm

Website: [www.ssa.gov](http://www.ssa.gov)

### **Solutions for Independence**

*Advocacy and assistance for individuals with disabilities*

Location: 7744 North Point Blvd, Winston Salem, NC 27106

Phone: (336) 767-7060

Hours: Monday – Friday, 8:30am – 4:30pm

Website: [www.sicilnc.org](http://www.sicilnc.org)

## EDUCATION

### **A Place for Mom**

*Offers articles on dementia, caregiving, etc.*

Phone: (866) 333-2174

Website: <https://www.aplaceformom.com/blog/>

### **AARP**

*Provides educational information and classes on health and wellness, caregiving, employment, financial planning, computer training and more*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [www.aarp.org/north-carolina/](http://www.aarp.org/north-carolina/)

### **Alzheimer's Association**

*Information and advice on care and support for those affected by Alzheimer's disease and other dementias.*

**Charlotte** Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (704) 532-7390

Hours: Monday – Friday, 8:00am – 5:00pm

**Greensboro** Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: (800) 228-8738

TDD: (866) 403-3073

24/7 Crisis Line: (800) 272-3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

### **Davidson County Community College**

Location: 297 DCC Road, Thomasville, NC 27360

Phone: (336) 249-8186

24/7 Support Number: (336) 249-8186

Business Office Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.davidsonccc.edu](http://www.davidsonccc.edu)

### **Davidson County Senior Services**

**Lexington** Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville** Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Hours: Monday – Friday, 8:00am – 5:00pm

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

### **NC Cooperative Extension – Davidson County Office**

Location: 301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2080

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://davidson.ces.ncsu.edu/>

### **Novant Health Thomasville Medical Center**

*Diabetes Education Program, Health Screenings*

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 472-2000

Hours: 24/7 – Emergency Department

Diabetes Education Classes: (336) 474-8181

Website: [www.novanthealth.org/thomasville-medical-center](http://www.novanthealth.org/thomasville-medical-center)



**Atrium Health Wake Forest Baptist – Lexington Medical Center**

*Community Health, Library, Diabetes Education, Health Screenings*

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Hours: 24/7 – Emergency Department

Diabetes Education Classes: (336) 238-4408

Website: [www.lexington.wakehealth.edu](http://www.lexington.wakehealth.edu)

**EMERGENCY ASSISTANCE**

**American Red Cross – Greater Carolinas Region**

*The American Red Cross exists to provide compassionate care to those in need through five key service areas: disaster relief, supporting military families, lifesaving blood, health and safety services, and international services.*

Location: 815 Phillips Avenue, High Point, NC 27262

Phone: (336) 885-9121

National Hot Line Phone: (800) 733-2767 1-800-REDCROSS

Emergency Communication Service: (877) 272-7337

Hours: Monday – Friday, 8:30am – 5:00pm

Local Website: [www.redcross.org/nc/greater-carolinas.html](http://www.redcross.org/nc/greater-carolinas.html)

National Website: [www.redcross.org](http://www.redcross.org)

**Cooperative Community Ministry (CCM) in Thomasville**

*Financial assistance with rent, utilities, and help with deposits 1x per year per person.*

*Financial Assistance is offered on Monday, Tuesday, Thursday 8:30am – 10:00am.*

*Food pantry: Monday/Tuesday/Thursday/Friday, 8:30am -12:30pm*

*Wednesday 11:30am-3:30pm.*

*Meals served 3x per week on Tuesday/Thursday/Friday from 6:00pm-7:00pm.*

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Email: [CCMTville@northstate.net](mailto:CCMTville@northstate.net)

Website: [www.ccmtville.com](http://www.ccmtville.com)

### **Davidson County Community Action**

*Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.*

**Lexington** Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:00am – 5:00pm

**Thomasville** Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 313-481-0133

Hours: Tuesday, 9:00am – 5:00pm and Thursday, 9:00am - 5:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00pm - 4:00pm  
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

### **Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)**

*Clothing bank: Monday – Friday, 8:00am – 5:00pm*

*Food bank: Monday – Friday, 8:00am – 5:00pm*

*Adult shelter is open 24 hours.*

*Call Crisis Ministry for more information regarding the family shelter (Genesis House).*

Contact: Jennifer Boden, Family Services Case Manager; Ashley Phillips, Executive Director

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

### **Davidson County Social Services – Emergency Heaters**

Contact: Karen Keith

Phone: (336) 242-2507

<https://www.co.davidson.nc.us/365/Social-Services>

### **Davidson County Firefighters-Free Smoke Detectors**

*Smoke Detectors - installed*

Lexington City Fire Marshal (336) 248-3900

Davidson County Fire Marshal (336) 242-2952

Thomasville City Fire Marshal (336) 475-5545

### **Fairgrove Family Resource Center**

*Thomasville residents only: They can provide assistance with past due utilities and rent/mortgage.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Email: [fairgroveresource@gmail.com](mailto:fairgroveresource@gmail.com)

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

### **The Father's Storehouse**

*The Father's Storehouse Ministries offers monthly programs to families in need. The program includes an encouraging guest speaker, food boxes, clothing, housewares, furniture, hygiene, cleaning supplies, showers, tents, blankets, etc. They also serve lunch.*

*Call 336-475-4357 to hear a detailed message and the dates of the program for that month.*

*Check in by 9:00am to be a part of that day's program. Also bring required information.*

Location: 609 National Hwy, Thomasville, NC 27360. (across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Mailing Address: P.O. Box 2371, Thomasville, NC 27361

Phone: (336) 475-HELP(4357)

Email: [TheFathersStore@aol.com](mailto:TheFathersStore@aol.com)

Hours: Call and listen to recorded message for that month's program dates.

Website: [www.thefathersstorehouse.com](http://www.thefathersstorehouse.com)

### **Open Door Ministries in High Point**

*Provides assistance with utilities - must call Friday mornings at 7:30am and leave contact information on answering machine. They will call back if they have funds available. Provide Father's Table-soup kitchen (no stipulations), Permanency Supportive housing program-places homeless in 1 bedroom house or apartment if qualify, provide a Men's shelter, and Cassell House-transitional living facility for homeless and jobless.*

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Email: [ross.odm@gmail.com](mailto:ross.odm@gmail.com)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.odm-hp.org](http://www.odm-hp.org)

### **Salvation Army of Davidson County, Lexington (Serves all of Davidson County)**

*Provides emergency financial assistance when funds are available (can help with present or past due rent, mortgage, electricity and water by appointment only). Must have ID, proof of income, proof of bills, and something that shows what your recent emergency was (shows why have fallen behind on bills). Also provides women's ministries, seasonal services, disaster services, Boys and Girls Club, & food and nutrition programs (soup kitchen and food assistance).*

Location: 314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292

Phone: (336) 481-7324 ext.2 Erica Trail-Social Worker

Email: [Erica.Trail@USS.SalvationArmy.org](mailto:Erica.Trail@USS.SalvationArmy.org)

Hours: Monday – Friday, 8:00am – 4:30pm

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

**Salvation Army Boys and Girls Club, Thomasville**

*Provides Boys and Girls Club at Thomasville location.*

Location: 309 Etta Lane, Thomasville, NC 27360

Phone: (336) 472-7800 ext. 1

Executive Director – Brandon Lomax

Office Hours: Monday-Friday, 9:15am – 6:16pm

Child Care Hours: Monday-Friday, 2:00pm – 6:00pm

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

**South Davidson Family Resource Center in Denton**

*Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month. Call for more information.*

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: [www.southdavidsonfrfc.com](http://www.southdavidsonfrfc.com)

## EMPLOYMENT & TRAINING

**Davidson Works/ NC Works/ Career Center**

*Age 16 years & older; job search and workshops available without income eligibility; training, internship, scholarship have income requirements; Partner with Urban League (age 55+ assistance)*

**Lexington** Location: 220 E. First Avenue Extension, Suite 10, Lexington, NC 27292

Phone: (336) 242-2065

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville** Location: 211 West Colonial Drive, Suite 119, Thomasville, NC 27360

Phone: (336) 474-2655

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.NC.US/172/davidsonworks](http://www.co.davidson.NC.US/172/davidsonworks)  
[www.NCworks.gov](http://www.NCworks.gov)

**Division of Workforce Solutions (DWS) at Thomasville Career Center**

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2655

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.ncworks.gov](http://www.ncworks.gov)

### **Goodwill Career Connections Center**

*Offers skills assessments, career coaching, resume and cover letter writing, assistance with applications, computers with high-speed internet access and interview simulators, Project Re-entry. There are no eligibility requirements & service is free of charge.*

Location: 719 West Center Street, Lexington NC 27292

Phone: (336) 236-8023

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <https://www.goodwillnwc.org/services/career-centers/>

### **Lexington Urban League**

*Provides job training and helps find work for seniors.*

Location: 220 East First Avenue Extension, Lexington, NC

Phone: (336) 236-3227

Hours: Monday – Friday, 9:00am – 3:00pm

### **South Davidson Family Resource Center**

*Job search assistance*

Location: 292 South Main Street, Denton, NC 27239

Phone: (336) 859-5399

Email: [sdfrc1@windstream.net](mailto:sdfrc1@windstream.net)

Hours: Monday/Tuesday/Wednesday, 8:30am – 12:00pm

Website: <http://www.southdavidsonfrc.com/>

### **Winston-Salem Urban League**

*The Senior Community Service Employment Program (SCSEP) is a community service and work-based job training program for older Americans. Authorized by the Older Americans Act, the program provides training for low-income, unemployed seniors.*

Location: 201 West 5<sup>th</sup> Street, Winston-Salem, NC 27101

Phone: (336) 717-1223

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [www.wsurban.org](http://www.wsurban.org)

## END-OF-LIFE PLANNING

### **Begin the Conversation**

*An education initiative to help people talk about and document their advance care wishes*

Phone: (877) 473-4103

Website: [www.begintheconversation.org](http://www.begintheconversation.org)

### **Got Plans?**

*Promotes advance care planning so that communities are educated and engaged in the process*

Phone: (888) 876-3663

Email: [GotPlansNC@gmail.com](mailto:GotPlansNC@gmail.com)

Website: [www.gotplans123.org](http://www.gotplans123.org)

### **Hospice of Davidson County**

*Guides patients and family members through the advance care process*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

### **Atrium Health Wake Forest Baptist Lexington Medical Center-Chaplaincy and Clinical Ministries**

*Provides free advance care planning. Call Rev. Dianne Horton to schedule an appointment.*

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 238-4560

## FINANCIAL MANAGEMENT

### **AARP**

*Provides resources for creating a budget, managing debt, saving and investing, taxes, retirement planning and more*

Location: 5511 Capital Center Drive, Suite 400 Raleigh, NC 27606

Phone: (866) 389-5650

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: [www.aarp.org/north-carolina/](http://www.aarp.org/north-carolina/)

### **Davidson County Community Action**

*Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.*

**Lexington** Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:00am – 5:00pm

**Thomasville** Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 313-481-0133

Hours: Tuesday, 9:00am – 5:00pm and Thursday, 9:00am - 5:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00pm - 4:00pm  
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

### **Family Services of the Piedmont – Consumer Credit Counseling**

Location: The Slane Center 1401 Long Street, Highpoint, NC 27262

(Counselor comes to Lexington every other Thursday)

Phone: (336) 889-6108 (High Point)

Hours: Monday – Friday, 8:00-5:00

Website: <https://www.fspcares.org/cccs/>

### **Financial Pathways of the Piedmont - Senior Financial Care (SFC) Program**

*Senior Money Management program for 60 years+; most services are free or low fee based on ability to pay.*

Location: 7820 North Point Boulevard, Suite 100, Winston-Salem, NC 27106

Phone: Financial Pathways (336) 896-1191

Senior Financial Care appointments 336-896-1328

Email: [Info@FinancialPaths.org](mailto:Info@FinancialPaths.org)

Hours: Monday – Friday, 8:30am – 5:00pm

Website: [www.financialpaths.org](http://www.financialpaths.org)

### **Greater Vision Outreach Ministry-(Self-Sufficiency Program)**

*Greater Vision Outreach Ministry helps meet the essential physical and spiritual needs of working families, who are struggling financially, as they work to achieve self-sufficiency.*

*We assist them by providing direct service as well as referrals to other community resources. A financial class and budgeting class are offered.*

Location: Baptist Children's Homes of NC, 11 Farmview Rd., Thomasville, NC 27360

Phone: (866) 904-0060

Hours: Monday-Friday 8:30am-5:00pm

Email: [greatervisioninfo@bchfamily.org](mailto:greatervisioninfo@bchfamily.org)

Website: <https://www.bchfamily.org>

## **FOOD ASSISTANCE**

### **Abbotts Creek Missionary Baptist Church**

*Food Pantry – Labor of Love*

Location: 2817 Abbotts Creek Church Road, High Point, NC 27265

Phone: (336) 869-8410

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month - 6:30pm

### **Cooperative Community Ministry**

*Must reside in Davidson County. ID or proof of residence required.*

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Email: [CCMTville@northstate.net](mailto:CCMTville@northstate.net)

Client Hours: Monday/Tuesday/Thursday/Friday, 8:30am – 12:30pm

Wednesday, 11:30am – 3:30pm

Financial Assistance: Tuesday & Thursday, 8:30am-10:00am.

Meals Served: Tuesday/Thursday/Friday, 6:00pm – 7:00pm

Website: [www.ccmtville.com](http://www.ccmtville.com)

### **Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)**

*Clothing bank: Monday – Friday, 8:00am – 5:00pm*

*Food bank: Monday – Friday, 8:00am – 5:00pm*

*Adult shelter is open 24 hours.*

*Call Crisis Ministry for more information regarding the family shelter (Genesis House).*

Contact: Jennifer Boden, Family Services Case Manager; Ashley Phillips, Executive Director

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

### **Davidson County Community Action**

*Offers an economic self-sufficiency program which focuses on helping clients gain employment if receiving rent/utilities assistance; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided. New Emergency Assistance Program for clients not in program 30 days. All clients must attend orientation.*

**Lexington** Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:00am – 5:00pm

**Thomasville** Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 313-481-0133

Hours: Tuesday, 9:00am – 5:00pm and Thursday, 9:00am - 5:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Food Assistance Program Hours: Thursdays, 9:00am - 12:00pm and 2:00pm - 4:00pm  
(food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

### **Fairgrove Family Resource Center**

*Eligible families must complete an application by going into the center. Clients may come every 30 days for a food box.*

Location: 159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

Email: [fairgroveresource@gmail.com](mailto:fairgroveresource@gmail.com)

Hours: Monday – Thursday, 9:00am – 1:00pm

Website: [www.fgfrfc.org](http://www.fgfrfc.org)

### **The Father's Storehouse**

*Provides food pantry, lunch, hygiene items, clothing and a blanket. Seniors age 60+ and widows on certain dates. Call for dates. Arrive at 8:00am; doors open at 8:45am; check in by 9:00am. Bring income proof and current address.*

Location: 609 National Hwy, Thomasville, NC 27360. (across the street from Unity United Methodist Church and two blocks from Thomasville Inn).

Phone: (336) 475-4357

Website: [www.thefatherstorehouse.com](http://www.thefatherstorehouse.com)



### **First Reformed UCC**

Location: 104 East Center Street, Lexington, NC 27295

Website: [www.frucc.org](http://www.frucc.org)

Saturday lunch 12:30-1:30

Phone: 336-248-2617

### **Friends Feeding Friends-Macedonia United Methodist Church**

Serves prepared meals 1<sup>st</sup> and 3<sup>rd</sup> Wednesday each month.

At this time-providing drive through to-go boxes between 4:00pm-5:30pm

Also serving bagged breakfasts: Monday, Wednesday and Friday of each week  
8:00am-9:30am.

Location: 10890 NC-8 Lexington, NC 27292

Phone: 336-798-4687

### **Grace Episcopal Church – Grace Food Ministries**

*Provides assistance in the form of a meal.*

Provides hot meal: Sunday, 12:30pm – 1:30pm

Location: 419 S. Main Street, Lexington, NC 27292

Phone: (336) 249-7211

Website: [www.gracelexingtonnc.org](http://www.gracelexingtonnc.org)

### **Greater Things Outreach Center Food Pantry (Davidson County residents only)**

*New applications accepted: Tuesday/Thursday, 6:00pm - 7:15pm and*

*Wednesday, 10:00am - 11:30am*

*\*Park in rear of building after 4:00pm on Tuesday/Thursday and after 9:00am on Wednesday*

*\*First visit: Complete application; bring all required paperwork*

Bring: **Photo ID (must bring each time you visit)** - Proof of address for you and each adult over 18 living in your home, such as utility bill, Medicaid card, or government mail or bank information. (Cannot accept personal mail or driver's license as proof of residence.) For children living in your home under 18: Medicaid card, school record with current address or their birth certificate. Drive through services available also.

Location: 6282 Old Hwy 52, Lexington, NC 27295

Phone: (336) 619-0171

Email: [gtocfood@gmail.com](mailto:gtocfood@gmail.com)

Hours: Tuesday/Thursday, 6:00pm - 7:30pm (no entry after 7:30pm)

Wednesday, 10:00am – 11:45am (no entry after 11:45am)

Website: [www.gtocfood.org](http://www.gtocfood.org)

### **High Rock Church – Hope 4 Humanity**

*Meal offered: 1<sup>st</sup> Saturday, 11:00am (When available)*

*Clothing closet by appointment only*

Location: 135 Lowes Boulevard, Lexington, NC 27292

Phone: (336) 237-1126

Website: [www.hrclex.life](http://www.hrclex.life)

**Least of These Ministries, Inc./West Davidson Food Pantry**

Location: 4600 W. Old Highway 64, Lexington, NC 27295

Phone: (336) 787-4357

Email: [westdavidsonfoodpantry@gmail.com](mailto:westdavidsonfoodpantry@gmail.com)

Hours: Tuesday/Thursday, 4:00pm - 6:00pm

**New Temple House of Provisions**

*Food Pantry*

Location: 403 National Highway, Thomasville, NC 27360

Phone: (336) 848-3351

Hours: Monday, 1:00pm – 4:00pm

Website: [www.freefood.org/l/new-temple-house-of-provisions](http://www.freefood.org/l/new-temple-house-of-provisions)

**North Lexington Baptist Church**

*Food pantry*

Location: 201 Mize Road, Lexington, NC 27295

Food pantry hours: Tuesday 3:00-5:00. In an emergency please call.

Office Phone: (336) 237-0397 serviced Monday and Friday, 8:00am – 1:00pm

Outreach Phone: (336) 248-6285 serviced Tuesdays

Email: [office@nlbcfaith.com](mailto:office@nlbcfaith.com)

Eligibility: ID and income guidelines

Website: [www.nlbcfaith.org](http://www.nlbcfaith.org)

**Open Door Ministries (High Point) – Father’s Table**

*Three meals are provided six days per week; three meals on Sunday (no Sunday lunch).*

8:00am – 9:00am, 12:00pm – 1:00pm, 6:00pm – 7:00pm – All meals are “to go” during pandemic

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Email: [ross.odm@gmail.com](mailto:ross.odm@gmail.com)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.odm-hp.org](http://www.odm-hp.org)

**Open Hands of Davidson County – Loaves & Fishes Ministry**

*We offer meals, family food boxes (once every 30 days), emergency street food (once every two weeks), emotional support, devotions 9:15am Monday -Thursday, Diaper Bank of NC (once every 30 days), laundry services (once a week) for those living on street, and various other programs to help the homeless and marginalized in our community.*

Pick up location: Trinity UMC (rear entrance), 900 S. Main Street, Lexington, NC

Pick up time: Saturday, 10:00am – 12:00pm Can come twice a month

*Breakfast Monday, Wednesday, Friday 8:00am-9:00am.*

Office Location: 100 East 1<sup>st</sup> Street, Lexington, NC 27295

P.O. Box 409, Lexington, NC 27293

Phone: (336) 242-6142

Email: [openhandsDC@gmail.com](mailto:openhandsDC@gmail.com)

Website: [www.openhandsdavidsoncounty.org](http://www.openhandsdavidsoncounty.org)

**Pastor's Pantry – Food Pantry**

Location: 307 North State Street, Lexington, NC 27292

Mailing address: PO Box 2051 Lexington, NC 27293

Hours: Monday – Thursday, 11:00am – 3:30pm

Phone: (336) 249-8824, Ext. 303

Email: [pantry.coordinator@pastorspantry.org](mailto:pantry.coordinator@pastorspantry.org)

Eligibility: Age 60+ unless the need is immediate for emergency food; income and expense guidelines in place as well as ID

Office Hours: Monday – Thursday, 8:00am – 4:00pm

Website: [www.pastorspantry.org](http://www.pastorspantry.org)

**Pleasant Grove United Methodist Church**

*Food Pantry*

Lat Wednesday of the month; 9:00am-11:45am; drive up only

Location: 1393 Hasty School Road, Thomasville, NC 27360

Phone: (336) 475-1124

Website: [www.pleasantgroveumc.org](http://www.pleasantgroveumc.org)

Hours: Wednesday, 9:45am – 11:45am

**Salvation Army of Davidson County - Lexington**

*Provides emergency financial assistance when funds are available. Also provides women's ministries, seasonal services, disaster services, & food and nutrition programs.*

Location: 314 W. Ninth Avenue, Lexington, NC 27292

Phone: (336) 481-7324

Email: [Erica.trail@uss.salvationarmy.org](mailto:Erica.trail@uss.salvationarmy.org)

Hours: Monday – Friday, 8:00am – 4:30pm

Offers free lunch: Monday-Friday, 11:30am – 12:30pm

Offers free breakfast: Tuesday/Thursday, 8:30am – 9:30am

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

**South Davidson Family Resource Center (Denton)**

Location: 292 South Main Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Eligibility: Food pantry and financial assistance requires income review; food pantry and clothes closet available once a month

Hours: Monday – Wednesday, 8:30am – 12:00pm

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

**Sunnyside Ministry**

*Food pantry program*

Location: 319 Haled Street, Winston-Salem, NC 27127

Phone: (336) 724-7558

Drive-In Only

Hours: Monday-Friday; 9:00am-11:00am

Monday-Thursday; 1:00pm-3:00pm

Website: <https://sunnysideministry.org/>

**Trinity United Methodist Church – Loaves & Fishes Food Pantry**

Location 902 South Main Street, Lexington, NC 27295

Phone: (336) 248-4237

Website: [www.trinityumchurchlexington.com](http://www.trinityumchurchlexington.com)

Food Pantry Hours: Saturday, 11am- 12pm

**Tyro United Methodist Church – Feast 14**

*Free meal: Thursday, 6:00pm*

Location: 4484 NC Highway 150, Lexington, NC 27295

Phone: (336) 853-7459

Website: [www.tyroumc.org](http://www.tyroumc.org)

Rides offered

**Upper Room Food Pantry**

Pantry Location: 11219 Highway 8, Southmont, NC 27292

Phone: (336) 971-2525

Hours: Monday and Wednesday, 8:30am - 12:00 Noon

Call for documentation to bring.

**West Davidson Food Pantry, Least of These Ministries, Inc.**

Location: 4600 W Old US HWY 64, Lexington, NC 27295

Phone: (336) 787-4357

Email: [westdavidsonfoodpantry@gmail.com](mailto:westdavidsonfoodpantry@gmail.com)

Eligibility: Must live in zip code 27295 (or part of 27299); must have financial needs

Hours: Tuesday and Thursdays, 4:00pm – 6:00pm

## FRAUD & SCAM

### **AARP**

*Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.*

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650 or (800) 646-2283 (AARP Fraud Center)

Email: [NCAARP@aarp.org](mailto:NCAARP@aarp.org)

Website: [www.aarp.org/north-carolina/](http://www.aarp.org/north-carolina/)

### **Better Business Bureau of Central NC and Northwest NC**

Location: 1617 NC Highway 66, Kernersville, NC 27284

Phone: (336) 852-4240

Hours: Monday – Friday, 9:00am – 3:30pm

Website: <https://www.bbb.org/us/nc/lexington>

### **Davidson County Sheriff's Office – Non-Emergency**

Phone: (336) 242-2100

### **Federal Trade Commission (FTC)**

*Polices internet/phone scams, identity scams, fake checks. To file complaint, go to website.*

Website: <https://www.ftccomplaintassistant.gov/#crmt&panel1-1>

### **NC Department of Justice**

Phone: 1-877-5-NO-SCAM (877-566-7226)

Website: <https://ncdoj.gov/>

## HOLIDAY SERVICES

### **South Davidson Family Resource Center**

*Takes applications for holiday gifts for seniors (The Giving Tree).*

Location: 338 W. Salisbury Street, Denton, NC 27239

Phone: (336) 859-5399

Hours: Monday – Wednesday, 8:30am - 12:00pm

### **Thanksgiving Meal at the Journey Church of Lexington**

Location: 61 Biesecker Rd, Lexington, NC 27295

Phone: (336) 843-4053

Website: <http://thejourney.church/>

## HOME CARE SERVICES

### **CAP/DA – Supportive Care Solutions**

*Special Medicaid program allowing those 18+ who face nursing home placement the possibility of staying in the home. Provides a package of services to meet individual needs.*

Phone: (336) 859-5555

Location: 56 West Salisbury Street, Denton, NC 27239

Website: [www.scsolutions.org](http://www.scsolutions.org)

### **Davidson County Senior Services In-Home Service Program**

*Provides in-home care including home management, personal care, and respite for seniors age 60 and over in Davidson County. Please call for eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

### **Davidson County Social Services Adult Services**

*Adult Services programs include Adult Protective Services, Adult Placement Services, Adult Day Care/Day Health, Guardianship, In-Home Aide Services, Special Assistance-In Home, and Licensing and Monitoring of Adult Care Homes and Adult Day Care/Health, and Individual and Family Adjustment.*

Location: 918 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: (336) 242-2839

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/376/Adults>

**\*\*Call Davidson County Senior Services for list of local home care/home health care agencies (336) 242-2290**

## HOME MODIFICATION & REPAIRS

### **Habitat for Humanity Restore**

*Habitat for Humanity ReStores are non-profit home improvement stores and donation centers that sell new and gently used furniture, home accessories, building materials and appliances to the public at a fraction of the retail price.*

Location: 221 S. Main Street, Lexington, NC 27295

Phone: (336) 249-4307

Website: <https://habitatoflexingtonnc.net/>

### **Helping Hands Community Outreach**

*Organization that helps seniors with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs.*

Contact: Robert Barr

Phone: (336) 301-5898

**Independent Living for People with Disabilities**  
**NC Independent Living Rehabilitation Program**

*Services may include home and vehicle modifications, guidance and counseling, rehabilitation engineering, independent living skills training and certain equipment purchases. Must be owner occupied home and qualify based on income. May be eligible if individual has significant disability which severely limits their ability to live independently. These services must be able to improve the ability to live independently.*

Location: 2201 Brewer Road, Winston Salem, NC 27127

Phone: (336) 784-2700

Toll-Free: (877) 699-7578

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities>

**Home Solutions of Davidson County (Formerly Lexington Housing Community Development Corporation)**

*Offers an Urgent Repair Program for elderly, disabled and/or veterans who need home repairs or accessibility modifications (Includes but not limited to: grab bars, floor repair, HVAC, electrical, plumbing and roof repairs). Home Solutions also partners with volunteer groups to offer additional repairs and modifications.*

Eligibility: Age 62+ or disabled (on disability) or veteran; must own home; income based

Email: [jimmy@homesolutionsdcnc.org](mailto:jimmy@homesolutionsdcnc.org)

Location: 21 West Second Street, Lexington, NC 27292

Phone: (336) 236-1675

Hours: Monday-Friday 9:00am – 5:00pm

Website: [www.homesolutionsdcnc.org](http://www.homesolutionsdcnc.org)

**North Carolina Baptist Aging Ministry (NCBAM – Volunteer Organization)**

*Agency requests individuals contact them directly or if a social worker refers, the individual requesting services must be with the social worker at the time of referral.*

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Eligibility: 65+

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [www.ncbam.org](http://www.ncbam.org)

**NC RAMMP (Access Makes Mobile People)**

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP loans portable metal ramps to people with mobility difficulties for temporary use.

Phone: (336)716-8030 NC Assistive Technology Program

Email: [paul.eklund@dhhs.nc.gov](mailto:paul.eklund@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

### **NC U.S. Department of Agriculture (USDA) Rural Development**

*Single Family Housing Repair Loans and Grants. This site is used to evaluate likelihood that potential applicants would be eligible for program assistance. To be eligible for many USDA loans, household income must meet certain guidelines. Also, the home to be purchased must be located in eligible rural area defined by USDA.*

Location: 847 Curry Drive, Suite 104, Asheboro, NC 27205

Phone: (336) 629-4449, ext. 4

Eligibility: Different by county; income, # in household, credit score & credit status may apply; age 62+ is grant based; age 61 and under is loan based

Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://www.rd.usda.gov/nc>

### **Piedmont Triad Regional Council (PTRC) - Housing Rehabilitation Program**

*Assists eligible individuals in Alamance, Davidson, Guilford (outside city limits of Greensboro), Montgomery, Mecklenburg, Rockingham, Stokes, and Surry Counties. If your home needs serious repairs, you may qualify for home rehabilitation assistance through this program.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

Eligibility: Must be 62 years + or disabled, or a family member of the homeowner, or a homeowner living in a home with lead base paint hazards with children under age 6.

Hours: Monday – Friday, 8:00am – 4:30pm

Website: [www.ptrc.org](http://www.ptrc.org)

Website: [www.ptrc.org/services/community-development](http://www.ptrc.org/services/community-development)

### **Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program**

*Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0338

Hours: Monday – Friday, 8:00am – 4:30pm

Website: [www.ptrc.org/weatherization](http://www.ptrc.org/weatherization)

## HOUSING (SENIOR)

### **\*\*List available from Senior Services**

Lexington Phone: (336) 242-2290

### **Lexington Housing Authority**

*Administers vouchers under the US Department of Housing and Urban Development's Housing Choice Voucher program which includes housing choice vouchers, project-based vouchers and homeownership vouchers.*

Location: 1 Jamaica Drive, Lexington, NC 27292

Phone: (336) 249-8936

Website: <http://lha-nc.org/>



### **Thomasville Housing Authority**

*Responsible for managing and maintaining two housing complexes with over 250 housing units that service low-income families, seniors and disabled members of the community.*

Location: 201 James Avenue, Thomasville, NC 27360

Phone: (336) 475-6137

Website: [www.thomasville-nc.gov/government/boards-committees/thomasville-housing-authority](http://www.thomasville-nc.gov/government/boards-committees/thomasville-housing-authority)

## HOUSING (TEMPORARY)

### **Davidson County First Hope Ministry (Formerly Crisis Ministry of Davidson County)**

*Clothing bank: Monday – Friday, 8:00am – 5:00pm*

*Food bank: Monday – Friday, 8:00am – 5:00pm*

*Adult shelter is open 24 hours.*

*Call Crisis Ministry for more information regarding the family shelter (Genesis House).*

Contact: Jennifer Boden, Family Services Case Manager; Ashley Phillips, Executive Director

Location: 107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://dcfirsthope.org>

### **Open Door Ministries in High Point**

*Provides a Men's Shelter; Permanency Supportive Housing Program-places homeless in one bedroom house or apartment if qualify; and Cassell House-transitional living facility for homeless veterans.*

Location: 400 North Centennial Street, High Point, NC 27262

Phone: (336) 885-0191

Email: [ross.odm@gmail.com](mailto:ross.odm@gmail.com)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.odm-hp.org](http://www.odm-hp.org)

## I.D. CARDS, LICENSES & RECORDS

### **Driver's License Office (Appointments are recommended as walk-ins have long lines)**

**Lexington** Location: 2314 South Main Street, Lexington, 27292

Phone: (336) 248-5179

Appointment Hours: Monday – Friday, 8:00am – 4:15pm

**Thomasville** Location: 1650 Liberty Dr., Suite 500, Thomasville, NC 27360

Phone: (336) 472-7334

Hours: Monday – Friday, 8:00am – 5:00pm

Eligibility: I.D. or driver's license eligibility requirements plus fee; age 18+ regular driver's license or learner permit

Website: <https://www.ncdot.gov/dmv/Pages/default.aspx>

North Carolina Real ID license and ID cards – Beginning October 1, 2020, having a Real ID can make it more convenient if you frequently fly or visit military bases, federal prisons/courthouses or other federal facilities. However, it is not required.

## INFORMATION & REFERRAL

### **211**

A statewide general information call line and community resource guide.

Phone: (888) 892-1162 or (919) 834-5200

Hours: 24/7 by dialing 2-1-1

Website: <https://www.nc211.org/>

### **AARP**

Information and member benefits for age 50 and over; annual membership fee of \$16 per person. Advocates for and educates seniors.

Location: 5511 Capital Center Drive, Suite 400, Raleigh, NC 27606

Phone: (866) 389-5650

Email: [www.local.aarp.org/NC/](http://www.local.aarp.org/NC/)

Website: [www.aarp.org/north-carolina/](http://www.aarp.org/north-carolina/)

### **AgingCare Website**

Connecting families with elder care, senior housing and caregiver support

Website: <https://www.agingcare.com/>

### **Benefits CheckUp**

Benefits CheckUp is a free service of the National Council on Aging (NCOA). Benefits CheckUp asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses. After answering the questions from the website below, you will get a report created just for you that describes the programs you may get help from.

Website: [www.benefitscheckup.org](http://www.benefitscheckup.org)

Appointments can also be made at the Davidson County Senior Center in Lexington in order to complete a Benefits CheckUp with the Resource and Benefits Specialist.

Phone: 336-242-2290

Location: 555B West Center St. Ext., Lexington, NC 27295

### **Davidson County Public Library System**

Online information resources available on website. Assistive and adaptive technology available – large letter keyboards, track ball computer mice, wheelchair accessible tables, handheld pen readers.

Website: [www.co.davidson.nc.us/library](http://www.co.davidson.nc.us/library)

### **Davidson County Public Libraries**

#### **Denton Library**

Location: 310 West Salisbury Street, Denton, NC 27239-0578

Phone: (336) 859-2215

Hours: Monday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/282/Denton-Public-Library>

**Lexington Library**

*Information DIAL (Directory Information Assistance Line) – Serves as an information and referral sources for local, state and federal resources.*

Location: 602 S. Main Street, Lexington, NC 27292

Phone: (336) 242-2040

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am-5:30pm

Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/284/Lexington-Public-Library>

**North Davidson Library**

Location: 559 Critcher Drive, Welcome, NC 27374

Phone: (336) 242-2050

Hours: Monday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/287/North-Davidson-Public-Library>

**Thomasville Library**

Location: 14 Randolph St., Thomasville, NC 27360

Phone: (336) 474-2690

Hours: Monday – Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 9:30am – 3:00pm

Website: <https://www.co.davidson.nc.us/290/Thomasville-Public-Library>

**West Davidson Library**

Location: 246 Tyro School Road, Lexington, NC 27295

Phone: (336) 853-4800

Hours: Monday, 9:00am – 8:00pm

Tuesday/Wednesday, 9:00am – 6:00pm

Thursday, 9:00am – 8:00pm

Friday, 9:00am – 5:30pm

Saturday, 10:00am – 2:00pm

Website: <https://www.co.davidson.nc.us/291/West-Davidson-Public-Library>

**Davidson County Senior Services**

*DCSS helps senior adults find the resources they need*

Location: 555-B West Center Street Ext., Lexington, NC 27295

Phone: (336) 242-2290

Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

### **FaithHealth – Davidson County**

*FaithHealth improves health by getting people to the right door at the right time, ready to be treated, not alone. FaithHealth is dynamic partnerships between faith communities, health systems and other providers focused on improving health. The partnerships combine the caring strengths of congregations, the clinical expertise of health providers and a network of community resources. Partners are linked in a shared mission of healing.*

Contact: Reverend Dianne Horton

Phone: (336) 238-4560

Email: [dhorton@wakehealth.edu](mailto:dhorton@wakehealth.edu)

Website: <https://faithhealth.nc.org>

### **The Job Accommodation Network (JAN)**

*Free, expert, and confidential guidance on workplace accommodations and disability employment issues; assistance is available both over the phone and online.*

Mailing Address: P.O. Box 6080, Morgantown, WV 26506-6080

Phone: (800) 526-7234

TTY: (877) 781-9403

Hours: Monday – Friday, 9:00am – 6:00pm

Website: [www.askjan.org](http://www.askjan.org)

### **NC Baptist Aging Ministry Call Center**

*Information and referral for those 65 and over*

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

## INSURANCE INFORMATION

### **Affordable Care Act**

Phone: (800) 318-2596

TTY: (855) 889-4325

Hours: 24/7

Website: [www.healthcare.gov](http://www.healthcare.gov)

### **Senior Health Insurance Information Program (SHIIP)**

*Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance*

Location: 420 N. Salisbury Street Ext., Lexington, NC 27292 (Davidson Medical Ministries)

Phone: (336) 243-3232 (ask for SHIIP help)

Website: <https://www.ncdoi.com/shiip/Default.aspx>

## LEGAL SERVICES

### **Legal Aid of NC, Inc.**

*Legal assistance can be provided in the following situations:*

- Wills and powers of attorney
- Public benefits: Medicaid, Food Stamps, Supplemental Security Income Program, Social Security Disability Insurance and more
- Abuse and neglect
- Unemployment compensation
- Housing: foreclosure, eviction, subsidized housing, repairs, utilities, etc.
- Consumer issues-includes frauds and scams
- Wrongful repossession
- Veteran's benefits

Location: 122 North Elm Street, Suite 700, Greensboro, NC 27401

Initial Appointments: (877)579-7562

Hours: Monday-Friday, 9:00am-3:00pm

Eligibility: 60+; must call for appointment; based on income.

*At Davidson County Senior Services, Lexington the first Wednesday every other month; at Davidson County Senior Services, Thomasville-once a quarter.*

Website: [www.legalaidnc.org](http://www.legalaidnc.org)

### **NC Department of Labor**

*Enforces various acts set forth by the NC General Assembly*

Location: 4 West Edenton Street, Raleigh, NC 27601

Mailing Address: 1101 Mail Service Center, Raleigh, NC 27699

Phone: (800) NCLABOR (625-2267)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.nclabor.com](http://www.nclabor.com)

### **NC Lawyer Referral Service**

*The NC Lawyer Referral Service is a nonprofit public service sponsored by the North Carolina Bar Association Foundation.*

Location: NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

Phone: (800) 662-7660 or (919) 677-8574

Eligibility: Attorneys participating in the LRS agree to charge no more than \$50 for the first 30 minutes of the initial consultation. After the first 30 minutes, they may charge their regular fee.

Website: <https://www.ncbar.org/public-resources/find-an-nc-lawyer/>

### **Novant Health – Advance Directives - free**

*Resource for free Advance Directives*

Contact: Colleen Danson, Chaplain

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 476-2499

Email: [cdanson@NovantHealth.org](mailto:cdanson@NovantHealth.org)

## LGBTQ RESOURCES

### **Alternative Resources of the Triad (ART)**

ART is a charitable organization whose mission is to be actively involved with the Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) community of the Triad (Greensboro, High Point, Winston-Salem, NC and surrounding communities). ART works to support the GLBTQ community by (1) serving as an information portal and referral source and (2) by maintaining an ongoing, visible, and positive educational and supportive presence in the community.

Mailing Address: P.O. Box 29177, Greensboro, NC 27429

Website: <https://www.guidestar.org/profile/58-1797037>

### **Gay/Lesbian/Bisexual/Transgender Support Groups**

Provides information and resources for transgender people, significant others, and friends of transgender people.

Website:

<https://durham.nc.networkofcare.org/mh/services/subcategory.aspx?cid=9276&k=Gay/Lesbian/Bisexual/Transgender%20Support%20Groups&tax=PN-8100.4500-240>

### **Parents, Families, and Friends of Lesbians and Gays (PFLAG) of Winston-Salem**

PFLAG is a national non-profit organization dedicated to promoting the health and well-being of gay, lesbian, bisexual, and transgender (GLBT) persons through support, education and advocacy. PFLAG's Winston-Salem chapter serves Forsyth and the surrounding North Carolina counties. PFLAG Winston-Salem serves the GLBT community and their families and friends through various offerings and activities, including a monthly chapter meeting, social events, special-interest programs, educational workshops and awards banquets to recognize those who have promoted acceptance in our community.

Mailing Address: P.O. Box 24334, Winston-Salem, NC 27114

Phone: (336) 448-4250

Email: [Info@pflagws.org](mailto:Info@pflagws.org)

Website: [www.pflagws.org](http://www.pflagws.org)

## MEDICAL ALERT SYSTEMS

### **\*\*List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

## MEDICAL CENTERS

### **Mediq Urgent Care**

Location: 12201 NC 150, Winston-Salem, NC 27127

Phone: (336) 842-1142

Hours: Monday-Friday; 8:00am – 8:00pm

Saturday-Sunday: 8:00am-4:00pm

**Novant Health Urgent Care**

Lexington Location: 1977 Cotton Grove Road, Lexington, NC 27292

Phone: (336) 443-6041

Hours: Monday – Friday, 8:00 – 8:00pm  
Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

Thomasville Location: 1122 Randolph Street, Thomasville, NC 27360

Phone: (336) 474-3433

Hours: Monday – Friday, 8:00 – 8:00pm  
Saturday/Sunday, 9:00am – 5:00pm

Website: <https://www.novanthealth.org/clinic-locations/novant-health-gohealth-urgent-care---lexington.aspx>

**Novant Health Forsyth Medical Center**

Location: 3333 Silas Creek Parkway, Winston-Salem, NC 27103

Phone: (336) 718-5000

Hours: 24/7

Website: [www.novanthealth.org/forsyth-medical-center.aspx](http://www.novanthealth.org/forsyth-medical-center.aspx)

**Novant Health Rowan Regional Medical Center**

Location: 612 Mocksville Avenue, Salisbury, NC 28144

Phone: (704) 210-5000

Hours: 24/7

Website: [www.novanthealth.org/rowan-medical-center.aspx](http://www.novanthealth.org/rowan-medical-center.aspx)

**Novant Health Thomasville Medical Center**

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 472-2000

Hours: 24/7

Website: [www.novanthealth.org/thomasville-medical-center.aspx](http://www.novanthealth.org/thomasville-medical-center.aspx)

**Atrium Health Wake Forest Baptist High Point Medical Center**

Location: 601 North Elm Street, High Point, NC 27262

Phone: (336) 878-6000

24/7 Emergency Number: (336) 878-6009

Hours: 24/7

Website: <https://www.wakehealth.edu/Locations/Hospitals/High-Point-Medical-Center>

**Atrium Health Wake Forest Baptist Lexington Medical Center**

Location: 250 Hospital Drive, Lexington, NC 27292

Phone: (336) 248-5161

Hours: 24/7

Website: <https://lexington.wakehealth.edu/>

**Atrium Health Wake Forest Baptist Medical Center – Winston-Salem**

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: (336) 716-2255

Hours: 24/7

Website: [www.wakehealth.edu](http://www.wakehealth.edu)

**MEDICAL SERVICES**

**Atrium Health Wake Forest Baptist -J. Paul Sticht Center – Geriatric Assessment**

Location: Medical Center Boulevard, Winston-Salem, NC 27157

Phone: (336) 713-8250

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.wakehealth.edu/Locations/Facilities/Sticht-Center-on-Aging-and-Rehabilitation>

**Davidson Medical Ministries-Kintegra Family Medicine-Lexington**

*Ministers to the needs of those in our community who lack the resources to access quality health care. Before services can be provided, ALL clients must provide necessary paperwork to determine their eligibility; must be a resident of Davidson County. Documentation must be presented to prove residency. To be seen on the Charitable Clinic side of Davidson Medical Ministries Clinic, a patient must have NO insurance. Those who have Medicaid, Medicare or private insurance can still be seen at DMMC. All patients must provide some form of picture ID. Proof of household income and expenses must be provided.*

**Lexington** Location: 420 N. Salisbury Street, Lexington, NC 27292

Phone: (336) 243-3232

Hours: Monday/Wednesday/Thursday, 8:00am – 5:00pm

Tuesday, 8:00am-8:00pm

Friday, 8:00am – 1:00 pm.

Closed 1:00pm – 2:00 pm for lunch

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

\*copay is minimum \$20 per visit (sliding scale based on household income)

No one will be turned away.

**Davidson Medical Ministries-Kintegra Family Medicine-Thomasville**

Thomasville Location: 611 Randolph Street, Thomasville, NC 27360

Phone: (336)474-4585

Hours: Monday/Tuesday/Wednesday, 8:00-am-5:00pm

Thursday, 8:00am-8:00pm

Friday, 8:00am-1:00pm

Closed 1:00pm-2:00pm for lunch

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

\*copay is minimum \$20 per visit (sliding scale based on household income)

No one will be turned away.



### **Davidson County Health Department**

*The health department has the most up-to-date information on Covid-19 testing and vaccinations. Their website also contains a community resources link on their homepage.*

Location: 915 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2300

Hours: Monday-Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/200/health](http://www.co.davidson.nc.us/200/health)

### **Elohim House Call Doctors**

*Healthcare provider group that seeks to bring healthcare in the comfort and convenience of your home. Our mission is to provide high quality, prompt and effective preventive and urgent medical care that seeks to reduce emergency room visits and hospitalizations. Our goal is to keep you healthy and, especially for homebound patients and seniors, provide a way out of the difficulty and discomfort of having to go through various challenges like arranging transport just to make an office appointment. At Elohim HouseCall Doctors, we are committed to providing high quality, personalized and confidential medical care to homebound seniors in assisted living, independent living, retirement communities, senior apartments, and private homes so they can recover and rehabilitate in the comfort of their familiar environment*

Location: 1320 Hamilton Place, Suite 105, High Point, NC 27262

Phone: (336) 905-7174

Email: [elohimhousecalldoctors@gmail.com](mailto:elohimhousecalldoctors@gmail.com)

### **Eventus Whole Health (Formerly Doctors Making House Calls)**

*North Carolina provider of home-based primary care; \$105 fee plus services; ask about insurance filing*

Location: 6330 Quadrangle Dr. Chapel Hill, NC 27517

Phone: (844) 932-5700

Hours: 7:30am-6:00pm

Website: <https://www.doctorsmakinghousecalls.com/>

### **Lexington Internal Medical Clinic – House Calls**

Dr. Terry Arnold

901 East Center Street, Lexington, NC 27292

Phone: (336) 249-7051

Website: <https://doctor.webmd.com/doctor/terry-arnold-e60ac813-7b40-440c-84e6-707e978d44e2-appointments>

### **Town Center Podiatry**

*Dr. Jah provides podiatric home services*

Location: 140 Baker Road, Archdale, NC 27263

Phone: (336) 875-5917

Website: [www.towncenter.podiatry.com](http://www.towncenter.podiatry.com)

## MEDICAL COMPLAINTS

### **Medical Review of North Carolina**

The N.C. Division of Motor Vehicle's Medical Review Unit Program evaluates drivers when there are concerns that certain medical conditions might have an impact on their ability to safely operate a vehicle. A staff of licensed medical professionals conducts thorough reviews of medical records and statements in conjunction with driving records and decides what, if any, restrictions should be placed on a driver license.

Phone: (800) 722-0468

Website: <https://www.ncdot.gov/dmv/license-id/license-suspension/medical-review-program/Pages/default.aspx>

### **North Carolina Medical Board**

*For doctor complaints*

Address: 1203 Smoketree Court, Raleigh, NC 27604

Mailing Address: P.O. Box 20007, Raleigh, NC 27619-0007

Phone: (800) 253-9653

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.ncmedboard.org/resources-information/consumer-resources/complaint-process>

## MEDICAL EQUIPMENT & LOAN CLOSETS

### **Cancer Services of Davidson County**

Provides a variety of equipment (On loan) and supplies to their patients.

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

### **Cancer Services, Inc.**

Location: 3175 Maplewood Avenue, Winston-Salem, NC 27103

Phone: (336) 760-9983

Hours: Monday – Thursday, 9:00am – 4:00pm; Friday, 9:00am-2:00pm

Website: [www.cancerservicesonline.org](http://www.cancerservicesonline.org)

### **Discount Medical Supplies**

Phone: (888) 444-6741

Website: <http://www.discountmedicalsupplies.com/>

### **Family Medical Supply**

Location: 218 Anna Lewis Drive, Lexington, NC 27292

Phone: (336) 248-3700

Hours: Monday – Friday, 9:00am – 5:30pm

Website: <https://www.familymedsupply.com/Locations#11>

**Greensboro Medical Supplies**

Location: 2310 Battleground Ave., Greensboro, NC 27408

Phone: (336) 420-3943

Hours: Monday – Friday, 9:00am - 5:30pm

Saturday, 11:00am - 2:00pm

Website: [www.greensboromedicalsupplies.com](http://www.greensboromedicalsupplies.com)

**Guy's Family Pharmacy**

*Offers a wide variety of Durable Medical Equipment (DME). For your convenience, we bill Medicaid, Medicare, and some Private Insurance for these products. We offer free training on every item we sell and free delivery on larger items.*

Location: 817 Randolph Street, Thomasville, NC 27360

Phone: (336) 476-5632

Hours: Monday-Friday, 8:30am -8:00pm

Saturday, 8:30am – 6:00pm

Sunday, 1:00pm – 6:00pm

Website: <https://guysfamilypharmacy.com/durable-medical-equipment/>

**Helping Hands Community Outreach**

*Organization that helps seniors in Davidson County with handicap supplies, ramps, furniture, storm clean up, snow clear, small repairs. Can also check on seniors during power outages.*

Contact: Robert Barr

Phone: (336) 301-5898

**North Carolina Baptist Aging Ministry (NC BAM)**

NC BAM donates durable medical equipment that has been donated to them. These items are available to clients 65+ free of charge. Please call to see if equipment is available. Items must be picked up at the Thomasville location.

Location: 201A Idol Drive Thomasville, NC 27360

Phone: 1-877-506-2226

Hours: Monday-Friday, 9:00am-4:00pm

**North Carolina Assistive Technology Project/Exchange Post**

*North Carolina Assistive Technology Program provides a wide variety of adaptive equipment for people with disabilities to use at home, work or leisure to make everyday living easier; equipment is on loan for 2 weeks, followed by help in locating funding sources for purchasing equipment. Additionally, offers hands-on demonstrations of assisted-technology devices for work and play, and everyday living. For those without Internet access, printed copies are available.*

Location: 131 Miller Street, Winston Salem, NC 27103

Phone (Voice & TTY): (336) 716-8030

Hours: Monday – Friday, 8:00am – 4:30pm

Eligibility: Must be NC Resident; No age requirement; No income requirement

Email: [atintake@dhhs.nc.gov](mailto:atintake@dhhs.nc.gov)

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/what>

### **NC RAMMP (Access Makes Mobile People)**

Funded by the Christopher and Dana Reeve Foundation, NC RAMMP loans portable ramps to people with mobility difficulties.

Phone: (336-716-8030) NC Assistive Technology Program-Paul Ecklund

Website: <https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program/ncatp>

### **NH Med Services**

*Supplies a full line of medical supplies.*

Location: 17563 NC Highway 109, Denton, NC 27239

Phone: (877) 343-5305

Website: [www.nhmedservices.com](http://www.nhmedservices.com)

### **Tyro United Methodist Church**

*Hospital Loan Closet which can provide items for loan such as walkers, rollators, shower chairs, bedside chairs free of charge*

Location: 4484 S NC HWY 150, Lexington NC 27295

Phone: (336) 853-7459

Email: [Tyro@tyroumc.org](mailto:Tyro@tyroumc.org)

Hours: Monday – Friday, 9:00am – 12:00pm

Website: [www.tyroumc.org](http://www.tyroumc.org)

## MEDICAID INFORMATION

### **Davidson County Department of Social Services**

*Social Services determines eligibility for several Medical Assistance Programs based on a variety of guidelines, primarily in the areas of income, financial resources, living arrangements and in some cases medical conditions*

Location: 913 Greensboro St., Lexington, NC 27292

Phone: (336) 242-2500

How to Apply: You can apply online, but it is recommended that you come to Social Services to apply as this will be your eligibility date.

Website: <https://www.co.davidson.nc.us/424/Medical-Assistance-Medicaid>

### **Medicaid Customer Service Center**

*Provider and beneficiary information on Medicaid and NC Health Choice policies and procedures*

Phone: (888) 245-0179

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.ncdhhs.gov/dma/medicaid/contacts.htm](http://www.ncdhhs.gov/dma/medicaid/contacts.htm)

## MEDICARE INFORMATION

### **Social Security Administration**

**Salisbury** Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

**Winston-Salem** Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday/Tuesday/Thursday/Friday, 9:00am – 4:00pm

Wednesday: 9:00am – 12:00pm

### **National Office:**

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Website: [www.ssa.gov](http://www.ssa.gov)

### **Senior Health Insurance Information Program (SHIIP)**

*Counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantage, Medicare Part D and long-term care insurance*

North Carolina Department of Insurance

Website: <https://www.ncdoi.com/shiip/Default.aspx>

Phone: (855) 408-1212

Location: 325 N. Salisbury Street, Raleigh, NC 27603

**Local SHIIP Contact : Davidson Medical Ministries (336) 243-3232**

**Location: 420 N. Salisbury St., Lexington, NC 27292**

### **Social Security Administration**

**Salisbury** Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

**Winston-Salem** Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday/Tuesday/Thursday/Friday, 9:00am – 4:00pm

Wednesday: 9:00am – 12:00pm

### **National Office:**

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Website: [www.ssa.gov](http://www.ssa.gov)

## MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

### **AARP Community Connections**

*Trained volunteers will give a call to say hello*

Phone: (888) 281-0145

Website: [www.aarpcommunityconnections.org/friendly-voices/](http://www.aarpcommunityconnections.org/friendly-voices/)

### **Davidson County Transitional Services**

*Human Services and Consulting Agency. Provides transitional and consulting services.*

Location: 11 Farmview Road, Thomasville, NC 27360

Mailing Address: P.O. Box 632, Thomasville, NC 27361

Phone: (336) 472-0625

Hours: By Appointment

Email: [dctransitionalservices@dctsinc.org](mailto:dctransitionalservices@dctsinc.org)

Website: <https://dctsinc.org/>

### **Daymark Recovery Services**

*An outpatient mental health and substance use disorders service provider that offers individual, group, and family therapy for children and adults, psychiatrist evaluations and medications, DWI and intensive outpatient services, intensive in-home services for children, specialized evaluations, and advances access/emergency walk-in services during regular business hours*

Hours: Monday – Friday, 8:00am – 5:00pm

Walk in services: 8:00-2:00

Location: 1104A South Main Street, Lexington, NC 27292

Phone: (336) 242-2450

24-Hour Mobile Crisis: (866) 275-9552 Mobile Crisis services allow someone to provide a crisis intervention anywhere in the community.

273-TALK Suicide Hotline: (800) 273-8255

Website: <https://www.daymarkrecovery.org/locations/davidson-center>

### **Daymark Recovery Services Facility Based Crisis:**

This is an adult, 16 bed, 24/7 crisis residential facility that provides inpatient care for people who are experiencing a mental health or substance abuse crisis or may need detox services.

1104B South Main Street, Lexington, NC 27292

Phone: 336-300-8826

### **Family Services of Davidson County**

*Provides individual, group, couples, and family outpatient counseling services to all ages.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Mailing Address: P.O. Box 607, Lexington, NC 27293

Phone: (336) 249-0237

24/7 Domestic Violence Crisis Line: (336) 243-1934

Hours: Monday – Thursday, 8:30am – 5:00pm; 5:00pm-7:00pm by appointment only.

Friday, 8:30am – 3:00pm

Website: [www.fsdco.org](http://www.fsdco.org)

Social Media: <https://www.facebook.com/FamilyServicesDavidson/>

### **Hope4NC Helpline**

*Connects you to mental health support 24/7.*

Phone: (855) 587-3463

**Hope4Healers Helpline**

*Support for healthcare workers, childcare workers and first responders.*

Phone: (919) 226-2002

Website: [www.ncbam.org/ministry-outreaches.html](http://www.ncbam.org/ministry-outreaches.html)

**Monarch**

*Provides behavioral health services that cover mental health services and substance use disorders; also offers long-term services and supports that focus on helping those with intellectual and developmental disabilities perform routine daily activities*

Location: 4140 N. Cherry St., NW

Winston Salem, NC 27105

Phone: (336) 224-6071

Hours: Monday-Friday 8:00-5:00

Walk-In Assessment Clinic Monday – Friday 8:00-3:00

Website: <https://monarchnc.org/service-locations/davidson/>

**National Disaster Distress Helpline**

*24/7 Crisis Counseling*

Phone: (800) 985-5990

**National Suicide Prevention Hotline**

*Offers free and confidential support for people in distress, prevention and crisis resources.*

Phone: (800) 273-TALK

**National Domestic Violence Hotline**

Phone: (800) 799-7233

**NC4Vets**

Phone: (844) 624-8387

**North Carolina Alcohol and Drug Council**

*Support for alcohol or drug addiction*

Phone: (800) 688-4232

**North Carolina Health and Human Services**

*Has the latest Covid-19 resources and information.*

Website: <https://covid19.ncdhhs.gov/about-Covid-19/wellness-resources>

**North Carolina Poison Control Center**

(800) 222-1222

**Novant Health Thomasville Medical Center Behavioral Health**

*In patient treatment; only admits adults 55+, specializes in geriatric psychiatry*

Location: 207 Old Lexington Road, Thomasville, NC 27360

Phone: (336) 476-2446 or 336-474-3465

Hours: Open 24 hours

Website: <https://www.novanthealth.org/thomasville-medical-center/services/behavioral-health.aspx>

**RHA Health Services: Passageways - Psychosocial Rehabilitation Program (PSR)**

*Passageways is a behavioral health agency responsible for assuring the delivery of community based mental health, mental retardation, substance abuse and/or behavioral health services to individuals with those disabilities.*

Location: 310 N. Main St. Lexington, NC 27292

Phone: (336) 422-1100 Ext. 2 or 3

Hours: 8:00am-2:00pm Day Program

Website: <http://recoverymentalhealth.com/location/passageway-psychosocial-rehabilitation-program/>

**Partners in Prevention (formally DCSPAN)**

Partners in Prevention is a coalition of community members and stakeholders whose purpose is to raise awareness and education about the dangers of substance abuse, to aid in the proper disposal of unused medications, and to develop strategies to build a better community, save lives, and reduce misuse of substances and overdoses.

Phone: (336) 242-2450 Daymark Recover Services

Hours: Monday-Friday, 8:00am – 5:00pm

Email: [DCSPAN@DavidsonCountyNC.gov](mailto:DCSPAN@DavidsonCountyNC.gov)

Website: [www.dspan.com](http://www.dspan.com)

**Path of Hope, Inc.**

*Treatment Center for Substance Abuse*

Location: 1675 East Center Street Ext., Lexington, NC 27292

Mailing Address: P.O. Box 1824, Lexington, NC 27293

Phone: (336) 248-8914

Email: [apathofhope@apathofhope.org](mailto:apathofhope@apathofhope.org)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <http://apathofhope.homestead.com/index.html>

**NURSING HOMES, RETIREMENT HOMES,  
ASSISTED LIVING FACILITIES**

**\*\*List available from Senior Services**

Lexington Phone: (336) 242-2290

Thomasville Phone: (336) 474-2754

**\*\*List available from Social Services – Adult Services Unit**

Lexington Phone: (336) 242-2500



### **A Place for Mom**

Helps seniors and their families understand senior care and living options based on individual needs including assisted living, memory or Alzheimer's care, independent living or senior apartments. It does not assist with placement for rehabilitation or skilled nursing. Refers and provides guidance including scheduling appointments and tours, if needed. Serves as a support system while you consider your options.

This is a free service as they are paid by their partner communities if you decide that their referral is a good fit and decide to move in.

Phone: (913) 298-4102 Kellie Bivens-Senior Living Advisor

### **NC Division of Health Service Regulation**

*The Division of Health Service Regulation oversees medical, mental health and adult care facilities, emergency medical services, and local jails. NCDHHS checks to see that people receiving care in these facilities are safe and receive appropriate care.*

Phone: Nursing Home Licensure and Certification,

Phone: (919) 855-4520

Website: <https://info.ncdhhs.gov/dhsr/>

## NUTRITION

### **Congregate Meals through Davidson County Senior Services**

*The Congregate Nutrition Program is open to all Davidson County residents 60 and older. We provide a hot nutritious catered lunch Monday through Friday. The sites are open from 9:00am to 1:00pm with lunch being served at approximately 11:00am. Various daily activities are also offered such as informative speeches, health promotions, games, exercise, and entertainment. Meals must be reserved in advance. Transportation may be provided. There is no set charge for the meal however donations are accepted and go toward the cost of the meal. No one is ever refused due to inability to contribute.*

Eligibility: Age 60+

Hours: Monday – Friday, 9:00am – 1:00pm with lunch being served at approximately 11:00am

Website: <https://www.co.davidson.nc.us/361/Nutrition-Programs>

#### **Denton:**

*Denton Civic Center*

Location: 459 Salisbury Street, Denton, NC 27239

Phone: (336) 859-2542

#### **Lexington:**

*Davidson County Senior Center, Lexington*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 236-3118

#### **Southmont:**

*Community Center*

Location: 184 Owens Road, Lexington, NC 27292

Phone: (336) 798-2933

#### **Thomasville:**

*Davidson County Senior Center, Thomasville*

Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2667

**Welcome:**

*First Baptist Church*

Location: 404 Welcome-Arcadia Road, Lexington, NC 27295

Phone: (336) 731-8434

**Davidson County Cooperative Extension Office**

*Provides nutrition education*

Location: 301 East Center Street, Lexington, NC 27292

Phone: (336) 242-2080

Website: <https://davidson.ces.ncsu.edu/categories/health-nutrition/>

**Davidson County Social Services, FNS – SNAP (formally food stamps)**

*Benefits may be used to purchase most foods at participating stores*

Location: 913 Greensboro St., Lexington, NC 27292

Phone (Lexington): (336) 242-2500

Phone (Thomasville): (336) 474-2760

After Hours Phone: (336) 780-2372

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/417/Food-Nutrition>

**Meals on Wheels for Davidson County**

*Home-delivered meals for Davidson County residents 60+. Frozen meals are offered to clients that live in non-serving areas or if a route is full. Frozen meals will need to be picked up by the recipient. Eligibility: Age 60+ who are homebound and cannot prepare a nutritious meal for themselves.*

**Lexington** Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville** Location: 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2757

Hours: Monday – Friday: 8:00am – 5:00pm

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Website: <https://www.co.davidson.nc.us/337/Senior-Services>

**Meals on Wheels for Lexington City**

Phone: (336) 248-4934

**Meals on Wheels for Thomasville City**

Phone: (336) 324-6402

**Mobile Meals of High Point**

Mailing Address: P.O. Box 6666, High Point, NC 27262

Phone: (336) 882-7676

**Mom's Meals:**

Provides refrigerated home delivered meals that are ready to heat, eat and enjoy.

### **Medicare Advantage Beneficiaries**

Many Medicare Advantage plans offer meals as part of their post-discharge or chronic care support programs. To see if your plan participates, consult your plan materials or call the phone number on the back of your insurance card.

**Self-pay Individuals:** Mom's Meals offers a self-pay program for those without an eligible health plan, but who still want the convenience of home-delivered meals for themselves or a loved one. This program offers nine health-condition menus with a variety of meal options. You choose every meal, every delivery. Prices run \$7.99/meal or \$8.99/meal for special diet choices and \$14.95 delivery fee.

Phone: 1-877-508-6667

Website: [www.momsmeals.com](http://www.momsmeals.com)

### **Salvation Army of Davidson County**

*Provides meals & nutrition programs*

Location: 314 West 9th Avenue, Lexington, NC 27292

Phone: (336) 481-7324

Email: [Erica.Trail@USS.SalvationArmy.org](mailto:Erica.Trail@USS.SalvationArmy.org)

Hours: Monday – Friday, 8:00am – 4:30pm

Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)

## PASTORAL CARE

### **FaithHealth – Davidson County**

*FaithHealth is a movement that links local churches with Wake Forest Baptist Medical Center – Lexington Medical Center and local human services agencies in a shared mission of health, healing and hope.*

Location: 250 Hospital Drive, Lexington, NC 27295

Phone: (336) 238-4550

Contact: Reverend Dianne Horton

Phone (336)238-4560

Email: [dhorton@wakehealth.edu](mailto:dhorton@wakehealth.edu)

Website: [www.faithhealth.nc.org](http://www.faithhealth.nc.org)

## PRESCRIPTION ASSISTANCE

### **Coast2CoastRx**

*Save on dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services – all non-insurance discounted benefits – for more information, please contact the number listed below*

Phone: (800) 931-8872

Website: [www.coast2coastrx.com](http://www.coast2coastrx.com)

### **The SingleCare Prescription Savings Card**

The SingleCare Prescription Savings Card program is a free resource for immediate savings on prescription medications.

1. Saves money on prescription medications. The card can be used by anyone in the U.S. to help save up to 80% on most FDA approved prescription medications. Simply present the card to your pharmacist when purchasing prescription medications and you will receive the lowest price available to you: the negotiated SingleCare discounted rate, pharmacy price, or insurance price (if you have a health plan).
2. Is 100% free and no eligibility requirements.
3. Is ready to use today.
  - Download and print a card on [SingleCare.com](http://SingleCare.com)
  - Text "family" to 700700 to receive a card on your phone (Message and data rates may apply. SingleCare [Terms and Conditions](#))
  - Download the free SingleCare mobile app from the [App Store](#) or [Google Play Store](#).
4. Drug Price Lookup Tool
  - Know the cost of your prescription medications before you go to the pharmacy. The Drug Lookup Tool on [www.singlecare.com](http://www.singlecare.com) presents real time prices with the FamilyWize card and compares prices across pharmacies.

Phone: (844)-234-3057

Hours: Monday-Friday 9:00am-5:00pm

Website: [www.singlecare.com](http://www.singlecare.com)

### **Needymeds.org**

*Website to connect you to patient assistance programs (PAPs). Also can grant you a discount card and watch videos to learn about their services.*

Phone: (800) 503-6897)

Website: [www.needymeds.org/newuser](http://www.needymeds.org/newuser)

### **Medication Drop Box (Partners in Prevention)**

*Medicine drops are a convenient and safe way for you to dispose of your unused or expired prescription over-the-counter medications.*

#### **Lexington Location:**

##### **Davidson Medical Ministries**

Location: 420 North Salisbury Street, Lexington, NC 27292

Phone: (336) 243-7475

Pharmacy: (336) 243-3214

Hours: Monday – Thursday, 8:00am – 5:00pm

Friday: 8:00am – 1:00 pm.

Closed 12:00 – 1:00 pm for lunch

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

**Thomasville Location:****Davidson Medical Ministries**

Location: 611 Randolph Street, Thomasville, NC 27360

Phone: (336) 474-4585

Hours: Monday/Tuesday/Wednesday: 8:00am – 5:00pm

Thursday: 8:00am. – 8:00pm

Friday: 8:00am – 1:00pm

Website: [www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

**Medicine Assistance Tool (Partnership for Prescription Assistance (PPA))**

Pharmaceutical Research and Manufacturers of America (PhRMA) created the Medicine Assistance Tool (MAT) to provide a dedicated search engine that allows users to search for financial assistance resources available to them, their loved ones or patients in their lives through the various biopharmaceutical industry programs available for patients who are eligible. Building upon the Partnership for Prescription Assistance (PPA), MAT gives patients, loved ones and health care **providers** a single point of access to hundreds of public and private assistance programs, as well as connecting them with more transparent information about the cost of medicine.

Website: <https://medicineassistancetool.org/Who-We-Are>

**North Carolina Baptist Aging Ministry (NCBAM) – Red Bag**

*Must be age 65 or older. NCBAM sells Red Bags to store medicine for \$3 each.*

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [http://www.ncbam.org/about-us.html#about\\_ncbam](http://www.ncbam.org/about-us.html#about_ncbam)

**NC Med Assist**

*The Free Pharmacy Program is a pharmacy resource for adults 65 and over. If Medicare Part D prescription benefits run out during the year, seniors can utilize the program to learn about other prescription medicine options. Free consultation services regardless of income levels. Also provides a mobile free pharmacy for individuals who are low-income and in need with free over the counter medicine. Check website for schedule.*

Location: 4428 Taggart Creek Rd., Suite 101, Charlotte, NC 28208

Phone: (866) 331-1348 or (704) 536-1790

Email: [info@medassist.org](mailto:info@medassist.org)

Office Hours: Monday – Friday, 8:00am – 4:30pm

Website: <https://medassist.org>

**Part D Extra Help through Social Security**

*Contact your S.H.I.I.P. (Seniors Health Insurance Information Program) at Davidson Medical Ministries*

Phone: (336) 243-3232 (Lexington)

NCSHIIIP: (855) 408-1212

## RECREATION & SELF-ENRICHMENT

### **Davidson County Recreation Department**

Location: 555-D West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2285

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/338/Parks-Recreation>

### **Davidson County Senior Centers**

**Lexington** Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

**Thomasville** Location: 211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

<https://www.co.davidson.nc.us/337/Senior-Services>

### **Lexington City Parks and Recreation**

Location: 28 West Center Street, Lexington, NC 27292

Phone: (336) 248-3960

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.lexingtonnc.gov/city-services/parks-and-recreation>

### **Special Olympics Davidson County**

*Offers free year –round sports training and athletic competition for adults with intellectual disabilities. Giving them the opportunities to develop physical fitness, demonstrate courage, build self-esteem, experience joy and the sharing of skill and friendships with other athletes, their families, and the community.*

Location: Davidson County Parks & Recreation Department 555-D West Center Street Ext., Lexington, NC 27293

Phone: (336) 242-2959

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/371/Special-Olympics>

### **Thomasville Parks & Recreation**

Location: One East Main Street, Thomasville, NC 27360

Phone: (336) 475-4280

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.thomasville-nc.gov/government/departments/parks-and-recreation-1>

## RESPITE CARE

### **Carolina SeniorCare / PACE Program**

*PACE is a program of all-inclusive care for the elderly age 55 and over. Please call office for information on other eligibility requirements.*

Location: 802 E Center St, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: (833) 223-4476 TTY: (800) 735-2962

Email: [Info@CarolinaSeniorCare.org](mailto:Info@CarolinaSeniorCare.org)

Hours: Monday – Friday, 8:00am – 5:00pm

Access to care is available 24 hours/day

Website: [www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

### **Davidson County Senior Services**

*Respite relief can be provided for unpaid caregivers who provide 24/7 supervision to an adult 60+. Please call for other eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

### **The Life Center of Davidson County**

*Quality day health and day care for older adults and impaired adults. Please call office for more information. Also offers in-home respite care.*

Location: 601 West Center Street, Lexington, NC 27292

Phone: (336) 249-2155

Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)

Hours: Monday – Friday, 7:15am – 5:30pm

Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

### **North Carolina Lifespan Respite Program**

*The North Carolina Lifespan Respite Program is an application-based program that reimburses eligible family caregivers caring for individuals of any age for up to \$500 in respite care services in a calendar year. Funding is limited, and applications are accepted only when funds are available.*

Phone: (828) 264-3592

Website: [www.highcountryaging.org](http://www.highcountryaging.org)

### **Project Care-Duke Dementia Family Support Program**

Services offered: Dementia-specific outreach and education, information and referral/assistance, care consultation.

Eligibility: Unpaid adult individuals caring for someone diagnosed with Alzheimers or related dementia who are not receiving care consultation from another funding source.

Respite vouchers may be available to care consultation participants, who need respite and need financial assistance to pay for respite. Caregiver is reimbursed for services received.

Phone: (919) 660-7542 Natalie Leary

Website: [www.ncdhhs.gov/assistance/adult-services/project-care](http://www.ncdhhs.gov/assistance/adult-services/project-care)

## REVERSE MORTGAGE

### **Financial Pathways of the Piedmont**

*Works to help seniors 60 and older improve the management of their finances, including reverse mortgage counseling*

Location: 7820 North Point Blvd, Ste 100, Winston-Salem, NC 27106

Phone: (336) 896-1191 or (888) 474-8015

Hours: Monday – Friday, 8:30am – 5:00pm

Website: <http://financialpaths.org/>

## SOCIAL SECURITY BENEFITS

### **Social Security Administration**

**Salisbury** Location: 1840 Jake Alexander Boulevard West, Salisbury, NC 28147

Phone: (877) 405-3157

TTY: (704) 636-4394;

Hours: Monday – Friday, 9:00am – 4:00pm

Website: [www.ssa.gov/onlineservices](http://www.ssa.gov/onlineservices)

**Winston-Salem** Location: 1370 Lockland Avenue, Winston-Salem, NC 27103

Phone: (877) 402-0828

Hours: Monday-Friday, 9:00am – 4:00pm

Website: [www.ssa.gov/onlineservices](http://www.ssa.gov/onlineservices)

### **National Office:**

Phone: (800) 772-1213 available 24/7 for recorded information

Toll-Free TTY: (800) 325-0778

Website: [www.ssa.gov](http://www.ssa.gov)

## SUPPORT/CAREGIVER GROUPS

**\*Due to COVID-19 restrictions, always check with the agency to determine the status of support groups.**

### **Arc of Davidson County**

*Offers quarterly information meetings for parents and families of people with intellectual and developmental disabilities*

Location: 1900 S. Main Street, Lexington, NC 27292

Phone: (336) 248-2842

Hours: Monday-Friday, 8:30am – 5:00pm

Website: <http://www.arcdavidson.org/>



### **American Stroke Association – Forsyth County Support Group**

*Support group for patients and caregivers of stroke victims.*

**Location:** Forsyth Medical Center, 3333 Silas Creek Parkway, Winston-Salem, NC 27103  
1<sup>st</sup> Floor, Whitaker Resource Room  
Contact: Allison Hooker  
Phone: (336) 718-5284  
Email: [afhooker@novanthealth.org](mailto:afhooker@novanthealth.org)  
Currently meeting on a quarterly basis over Zoom.

**Location:** Wake Forest Baptist Health Stroke Support Group  
Medical Plaza 4610 Country Club Road, Winston-Salem, NC 27104  
Contact: Rayetta Johnson, RN  
Phone: (336) 716-3011  
Meets remotely via Webex the 4th Tuesday of each month at 5:30pm.  
Website: <https://www.stroke.org/en/stroke-groups/forsyth-stroke-group>

### **Autism Society of Davidson County**

*The Davidson County Chapter provides a place for individuals with autism and their families to meet, share, and learn about autism. For details about meetings, join the Facebook group or email them for details.*

Email: [davidsonchapter@autismsociety-nc.org](mailto:davidsonchapter@autismsociety-nc.org)

[www.facebook.com/groups/asnc.davidson](https://www.facebook.com/groups/asnc.davidson)

Website: <https://www.autismsociety-nc.org/events/davidson-county-chapter-meeting/>

### **Brain Injury Association**

*Provides resources and training to persons living with brain injury, their families and caregivers.*

Location: 3733 National Drive, Suite 115, Raleigh, NC 27612

Phone: (919) 833-9634 or (800) 377-1464

Email: [bianc@bianc.net](mailto:bianc@bianc.net)

Website: [www.bianc.net](http://www.bianc.net)

For a list of local groups - <https://www.bianc.net/wp-content/uploads/2019/10/BrainInjurySupportGroups.pdf>

### **Cancer Services of Davidson County**

*Offers support group meetings; please call for dates and times.*

Location: 25 W. Sixth Avenue, Lexington, NC 27292

Phone: (336) 249-7265

Hours: Monday – Thursday, 9:00am – 5:00pm

Friday, 9:00am – 12:00pm

Website: [www.cancerservicesofdc.org](http://www.cancerservicesofdc.org)

### **Caregiver Support Groups**

#### **Alzheimer/Dementia Support Group – Greensboro Chapter (for Davidson County)**

Alzheimer's Association Caregiver Telephone Support Group

**Charlotte** Location: 4600 Park Road, Suite 250, Charlotte, NC 28209

Phone: (704) 532-7390

Hours: Monday – Friday, 8:00am – 5:00pm

**Greensboro** Location: 4615 Dundas Drive Suite 103, Greensboro, NC 27407

Phone: (336) 285-5920

Hours: Monday – Friday, 8:00am – 5:00pm

Toll-Free: (800) 228-8738

TDD: (866) 403-3073

24/7 Crisis Line: (800) 272-3900

Email: [InfoNC@alz.org](mailto:InfoNC@alz.org)

Website: [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

**Brookdale Lexington Assisted Living, Alzheimer's & Dementia Care**

Location: 161 Young Drive, Lexington, NC 27292

Phone: (336) 238-1700

Website: [www.brookdale.com](http://www.brookdale.com)

**Caregivers of Davidson County**

*A website designed for caregivers in the Davidson County community. Website includes resources, calendar of caregiver activities and a caregiver message board where you can share insights on issues you face as a caregiver or offer advice, support and encouragement to other caregivers.*

Website: <https://caregiversofdc.com/>

**Carolina SeniorCare**

Location: 802 E Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Website: <https://www.carolinaseniorcare.org/services>

**Epilepsy of Davidson County**

*Meets every 3<sup>rd</sup> Thursday at Paul's Chapel Church*

*Engage, Encourage and Educate*

Phone (336) 300-4681

Email: [EpilepsyofDavidsonCounty@gmail.com](mailto:EpilepsyofDavidsonCounty@gmail.com)

<https://www.facebook.com/groups/EpilepsyofDavidsonCountyNC/>

**Family Services of Davidson County**

Provides an 18+ Domestic Violence Support Group, Domestic Violence Intervention and Prevention Program for perpetrators, and Seeking Safety Group for teens that have experienced trauma and substance use.

Location: 1303 Greensboro Street Extension, Lexington, NC 27292

Phone: (336) 249-0237

24/7 Domestic Violence Crisis Line: (336)243-1934

Hours: Monday – Thursday: 8:30am – 5:00pm; 5:00pm-7:00pm by appointment only

Friday: 8:30am – 3:00pm

Group times vary, please call for time and location

Website: [www.fsd.org](http://www.fsd.org)

Social Media:

<https://www.facebook.com/FamilyServicesDavidson/>

### **Circle of Friends (formerly Grief Support Group)**

*This group meets at restaurant of choice once a month with participants. Held 2<sup>nd</sup> Monday of the month; 2:00pm (except May, June and July).*  
Phone: (336) 798-3097 Macedonia United Methodist Church Office

### **Hospice of Davidson County**

*Healing Journeys held at the Hospice House. Click on the website for an up-to-date list of programs and times. Ask for Community Bereavement if you are not a client.*  
Location: 200 Hospice Way Lexington, NC 27292  
Phone: (336) 475-5444  
Phone: (800) 768-4677  
Website: <https://hospiceofdavidson.org/events/>

### **Life Center of Davidson County**

*Our Mission at The Life Center of Davidson County, Inc. is to provide high quality day time care to older and impaired adults and to help improve the quality of life for them and their caregivers by offering support, relief, respite and counsel. We serve both participants and their families from all areas of Davidson County.*  
Location: 601 West Center Street, Lexington, NC 27292  
Phone: (336) 249-2155  
Email: [Info@LifeCenterDavidson.com](mailto:Info@LifeCenterDavidson.com)  
Website: [www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

#### **Caregiver Academy**

3<sup>rd</sup> Tuesday of each month, 1:00pm – 2:00pm  
Meets at Davidson County Senior Services  
**(May also be accessed via zoom or recording).**  
555-B West Center Street Extension, Lexington, NC 27295  
<http://www.lifecenterdavidson.com/caregiver-academy/>

#### **Family Caregiver Support Group**

3<sup>rd</sup> Wednesday of each month, 2:00pm – 3:00pm  
Website: <http://www.lifecenterdavidson.com/event/family-caregiver-support-group-2/>  
Phone: (336) 249-2155 to register

#### **Grandparents Raising Grandchildren - Relative Caregiver Support Group**

Fourth Tuesday each month 2:00pm - 3:00pm  
Phone: (336-249-2155) to register  
Email: [bebert@lifecenterdavidson.com](mailto:bebert@lifecenterdavidson.com)

#### **Parkinson's Support Group**

3<sup>rd</sup> Thursday of each month, 1:30pm – 2:30pm  
Website: <https://caregiversofdc.com/event/parkinsons-support-group-13/>  
Email: [nsmith@lifecenterdavidson.com](mailto:nsmith@lifecenterdavidson.com)  
Phone:(336) 249-2155

### **Parkinson's Support**

*The Michael J. Fox Foundation is dedicated to finding a cure for Parkinson's disease through an aggressively funded research agenda and to ensuring the development of improved therapies for those living with Parkinson's today.*

Phone: (800) 708-7644

Website: <https://www.michaeljfox.org/>

### **Parkinson's Foundation**

*The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure.*

Website: <https://www.parkinson.org/Living-with-Parkinsons/Resources-and-Support>

### **Therapeutic Alternatives**

*Therapeutic Alternatives, Inc. provides Geriatric Adult Mental Health Specialty Team services (GAST) in 45 counties in North Carolina through contracts with four Managed Care Organizations (MCOs).*

Phone: (336) 495-2747

Contact for Davidson County: Dawn Lillard, RN, BSN – (704) 953-1553

Website: <https://www.mygastteam.com/>

### **Trellis Supportive Care (formerly Hospice & Palliative CareCenter)**

Location: 101 Hospice Lane, Winston-Salem, NC 27103

Phone: (336) 768-3972

Hours: 24/7 coverage at (888) 876-3663

Website: <https://www.trellissupport.org/>

### **Virtual Grief Support Programs**

Second Monday of every month at 6:00pm

Register by visiting [www.hospiceofdavidson.org/grief-programs/](http://www.hospiceofdavidson.org/grief-programs/)

Phone: (336) 475-5444

## TAXES

### **Davidson County Senior Services**

*Volunteer AARP counselors trained in cooperation with the IRS provide counseling and income tax preparation February through April.*

**Thomasville Location:** 211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

<https://www.co.davidson.nc.us/337/Senior-Services>

### **Davidson County Tax Coalition**

*FREE income tax return preparation is a community collaborative effort between Social Services, Public Libraries, the IRS and other community organizations to provide free federal and state income tax return preparation and electronic filing for low income households.*

Website: [www.co.davidson.nc.us/938/FREE-Tax-Preparation-VITA-Program](http://www.co.davidson.nc.us/938/FREE-Tax-Preparation-VITA-Program)

Phone: (336) 236-3024

Tax Preparation Sites:

Lexington Library (336) 242-2005

Thomasville Library (336) 474-2690

Denton Library (336) 859-2215

Davidson Davie Community College Singe Stop Tax Site (336) 224-4569

### **Davidson County Tax Department**

Location: 913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2160

Phone for Collections: (336) 242-2180

Phone for Listings and Appraisals: (336) 242-2161

Hours: Monday – Friday, 7:30am – 5:30pm

Website: <https://www.co.davidson.nc.us/355/Tax-Assessor>

### **Internal Revenue Service (IRS)**

Address: 1677 Westbrook Plaza, Suite 160, Winston-Salem, NC 27103

Phone for Local Winston-Salem Office: (336) 659-2740

Appointments: (844)545-5640

Phone: (800) 829-1040

Hours: Toll-Free (800) 829-1040 available Monday – Friday, 7:00am – 7:00pm

Local Winston-Salem Office available Monday – Friday, 8:30am – 4:30pm (closed for lunch 12:00pm – 1:00pm)

Website: [www.irs.gov](http://www.irs.gov)

### **NC Department of Revenue**

*State tax information*

Mailing Address: P.O. Box 25000, Raleigh, NC, 27640

Phone: (877) 252-3052

Phone for Individual Income Tax Refund Inquiry: (877) 252-4052

Phone for Tax Fraud Hotline: (800) 232-4939

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.dornrc.com](http://www.dornrc.com)

## TELEPHONE REASSURANCE

### **AARP Community Connections-Friendly Voices Call Center**

*Trained volunteers will give a call to say hello*

Phone:(888) 281-0145

Hours: Monday-Friday 9:00am-5:00pm

Website: [www.aarpcommunityconnections.org/friendly-voices/](http://www.aarpcommunityconnections.org/friendly-voices/)

### **Davidson County Sheriff's Office – Wellness Check**

*Provides well checks on the elderly (city and county residents) upon request; must live alone to qualify*

Location: 2511 E. US Hwy 64, Lexington, NC 27292

Phone: (336) 242-2853

### **Friendship Line at Institute on Aging**

*The Friendship Line is both a crisis intervention center and a “warm” line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins for age 60+*

24/7 Toll-Free: (800) 971-0016

Email: [FriendshipLine@ioaging.org](mailto:FriendshipLine@ioaging.org)

Website: [www.ioaging.org/services/all-inclusive-health-care/friendship-line](http://www.ioaging.org/services/all-inclusive-health-care/friendship-line)

### **Hopeline/NC Baptist Aging Ministry**

*A phone line for those 65 and older who are lonely.*

Phone: (866) 578-4673

Hours: 9:00am – 9:00pm

## TRANSPORTATION

### **Davidson County Department of Transportation – DC Rides**

Location: 945 North Main Street, Suite B, Lexington, NC 27292

Phone: (336) 242-2250 Office Hours 8:00-5:00

**Phone for seniors age 60+: (336) 242-2947; Office Hours: 8:00-5:00**

Phone for Medicaid recipients: (336) 242-2272 (for medical transportation through Medicaid)

Bus Route Hours: Monday – Friday, 6:00am – 6:00pm

Saturday, 6:00am – 6:00pm – Thomasville only

Website: <https://www.co.davidson.nc.us/258/Transportation>

DC Senior Transportation will transport veterans to the Salisbury and Kernersville Medical Centers.

Wednesdays-Salisbury Center

Thursdays-Kernersville Center

Drop-off 9:00am

Pick-up 1:00pm

Phone: (336) 242-2947

### **Disabled American Veteran (DAV) Transportation**

*DAV operates a fleet of vehicles around the country to provide free transportation to VA medical facilities for injured and ill veterans. (This service is on hold for now due to Covid-19. Check back on this phone line for any updates)).*

Phone: (704) 638-9000

Website: [www.dav.org/veterans/i-need-a-ride](http://www.dav.org/veterans/i-need-a-ride)

### **Piedmont Authority for Regional Transportation (PART)**

*The Piedmont Authority for Regional Transportation (PART) is a unit of local government created in 1997 to enhance all forms of transportation in the Piedmont Triad Region. Our work is part of a larger statewide effort to improve transportation systems in North Carolina. Working with our partners, we strive to enhance mobility, address congestion, and reduce transportation related impacts on our air quality.*

Administrative Office: 107 Arrow Road, Greensboro, NC 27409

Phone: (336) 883-7278

For Routes and Schedules: <https://www.partnc.org/27/Routes-Schedules>

## UTILITY ASSISTANCE

### **Cooperative Community Ministry**

*Provides utility assistance for eligible applicants when funds are available. Requires a referral from Department of Social Services. Applicant must reside in Davidson County, and must provide ID or proof of residence.*

Location: 10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

Email: [CCMTville@northstate.net](mailto:CCMTville@northstate.net)

Hours: Monday/Tuesday/Thursday, 8:30-10:00pm

Website: [www.ccmtville.com](http://www.ccmtville.com)

### **Davidson County Community Action**

*Offers and Economic Self-Sufficiency program which focuses on past due rent and utilities; food assistance program available, and mortgage assistance. Income guidelines apply. Must sign up and be in the program for 30 days before financial assistance can be provided.*

**Lexington** Location: 911 S. Talbert Blvd. Lexington, NC 27292

Mailing address: P.O. Box 389 Lexington, NC 27293

Phone: (336) 249-0234

Hours: Monday-Friday, 8:00am – 5:00pm

**Thomasville** Location: Calvary UCC, 1410 Lexington Avenue, Thomasville, NC 27360

Phone: (336) 481-0133

Hours: Tuesday, 9:00pm – 5:00pm and Thursday 9:00-5:00pm

Email: [dcca@dccainc.org](mailto:dcca@dccainc.org)

Food Assistance Program Hours: Thursdays: 9:00am - 12:00pm, and 2:00pm - 4:00pm (food assistance available one time per month)

Website: <http://www.davidsoncommunityaction.com/>

### **Davidson County Social Services, Emergency Assistance**

*Provides utility assistance to eligible applicants as long as funds are available.*

*Must have a cut-off notice. Please call for eligibility requirements-must meet income and other guidelines.*

Location: 913 Greensboro Street, Lexington, NC 27292

Mailing Address: P.O. Box 788, Lexington, NC 27293

Phone: Lexington: (336) 242-2500 - ask for utility assistance

Thomasville: (336) 474-2760 - ask for utility assistance

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/422/Emergency-Assistance>

**Davidson County Department of Social Services-Low Income Energy Assistance Program (LIEAP)**

*LIEAP gives families a one-time vendor payment to help pay for heating-related costs. Program runs from December through March. Applications are available through Davidson County*

*Department of Social Services*

*Phone: (336) 242-2500*

*Hours: Monday – Friday, 8:00am – 5:00pm*

*Website: <https://www.co.davidson.nc.us/423/Low-Income-Energy-Assistance>*

**Energy United Operation Round-Up**

*Operation Round-Up is a powerful way for EnergyUnited members to help others in their community by rounding up their monthly bills. The EnergyUnited Foundation is funded entirely by the generosity of these members who give through our Round-Up program. To become a recipient of the Round-Up program, contact:*

*Energy United*

*Local Office: 1900 Odell Owen Road, Lexington, NC 27295*

*Phone: (800) 822-0197, extension #1541*

*Round-Up, please call us at (800) 522-3793.*

*Website: <https://www.energyunited.com/giving-back/>*

**Fairgrove Family Resource Center**

*Thomasville residents only: Can provide assistance with past due utilities and rent/mortgage.*

*Location: 159 Myrtle Drive, Thomasville, NC 27360*

*Phone: (336) 472-7217*

*Email: [fairgroveresource@gmail.com](mailto:fairgroveresource@gmail.com)*

*Hours: Monday – Thursday, 9:00am – 1:00pm*

*Website: [www.fgfrc.org](http://www.fgfrc.org)*

**Salvation Army, Lexington**

*Provides financial assistance for utilities when funds are available. Call for eligibility requirements.*

*Location: 314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292*

*Mailing Address: P.O. Box 770, Lexington, NC 27292*

*Phone: (336) 481-7324 Erica Trail-Social Worker*

*Email: [Erica.Trail@USS.SalvationArmy.org](mailto:Erica.Trail@USS.SalvationArmy.org)*

*Hours: Monday – Friday, 8:00am – 4:30pm*

*Website: [www.salvationarmycarolinas.org/davidsoncounty](http://www.salvationarmycarolinas.org/davidsoncounty)*

**Salvation Army, Thomasville**

*Provides financial assistance for utilities when funds are available. Call for eligibility requirements with Duke Energy Special Assistance.*

*Location: 309 Etta Lane, Thomasville, NC 27360*

*Phone: (336) 481-7324*

*Office Hours: Appointment only*

*Website: [www.salvationarmyusa.org](http://www.salvationarmyusa.org)*



### **South Davidson Family Resource Center**

Location: 338 West Salisbury Street, Denton, NC 27239

Mailing Address: P.O. Box 1197, Denton, NC 27239

Phone: (336) 859-5399

Email: [SDFRC1@windstream.net](mailto:SDFRC1@windstream.net)

Hours: Monday – Wednesday, 8:30am - 12:00pm

Website: [www.southdavidsonfrc.com](http://www.southdavidsonfrc.com)

## VETERANS' SERVICES

### **North Carolina Serves**

*A network of public, private and nonprofit organizations serving veterans, service members and their families utilizing a common technology platform to create accountability and formalize communication, coordination and transparency in order to efficiently and effectively guide veterans, service members and their families to the most appropriate services and resources available to achieve their unique goals.*

Phone: (855)425-8838

Veteran's Crisis Line 1-800-273-8255

Website: <https://charlotte.americaserves.org/>

### **Community Link, Traveler's Aid – NC**

*Targets very low-income veterans and their families who are homeless or on the verge of homelessness. Provides a one-way bus ticket for someone fleeing domestic violence, someone with rare disease/medical emergency. Compensation for those with claims against military.*

Location: 601 East Fifth Street, Suite 220, Charlotte, NC 28202

Phone: (704) 943-9490 / (800) 977-1969

### **Davidson County Veterans' Services**

*Local office for information on veterans' services and benefits. Provides information for veterans residing in Davidson County.*

Location: 913 Greensboro Street, Suite 101, Lexington NC 27292

Phone: (336) 242-2037

Hours: Monday – Friday, 8:00am – 4:00pm

Website: <https://www.co.davidson.nc.us/242/Veterans>

### **Goodwill Veterans Services**

*Goodwill will work to equip veterans and their families with the tools they need to succeed in the workplace and at home.*

Location: 719 West Center Street, Lexington, NC 27292

Phone: (336) 236-8021

Website: <https://www.goodwill.org/jobs-training/veterans-military-families/>

### **Holly Hill Memorial Park**

*All honorably discharged veterans – no matter where, when, or how they served – are eligible for a free plot at our cemetery if one is not already owned.*

Location: 401 West Holly Hill Road, Thomasville, NC 27360

Phone: (336) 472-7455

Hours: Monday-Friday 9:00am-5:00pm

Saturday: 10:00am-2:00pm

Website: <https://hollyhillcemetery.com/veterans/>

### **NC4VETS – Department of Military and Veterans Affairs**

*Provides information for veterans.*

Location: 413 North Salisbury Street, Raleigh, NC 27603

Mailing Address: 4001 Mail Service Center, Raleigh, NC 27699-4001

Phone: (844) 624-8387

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.milvets.nc.gov/>

### **Salisbury National Cemetery**

*Burial in a national cemetery is open to all members of the armed forces who have met a minimum active duty service requirement and were discharged under conditions other than dishonorable. A Veteran's spouse, widow or widower, minor dependent children, and under certain conditions, unmarried adult children with disabilities may also be eligible for burial. Eligible spouses and children may be buried even if they predecease the Veteran. Members of the reserve components of the armed forces who die while on active duty or who die while on training duty, or were eligible for retired pay, may also be eligible for burial.*

Location: 501 Statesville Boulevard, Salisbury, NC 28144

Phone: (704) 636-2661

Hours: Monday – Friday, 7:30am – 4:00pm

Website: <https://www.cem.va.gov/cems/nchp/salisbury.asp>

### **Skilled Nursing Care – NC State Veterans Home in Salisbury**

*99-bed home for Veterans*

Location: W. G. (Bill) Hefner VA Medical Center

1601 Brenner Avenue, Building #10

Salisbury, NC 28144

Phone: (704) 638-4200

Website: <https://www.salisbury.va.gov/>

COVID-19 vaccines are now available for ALL eligible Veterans-regardless of age-at all three health care facilities. Walk-in appointments are available only at the Salisbury facility, while VA Health Care Centers in Charlotte and Kernersville still require an appointment. Please call (800)706-9126 to schedule your Covid-19 vaccination appointment today.

All who enter Salisbury VA HCS property will be screened for the Covid-19 virus and must wear a mask. Please allow extra time to ensure that you arrive at your appointment on time.

### **Veterans Administration (VA) Benefits**

*U.S. Department of Veterans Affairs*

*Provides information on veteran's benefits*

Location: 810 Vermont Avenue, NW Washington DC 20420

National Call Center: (800 ) 827-1000

TTY: (800) 799-4889

Veterans Crisis Line: (833) 825-2271

Hours: 24/7

Website: [www.benefits.va.gov/](http://www.benefits.va.gov/)

Confidential Crisis Chat at [Veteranscrisisline.net](http://Veteranscrisisline.net) or text 838255

### **VA Health Care Benefits**

*U.S. Department of Veterans Affairs*

*Information on veterans' health care and benefits. Please call for information.*

Phone: (877) 222-8387 / TDD: (800) 829-4833

Hours: 24/7

Website: [www.publichealth.va.gov/exposures/benefits/health-care.asp](http://www.publichealth.va.gov/exposures/benefits/health-care.asp)

### **VA Hospital, Kernersville**

*Provides medical care (in-patient, out-patient, medication) for veterans.*

*Please call (704) 638-9000 or (800) 469-8262, ext. 3470 to speak to someone about eligibility requirements.*

Location: Kernersville Health Care Center at 1695 Kernersville Medical Parkway,

Kernersville, NC 27284

Phone: (336) 515-5000

Automated Information: (800) 469-8262

Website: <https://www.salisbury.va.gov/locations/Kernersville.asp>

### **VA Hospital, Salisbury**

*Provides medical care (in-patient, out-patient, medication) for veterans.*

*Please call (704) 638-9000 or (800) 469-8262, ext. 3470 to speak to someone about eligibility requirements.*

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000, (800) 469-8262

Automated Information: (800) 469-8262

Website: [www.salisbury.va.gov](http://www.salisbury.va.gov)

### **VA Medical Foster Home Program**

*An alternative to nursing home or assisted living care for Veterans provided by the W.G. (Bill)*

*Hefner VA Medical Center in Salisbury. Private pay option.*

Location: 1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000 ext. 16641

Website: [https://www.va.gov/GERIATRICS/pages/Medical\\_Foster\\_Homes.asp](https://www.va.gov/GERIATRICS/pages/Medical_Foster_Homes.asp)

### **Veterans Crisis Line**

*Voluntary, Confidential, Free and Professionally Staffed*

Crisis Phone Number: (800) 273-8255, Press 1

Website: <https://www.veteranscrisisline.net/get-help/chat>

### **Veterans – Homebound**

*Home based primary care. Provided services include; dietician, nurse practitioner, social worker, occupational therapist and physical therapist. Contact your doctor to order.*

### **Volunteers of America**

*Supportive services for veterans and their families.*

Volunteers of America – Carolinas

Location: 207 Commons Boulevard, Durham, NC 27704

Phone: (919) 477-9005 or (301) 459-2020

Email: [information@voacarolinas.org](mailto:information@voacarolinas.org)

Website: <https://www.voa.org/>

### **W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice Care**

*The VA Hospice Care Program is open to veterans who have an illness for which life-saving treatment is no longer practical. Each veteran must be enrolled in the VA Healthcare System.*

Phone: (704) 647-5804 or (704) 638-9000, ext. 4128 or 4167

Website: [https://www.va.gov/geriatrics/pages/Hospice\\_Care.asp](https://www.va.gov/geriatrics/pages/Hospice_Care.asp)

### **Warrior Bridge – Veterans Services**

*Provides a broad range of services to veterans with disabilities and their families*

Phone (910) 401-5495

Website: [www.warriorbridge.org](http://www.warriorbridge.org)

Warrior Bridge North Carolina

Location: 600 Ames Street, Fayetteville, NC 28301

Website: <https://www.servicesource.org/service/warrior-bridge-veterans-services/#NorthCarolinaEmploymentAssistanceSupport>

## VICTIM ASSISTANCE SERVICES

### **Family Services of Davidson County**

*Domestic Violence, sexual assault support/assistance; counseling. Now offers 50B (protective order) E-filing from their office location in conjunction with the court system.*

Location: 1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 249-0237

24/7 Crisis Line: (336) 243-1934

Hours: Monday – Friday, 8:30am – 5:00pm; (Counseling appointments 5:00pm-7:00pm by appointment only).

Domestic Violence/Crisis Line-available 24/7 - (336)243-1934

Hattie Lee Burgess Home is a safe, temporary home of individuals/families actively fleeing domestic and sexual violence, human trafficking and stalking.

Hours: Monday-Friday, 8:30am-5:00pm.

Website: [www.fsdc.org](http://www.fsdc.org)

Facebook: <https://www.facebook.com/FamilyServicesDavidson/>

## VOLUNTEER OPPORTUNITIES / ASSISTANCE

### **Davidson County Senior Services**

*Volunteer opportunities available for delivering meals, office assistance, and more. Please call and ask for the Volunteer Coordinator for more information on opportunities and eligibility requirements.*

Location: 555-B West Center Street Extension, Lexington, NC 27295

Phone: (336) 242-2290

Email: [SeniorServices@DavidsonCountyNC.gov](mailto:SeniorServices@DavidsonCountyNC.gov)

Hours: Monday – Friday, 8:00am – 5:00pm

Website: <https://www.co.davidson.nc.us/387/Volunteers>

### **FaithHealth NC**

*FaithHealth staff, as well as volunteers from congregations and the community, offer health care ministries to anyone in the community in need. They provide support before, during, and after hospitalization. They help coordinate transportation, home visitation, food and medication assistance, and provision of emotional and spiritual support.*

Contact: Reverend Dianne Horton

Phone: (336) 238-4560

Email: [dhorton@wakehealth.edu](mailto:dhorton@wakehealth.edu)

Website: [www.faithhealth.nc.org](http://www.faithhealth.nc.org)

### **Guardian ad Litem**

*Volunteer opportunities available for advocating as Guardian ad Litem (GAL) appointed by the court to advocate for the best interests of an abused or neglected child. The GAL serves as an important voice for the child in court.*

Phone: (336) 242-6719

Email: [Email: gal@nccourts.org](mailto:gal@nccourts.org)

Website: <https://volunteerforgal.org/>

### **Hospice of Davidson County**

*Volunteer opportunities available. Call or go to website for more information.*

Location: 200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444

Toll-Free: (800) 768-4677

Hours: Monday – Friday, 8:00am – 5:00pm

Website: [www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

### **North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)**

*NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services. Not able to provide financial assistance. Must be age 65 or older.*

Mailing Address: P.O. Box 338, Thomasville, NC 27361

Phone: (877) 506-2226

Hours: Monday – Friday, 9:00am – 5:00pm

Website: [www.ncbam.org](http://www.ncbam.org)

### **Pastors Pantry of Lexington**

*Volunteer opportunities available on a regular basis, when you have time, or as needed. Call or visit the website below for more information.*

Location: 307 N State St, Lexington, NC 27292

Phone: (336) 249-8824

Hours: Monday – Thursday, 8:00am – 4:00pm

Website: <https://pastorspantry.org/how-help/volunteer/>

### **United Way of Davidson County**

*Volunteer information and opportunities available. Please call or go to website for more information.*

Location: 11 Court Square, Suite 100, Lexington, NC 27292

Mailing Address: P.O. Box 492, Lexington, NC 27293

Phone: (336) 249-2532

Hours: Monday – Thursday, 8:30am – 5:00pm

Website: <https://www.uwdavidson.org/>

## WEATHERIZATION

### **Piedmont Triad Regional Council (PTRC) - Weatherization Assistance Program**

*Weatherization program helps low-income, elderly, or disabled residents by improving energy efficiency. They assist eligible individuals in Alamance, Caswell, Davidson, Forsyth, Guilford, Person, Randolph, and Rockingham counties. Participants do not have to own home to be eligible; renters must have written permission from their landlord. Weatherization is a FREE program to homeowners. Please call or go to website for specific eligibility requirements. Income guidelines do apply.*

Location: 1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0338

Hours: Monday – Friday, 8:00am – 4:30pm

Website: [www.ptrc.org/weatherization](http://www.ptrc.org/weatherization)



